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Critical Review On Quality Control In Homoeopathic Pharmacy

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ABSTRACT

The homoeopathic pharmacy plays a crucial role for the patient by ensuring that patients only take safe and effective drugs. The homoeopathic pharmacy has a positive aspect in its comprehensiveness, affordability, and practicality that can be accessed by all individuals without discrimination. The quality of the dilutions practiced in homoeopathy is of vital importance in regard to homoeopathic medicine preparations. In homoeopathy, especially on the basis of good practices, the quality control strategies are significant in ensuring other control standards for homoeopathic controls and preparations.

In today's era adulteration of any product is burning issue. In Homoeopathy Quality of Medicine is the vital factor. Quality can be defined as the status of the drug that is determined by identity, purity, content and other physical, chemical, biological properties, or by the manufacturing processes. Quality should not be tested at the end but must be carried out right from the moment of receipt of raw materials, right through processing, till the final packaging. Homeopathic medicines are often prepared from natural and synthetic sources materials. Two issues are decisive for the quality of homeopathic preparations: Determining the authenticity and the origin of the starting materials according to the homeopathic tradition and defining the manufacturing procedure. This study places emphasis on the positioning of the need for quality assurance in protecting the welfare of people and their medicines after the administration of homoeopathic remedies.

KEYWORDS: Quality, Quality Control, Homoeopathic Pharmacy, Manufacturing Process, Good manufacturing Practices.

INTRODUCTION

Quality control is the only tool ensure highest quality and purity of medicine. Quality control is the term that refers to the process involved in maintains the quality and validity of manufactured product. Medicines are greatest weapon of mankind to fight against diseases and death. Demand of drugs increased during and after the first World War and cheap drugs was imported in large volume. Thus increase in demand of drug resulted in production of cheaper and inferior drugs by some Indian companies to complete with imported drugs. To control the situation, Drug and cosmetic Act 1940 passed. The drug rules were framed in 1945 to give effect to provision of act. The homeopathic pharmacopeia laboratory (HPL), Ghaziabad, was set up in sept. 1975 as a quality monitoring apex body. Its main functions are to set standards and drug testing laboratory at national level.

Homoeopathic quality control refers to the series of actions that are performed to ensure safety, efficacy, and uniformity of the homoeopathic medicine preparations as per the guidelines. Quality control entails the advantages encompassing the entire process of manufacture, from raw material sourcing to the final product. This is the basis for why there is a need to consider the efficacy and safety of the drugs provided. An analytical control laboratory is the laboratory testing activities of raw materials, processes and finished products. Control of quality is increasingly becoming important, with control systems on the processes becoming more specific and less at the same time.

Objectives

Quality control guarantees that medicines are prepared in compliance with the procedures prescribed by homoeopathic pharmacopoeia.

- The raw materials employed are highly pure and do not contain any contaminants.
- All the potencies do not only adhere to the safety standards, but they also guarantee quality therapeutic effects.
- Assessment of tolerability and toxicity in order to protect patient's safety during clinical trials of new drugs.

MATERIAL AND METHOD

Department of quality control

- Quality control constitutes not only the analysis within the laboratory but also includes all the processes ranging from the conversion of the material to the drug.
- The drug itself, and finally till the drug is administered to the patient. One Important function of the quality control department is to establish and evaluate specifications for raw, packing materials, intermediates, and finished products to assure proper quality.
- The Drug & Cosmetics Act 1940, a central legislation, regulates the standards maintained in the preparation of homoeopathic medicines.
- The Homoeopathic Pharmacopoeia Laboratory (HPL) was established in September 1975 in the Ministry of Health and Family Welfare, Government of India, as monitoring apex body.

Parameters for quality control and standardization of drugs

1. **Raw material Sourcing :**

In homoeopathy, the crude drug substances are the raw materials. The crude drug substance must meet the highest purity standards so as to avoid any form of contamination that would compromise the efficacy of the remedy or even cause unwanted effects in the patients

