



# A Study On Stylistic Approach To Teaching Poetry

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## Abstract:

The stylistic approach to teaching of poetry takes on linguistic analysis to simplify poems, focusing on how conscious language choices—such as deviation, foregrounding, and parallelism—construct meaning and effect. Unlike subjective or historical methods, it treats poetry as a linguistic artifact, enabling students to objectively explore features like metaphor, syntax shifts, register changes, and irony through close reading. This method fosters analytical skills in vocabulary, grammar, and discourse, particularly benefiting ESL learners by bridging familiar language rules with poetic innovation. It promotes student autonomy via interactive tasks, such as tracing lexical patterns or contrasting representational dialogue, shifting from teacher-led interpretation to collaborative discovery. Pedagogical language activities begin with oral readings for rhythm, progressing to annotations of cohesion and parody, enhancing engagement and deeper cognitive process. Overall, it transforms poetry from intimidating to accessible, equipping learners for nuanced textual analysis.

## Key Words:

*ELT, ESL, & metaphor, autonomy, linguistic, method, approach & Technique, pedagogical, parallelism, language, discovery, theory, dialogue, collaborative, foregrounding*

## Introduction:

The stylistic approach to teaching poetry introduces a linguistic lens, treating poems as deliberate constructs of language where choices in wording, structure, and sound create meaning and effect. Unlike traditional methods focused on personal response or historical context, it emphasizes close analysis of stylistic features like foregrounding, deviation, and parallelism to make poetry accessible and analytical.

**The Key Foundations:** This approach is drawn from stylistics, a branch of linguistics, to break down how elements such as metaphor, alliteration, syntax shifts, and register changes evoke themes or irony.

Teachers guide students to identify deviations from linguistic norms - e.g., archaic words or disrupted dialogue - revealing representational rather than literal meaning. It promotes objective exploration, edifying skills in vocabulary, grammar, and discourse for both native and ESL learners.

**Classroom Implementation:** It starts with oral readings to capture rhythm, then interpret for patterns like cohesion or repetition. Progress to group analysis of devices, such as lexical ambiguity in Stevie Smith's work, fostering autonomous interpretation. In English as Second Language contexts; it realigns familiar language rules into poetic forms, enhancing engagement through interactive tasks.

## Method, approach and technique in ELT:

In the framework of English Language Teaching (ELT), *method* refers to a specific system used by a teacher for teaching a language. *Approach* refers to the highest level of conceptualization leading to practical choices in the class room. *Technique* refers to the methodical procedure a teacher employs in the class room to make learning productive, meaningful and interesting.

A stylistic approach to teaching of poetry deals with linguistic analysis of the text to find out how language choices generate meaning, making poems accessible through close examination of literary terms like metaphor, alliteration, and irony. This method shifts from subjective interpretation to objective exploration of patterns, enhancing student engagement in both native and ESL classrooms

It is very important as an approach to the teaching of poetry because it helps the pupils understand not only *what the poem says* but also *how it says*, This approach treats literature not *as an abstract mystery*, but as *a system of linguistic choices*.

## The Core Principles:

The core principles of stylistic approach to teaching of poetry fundamentally focus on linguistic analysis to reveal how language constructs meaning erotizing objective over subjective feelings. It is a shift from abstract mystery to linguistic choices i.e. '*what the poet feels to how the language works.*' In other words, it gives the pupils a tool kit to have objective analysis. As mentioned earlier, foregrounding in stylistic, occurs when a part of text is made to stand out against the background of common, ordinary and everyday language. In an ELT class room; this paves the way to the students to find out *where* the poet wants them to look at. The Foregrounding can be achieved through Parallelism and deviation:

- Parallelism: Here the poet introduces many more patterns than usual repetitive structures, rhyme scheme or rhythmic beats that create a sense of emphasis.
- Deviation: Here the poet breaks the rules of Standard English (Poetic License) using a noun as a verb, unconventional punctuation or broken syntax. Example: Keats' "*By sweet enforcement and remembrance dear*" (Here the **noun** modifies the **adjective**) instead of "*by dear remembrance*"

Focus on language: The primordial focus is on the language of the text itself (syntax, grammar, diction & sound effect) rather than the poet's biography, historical context or the teacher's predetermined interpretation.

Student-centric Approach: It always encourages students' active participation and also gives a room to critical thinking. It promotes analysis which are systematic, rigorous and verifiable by specifying textual features going away from the vague impressionistic criticism.

