Outfit Recommendation System Based On Body Shape

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Abstract—Choosing outfits that complement our body types can be challenging and time-consuming, leading to uncertainty and a lack of confidence. This study aims to address these challenges by developing a Machine Learningbased Outfit Suggestion System. This innovative system utilizes various machine learning techniques, such as deep learning, computer vision, and natural language processing, to analyze a vast dataset containing clothing items and body shape attributes. By doing so, it provides personalized outfit recommendations tailored to individual body types. This research represents a significant advancement in fashion recommendation systems, offering a promising solution for fashion enthusiasts seeking personalized outfit suggestions across different contexts.

Keywords: Style Advice, Apparel Suggestions, AI-driven Fashion Guidance, Apparel Dataset, Physique Assessment, Physique Analysis, Body Structures, Apparel Trends.

I. INTRODUCTION

Each person's unique size, shape, and color make clothing choices crucial, shaping how they are perceived by others. While computer vision is increasingly used in fashion, there's still much to learn about how body shape affects clothing choices due to a lack of comprehensive datasets.

Prompting a need for better online shopping experiences. Artificial Intelligence and Machine Learning (AIML) offer solutions to industry challenges, including those in fashion. Many online shoppers struggle with uncertainty about what clothes will suit them best, leading to a demand for personalized recommendation systems that enhance satisfaction and efficiency.

Our research aims to build an improved recommendation system using pre-trained models to cater to different body types. We aim to accurately measure body shapes, predict suitable clothing through image classification, and compare the effectiveness of pre-trained and traditional models. Our paper will review existing work, present our methodology, discuss results, and draw conclusions.

Our project seeks to achieve several goals. Firstly, we want to boost user confidence by offering personalized outfit suggestions that prioritize both comfort and style, acknowledging fashion's impact on self-esteem. Secondly, we aim to simplify decision-making for users overwhelmed by fashion choices by providing tailored recommendations based on preferences and body type. Additionally, we hope to encourage personal style as a form of self-expression, empowering users to explore and refine their fashion identities. Lastly, we're committed to meeting changing consumer needs by delivering up-to-date recommendations that reflect current trends and cultural influences.

II. LITERATURESURVEY

A range of methods employing both machine learning and deep learning techniques are found in the literature on fashion recommendation systems. For instance, Hou et al. [2] focus on explainable fashion recommendation by incorporating semantic attribute region guidance. Hidayati et al. [3] explore clothing style recommendations tailored to individual body shapes. Wang et al. [4] introduce collaborative deep learning methods for recommender systems. Other studies, such as those by Koshy et al. [5] and Hao et al. [6], investigate complexion-based outfit color recommendation and intelligent clothing selection systems, respectively.

Additional contributions include research by Ayush et al. [7] on enhancing virtual try-on capabilities through auxiliary human segmentation learning, and by Ramesh et al. [8] on outfit recommendation systems. Furthermore, Zeng et al. [9] discuss real-time virtual try-on techniques using image warping, while Limaksornkul et al. [10] present a statisticalbased apparel recommendation system named Smart Closet.

Regarding image analysis, Dwina et al. [11] discuss methods for skin segmentation, while Duan et al. [12] address image classification using the VGG network. Seo and Shin [13] focus on fine-grained fashion image classification based on style, and Wang et al. [14] propose an attentive fashion grammar network for tasks such as fashion landmark detection and clothing category classification.

Recent research includes studies by Quintino Ferreira et al. [15], focusing on pose-guided attention for classifying multiple labels in fashion images, and by Meshkini et al. [16], examining convolutional neural networks for fashion image classification. Significant advancements in deep learning have been made by Szegedy et al. [17], who explored deeper convolutional architectures, He et al. [18], who introduced residual learning techniques, and Simonyan and Zisserman [19], who developed very deep convolutional networks.

Furthermore, Wazarkar and Keshavamurthy [20] suggest a method for classifying fashion images by utilizing matching points through linear convolution.

III. PROPOSED WORK

A thorough methodology to create and implement a machine learning-driven outfit suggestion system tailored to individual preferences. Initially, we collected a diverse range of fashion images from various online sources, including fashion platforms, blogs, social media, and magazines, to create a comprehensive dataset. This dataset formed the basis for subsequent analysis and model training.

After dataset creation, we carefully curated a training dataset by selecting representative samples and annotating them with detailed labels. These labels categorized clothing types, styles, colors, patterns, and other relevant attributes. A portion of this curated dataset was kept aside for testing to evaluate the model's performance.

Feature engineering was a crucial step where we extracted important features from the image data, such as color distributions, texture patterns, shape descriptors, and spatial relationships within clothing items. These features were then used to train the model and generate recommendations.

Before model training, we transformed and preprocessed the data to ensure its suitability for machine learning algorithms. This involved standardizing, normalizing, and encoding the features to improve model convergence and predictive performance.

We also employed a multimodal evaluation framework, incorporating textual descriptions, user preferences, and contextual information to enhance the recommendation system's accuracy and user satisfaction.

For model training, we utilized the Decision Tree Classifier algorithm due to its interpretability, scalability, and ability to handle different types of data.

With a trained model in hand, our system could generate personalized outfit recommendations based on user preferences, style, and body type. These recommendations were dynamically generated using input images, textual descriptions, and user feedback.

To deploy the system, we integrated the model with the Flask framework to create a user-friendly web interface. This allowed users to access personalized outfit recommendations in real-time and interact with the system seamlessly.