## Role of students:

The stylistic approach is placidly learner-centered. Students being the user of the language, it may be assumed that they already possess the *raw data* required to understand poetry. They just need tools to analyze and unlock the text.

Student as a Textual Detective: Linguistic evidence is required for the students to unfold their feelings and the stylistic approach asks them to find 'why'. Through this approach, students search for where actually the poet has broken the rules of grammar of punctuation. Students then try to find out repetition in sound or structure that creates emphasis. The job of the students is to connect a special linguistic feature to an emotional effect.

In this approach the teacher never directly passes on the meaning students, rather students are encouraged to take part in a collaborative process. Students are motivated to form their hypothesis and guess the theme of the poem in their first reading itself. They are then encouraged to test their hypothesis by analyzing syntactical and phonological levels of the poem. In case, the linguistic evidence does not support them, they are instructed to revise their interpretation again. Through this students do gain the confidence to give their own interpretations rather than referring to the correct answers from the textbook because they analyze the text based on observable facts.

Through this approach to teaching poetry, the learners uniquely develop their meta-linguistic awareness. Their roles become very crucial to be aware of the language itself by reading poetry stylistically. Students not only learn about the poem but also learn how metaphors function, how word order affects the rhythm and how punctuation can change the chain of thoughts. By doing so, learners can become avid readers and proactive composers of all types of text.

### **Lexico-Semantic Patterns:**

It is a pattern where the vocabulary choices and their meanings interplay in a poem. It helps reveal stylistic effects like theme reinforcement, cohesion and aesthetic impression,

**Key Pattern:** These patterns basically include repetition (where words and phrases occur to highlight ideas); synonymy (use of near synonym for variation maintaining semantic field); antonymy (contrastive opposite); meronymy (it links a part to the whole)

**Role of Analysis:** Analysis maps these patterns to reveal how lexis creates internal cohesion. It instructs the readers towards the theme of the poem without implicit narrative.

**Process of Analysis:** Patterns are identified by the examiners through colour-coding or tables to assess frequency and distribution to link form to meaning. The context of the poem gets unified through lexical density across syntactic, phonological and graphological level. This approach considers repetition as one of the most common patterns in poetry.

**Example:** Emily Dickinson's **"Because I could not stop for Death"**

Because I could not stop for Death –  
He kindly stopped for me –  
The Carriage held but just Ourselves –  
And Immortality.

We slowly drove – He knew no haste  
And I had put away  
My labor and my leisure too,  
For His Civility –

We passed the School, where Children strove  
At Recess – in the Ring –  
We passed the Fields of Gazing Grain –  
We passed the Setting Sun –

Or rather – He passed Us –  
The Dews drew quivering and Chill –  
For only Gossamer, my Gown –  
My Tippet – only Tulle –

We paused before a House that seemed  
 A Swelling of the Ground –  
 The Roof was scarcely visible –  
 The Cornice – in the Ground –

Since then – 'tis Centuries – and yet  
 Feels shorter than the Day  
 I first surmised the Horses' Heads  
 Were toward Eternity –

1. Extract lexis like 'immortality', 'Death', 'Eternity' forming a semantic field of timelessness.
2. Note pattern – repetition of motion verb 'passed', 'carriage', 'slowly'
3. Evokes a journey between school (life) and (Grave) death. It creates tension.
4. Stylistic effect – the gentle tone of the poem is being unified by the immortality. It also blends metaphorical and literal senses for inner depth.

### **ELT Classroom Benefits:**

The stylistic approach helps combine structural and literary analysis. It helps students to understand the way language is used in poetry to generate meaning and effects. In an ELT class room, stylistic approach offers many important benefits:

- **Improves Language Awareness:** Learners become conscious about choice of words, structure of sentence, rhythm and pattern. This helps sharpen the students' language competency
- **Improves Reading Comprehension:** By analyzing the language features, students comprehend the meanings more placidly, helps interpret the poems logically rather than guessing, connect form with semantic, etc. This approach can minimize the fear and confusion of students about poetry.
- **Improves Critical Thinking Skills:** Through this learners gain knowledge to analyze the text objectively, validate interpretations with the evidence of the text and reflect independently. This approach helps pupils shift their learning from rote memorization to critical analysis.
- **Language & Literature Integration:** This approach bridges the gap between linguistic Skills and Literary Appreciation. Here poetry becomes a language learning resource, not just a literary text.
- **Active Class Room Participation:** Through this Approach students actively participate in activities like identifying the literary devices, contrasting language pattern and group discussion. Students adhere to more active in participation than becoming mere passive listeners.
- **Enhance Vocabulary & Grammatical Skills:** Through close analysis, students learn new words in context; naturally know grammatical pattern and learn the usage of functional language.
- **Makes Poetry Less Abstract:** Poems are basically approached as structured text with verifiable features and linguistic system rather than hideous expressions. This makes poetry more easy to get to and learner-friendly.