Efficient model loading and inference were ensured to minimize latency and enhance user experience. As users interacted with the frontend interface, input images were processed using the loaded machine learning model, and recommended outfits were displayed for users to explore and select.



Figure 1. System Architecture

IV. ADVANTAGES

- 1. *Personalized Fashion Recommendations:* The system leverages machine learning to provide highly personalized outfit suggestions based on individual body types, addressing the unique preferences and styles of users.
- 2. *Time-Efficient Wardrobe Curation:* By automating outfit suggestions, the system streamlines the process of curating a stylish wardrobe, saving users valuable time that would otherwise be spent on decision-making and selection.
- 3. *Enhanced Confidence and Self-Image:* Tailored outfit recommendations contribute to improved user confidence by suggesting clothing that complements their body shape and personal style, fostering a positive self-image.
- 4. Incorporation of Deep Learning and Computer Vision: State-of-the-art deep learning and computer vision techniques ensure a sophisticated analysis of clothing items, enabling the system to consider not only user preferences but also visual aspects like color, style, and fabric.
- 5. Versatility Across Fashion Contexts: The system's adaptability allows it to provide outfit suggestions for various contexts, including work attire, casual wear, or special occasions, offering users versatility in their fashion choices.
- 6. *Comprehensive Dataset Utilization:* Leveraging a comprehensive dataset of clothing items enhances the system's accuracy and relevance, ensuring a wide range of fashion options and staying updated with the latest trends.
- 7. *Improved Decision-Making*: By reducing decision paralysis, the system empowers users to make confident and informed decisions when selecting outfits, contributing to a more enjoyable and stress-free fashion experience.
- 8. Integration of Natural Language Processing: The incorporation of natural language processing techniques facilitates a user-friendly interaction, allowing users to communicate preferences and receive recommendations in a seamless and intuitive manner.
- 9. Sustainable and Ethical Fashion Considerations: The system can incorporate information about the

sustainability and ethical standards of clothing brands, promoting responsible fashion choices among users.

V. APPLICATIONS

- 1. *E-commerce Platforms:* Integrating ML algorithms into e-commerce platforms allows for personalized outfit recommendations to users based on their browsing history, purchase behavior, and style preferences. This enhances the user experience, increases engagement, and boosts sales by suggesting relevant products
- 2. *Fashion Retailers and Brands:* Fashion retailers and brands utilize ML-based outfit suggestion systems to offer styling advice, create curated collections, and enhance cross-selling opportunities. These systems can also analyze customer feedback and trends to inform product design and marketing strategies.
- 3. Virtual Styling Apps: Virtual styling apps leverage ML algorithms to provide users with virtual try-on experiences, allowing them to see how different outfits would look on them before making a purchase. This technology enhances online shopping experiences and reduces returns due to misfitting garments.
- 4. Fashion Subscription Services: Subscription-based fashion services use ML-based outfit suggestion systems to curate personalized clothing boxes for subscribers. These systems consider individual style preferences, size, and feedback to continually improve the selection of clothing items sent to subscribers.
- 5. Social Media and Influencer Platforms: ML algorithms are integrated into social media platforms and influencer marketing tools to suggest outfit ideas, recommend products, and analyze fashion trends based on user interactions and content preferences.

VI. CONCLUSION

The development of the ML-Based Outfit Suggestion System marks a significant advancement in reshaping the fashion landscape and addressing the common challenges individuals encounter in curating stylish wardrobes. This project harnesses state-of-the-art technologies, such as deep learning, computer vision, and natural language processing, to deliver a unique and personalized solution.

The system's benefits are evident in its capacity to provide tailored fashion recommendations, simplify wardrobe organization, and boost user confidence by accounting for individual body shapes and style preferences. By integrating advanced features like augmented reality for virtual try-ons and machine learning for trend analysis, the system stands as a frontrunner in fashion recommendation innovation. Its versatility allows for various applications across ecommerce platforms, fashion retailers, social media, and sustainable fashion initiatives. Its potential impact spans industries, enhancing user experiences and informing fashion choices.

Nevertheless, challenges like ensuring data accuracy, addressing privacy concerns, and navigating ethical dilemmas require careful consideration during implementation. Striking a balance between personalization and privacy is essential to maintaining user trust and satisfaction.

In essence, the ML-Based Outfit Suggestion System centered on body types not only provides a practical solution for fashion enthusiasts seeking personalized recommendations but also contributes to the evolution of fashion recommendation systems at large. Its integration of cuttingedge technologies and respect for individual preferences positions it as a promising tool in reshaping how people engage with the fashion world. As technology continues to progress, the system holds the potential to establish new benchmarks for intelligent and personalized fashion experiences.

VII. FUTURE SCOPE

Expansion of Dataset: Regularly updating and expanding the dataset with fresh clothing items, emerging style trends, and diverse body shape attributes will uphold the system's currency, enabling it to offer pertinent recommendations that resonate with evolving fashion trends and user preferences.

Mobile Application Development: Creating a userfriendly mobile application for accessing the outfit suggestion system on-the-go will enhance accessibility.

Augmented Reality Integration: Exploring the integration of augmented reality technology will allow users to virtually try on recommended outfits in real-time, facilitating visualization of how outfits will appear before purchase, thereby boosting confidence in fashion choices.

Smart Wardrobe Management: Introducing features for users to digitally organize their existing wardrobe items and receive suggestions for outfit combinations incorporating their current clothing pieces will optimize wardrobe versatility and minimize unnecessary purchases.

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