In the context of ELT class room, the stylistic approach to teaching poetry is extremely effective as it correlates language form with literary meaning. Further, it encourages analytical thinking and improves students' confidence in appreciating and interpreting poetry.



- **Autonomy in Interpretation:**

It plays a crucial role in stylistic approach to teaching poetry. Herein, the teachers guide students to analyze and interpret linguistic features motivating students' personal responses. This approach balances structural analysis with personal creativity enabling autonomous meaning making. It examines linguistic features like repetition, foregrounding and deviations in a poem to bring out the layers of meanings. The educators employ these toolkits to analyze the poem rather than dictating the personal interpretations and guide learners to grasp the patterns.

Learner's autonomy can be promoted by focusing on world building and reader – response models. The stylistic teaching recognizes various students' interpretations as authentic. There can be innumerable activities to annotate grammatical features that can induce immersion and prop up individual reflections over teacher-centered answers. Learners get self-confidence to read between the lines bridging literary and linguistic features.

Thus, this approach not only counters teacher-centered method but also improves engagement and ownership in poetry education.

Given below is the Stylistic Analysis of the poem *The Road Not Taken* by Robert Frost for better understanding of the technique discussed above:

Robert Frost's poem *The Road Not Taken* is a reflective one that explores the theme of choice and its consequences. The poet uses simple diction and rich poetic devices to express deep philosophical meaning:

### **The Road Not Taken (Text)**

**-By Robert Frost**

*Two roads diverged in a yellow wood,  
And sorry I could not travel both  
And be one traveler, long I stood  
And looked down one as far as I could  
To where it bent in the undergrowth;*

*Then took the other, as just as fair,  
And having perhaps the better claim,  
Because it was grassy and wanted wear;  
Though as for that the passing there  
Had worn them really about the same,*

*And both that morning equally lay  
In leaves no step had trodden black.  
Oh, I kept the first for another day!  
Yet knowing how way leads on to way,  
I doubted if I should ever come back.*

*I shall be telling this with a sigh  
Somewhere ages and ages hence:  
Two roads diverged in a wood, and I—  
I took the one less traveled by,  
And that has made all the difference.*

## 1. Structural Form

The poem consists of four stanzas, each with five lines (quatrains).

It follows a regular rhyme scheme: ABAAB and gives the poem a great musicality and flow of balance.

The metre is mostly iambic tetrameter that creates a steady, walking rhythm symbolizing the journey of the speaker'.

## 2. Language and Diction

The poet uses a very simple and conversational language to make the poem understand easily.

Common words like *road*, *wood*, *travel* reflect everyday experiences but delicately express deeper choices in life.

The simplicity of diction contrasts with the complexity of meaning.

## 3. Imagery

The poem is rich in natural imagery, especially the image of a yellow wood.

The two diverging roads visually represent choices in life.

Descriptions such as “*grassy and wanted wear*” direct the reader’s senses of the readers and develop the visualization.

## 4. Symbolism

The roads symbolize different choices of life or paths.

The wood represents the confusion or uncertainty one faces while making decisions.

The poem symbolizes missed opportunities and alternate possibilities.

## 5. Literary Devices

Metaphor: The road is a metaphor for life’s decisions.

Personification: The road “wanted wear” suggests human desire.

Alliteration: “wanted wear” adds musical quality.

Repetition: The word “I” emphasizes personal responsibility and individual choice.

## 6. Tone and Mood

The tone of the poem is *reflective* and *contemplative*.

There is a slight note of regret and irony, especially in the final stanza.

The mood encourages readers to think deeply about their own choices.

## 7. Irony

Though the speaker claims to have chosen the less traveled road, earlier lines suggest both roads were almost equally worn.

This irony highlights how people often reshape memories to give meaning to past decisions.

Through simple language, symbolic imagery, and a controlled poetic structure, the poem stylistically presents a profound meditation on choice, individuality, and human nature. The poem's stylistic features contribute significantly to its lasting impact and universal appeal.

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