- **Identification and Authentication:** Correct identification and authentication of uncooked materials are important to the education of effective treatments. Any errors in identifying the plant, mineral, or animal substance can bring about the manufacturing of vain Homeopathic pharmacies need to paintings with professional companies who can assure the authenticity and fine of the uncooked substances
 - **Residue Testing for Contaminants:** Many of the uncooked materials utilized in homeopathic drug remedies, in particular flora, may be uncovered to pesticides, herbicides, or extraordinary chemical entrepreneurs inside the course of cultivation. To make sure the purity of the very last treatment, raw materials want to go through checking out for pesticide residues, heavy metals, and exclusive contaminants. Regular checking out ensures that these materials are free from harsh chemical residues and are safe for therapeutic use.
 - **Standardization of Raw Materials:** Raw substances sourced from nature can range in composition, and this variability should affect the consistency and efficiency of the final treatment. Therefore, standardization is a crucial part of the manner, making sure that every batch of uncooked substances meets predefined specs for lively compounds. Standardization allows make certain that every batch of homeopathic treatments continues steady efficiency and effectiveness.
- #### 2. **In process quality control:** When it comes to ultra-dilute and ultra-potentised drugs, every step of the manufacturing process has to be followed very strictly, and there should be no compromise to

the quality and consistency of the end product. In this case, good manufacturing practices implementation is not an option but a necessity.

3. **Finished product quality control:** It comprises alcohol content, weight/ml, pf value, total solids, max spectrophotometric evaluation, and chromatography.

Manufacturing Process: Precision and Consistency

The education of homeopathic treatment must adhere to particular methodologies as outlined through the use of Hahnemann. Yet, the producing manner itself should additionally be tightly controlled to keep the performance and purity of the very last product

1. **Dilution and Succussion :** Homeopathic treatment organized thru serial dilution, accompanied through succussion. The dilation approach consists of decreasing the eye of the lively element, and succussion guarantees that the treatment is sufficiently effective. Precision is dilution ratios and consistency in succussion are essential for making sure the very last product's efficiency. Many present day homeopathic pharmacies use automatic tool to ensure specific measurements and steady succussion.
2. **Clean Environment and Equipment:** The training system want to be performed in a sterile, infection-unfastened environment. All system applied in dilution, and garage have to be thoroughly cleaned and sterilized. Any residual material from preceding arrangement can compromise the purity and performance of next batches. Regular audits and sanitation assessments are necessary to maintaining the cleanliness of the producing facility.
3. **Documentation and Batch Traceability:** Proper documentation is vital at every stage of the manufacturing approach. Detailed records of uncooked cloth sourcing, manufacturing techniques, and batch trying out outcomes make sure transparency and traceability. These information additionally assist come to be privy to any inconsistencies or sources of contamination, taking into consideration corrective actions if crucial.

Testing for Purity and Potency

Quality manipulate in homeopathy goes past making sure that uncooked substances are natural; sorting out the final product for both purity and performance is crucial.

1. **Purity Testing:** Purity finding out is a critical step in making sure that the final remedy is unfastened from contaminants such as heavy metals, pesticides, microbial pathogens. Modern analytical strategies like chromatography and spectrometry can hit upon even minute lines of contaminants, ensuring that the treatment is stable for use. Additionally, trying out for sterility is essential to keep away from microbial contamination in liquid treatment.
2. **Potency Testing:** Potency trying out in homeopathy is greater complicated in assessment to different sorts of remedy. Since homeopathic treatment are normally prepared in excessive dilutions, measuring their performance isn't always a trustworthy system. While clinical strategies are though evolving in this location, homeopathic pharmacies integrate scientific observations and comments from patient as the therapeutic effectiveness of treatments. Clinical trials and patient results are critical additives of performance trying out.
3. **Ensuring Consistency Across batches:** One of the worrying situations in homeopathy is retaining consistency in performance and high-quality for the duration of awesome batches of treatments, as every batch can be suffering from moderate variations in uncooked materials and preparation methods. Ensuring that batch meets the equal standards for purity and performance calls for adherence to stringent protocols, rigorous checking out, and ongoing monitoring in some unspecified time in the future of the manufacturing device.

Regulatory Standards and Compliance

Homeopathic drugs are concern to regulation in many nations to ensure their protection, efficacy, and great. Regulatory our bodies set precise standards and guidelines for the manufacturing, labeling, and distribution of homeopathic remedies. For instance, within the United States, the Food and Drug Administration (FDA) has mentioned clean requirements for homeopathic medication production, at the same time as in India, the Ministry of AYUSH governs the storage and sale of these drug remedies.

Compliance with those regulatory necessities is crucial to retaining the credibility and safety of homeopathic treatment Homeopathic pharmacies have to adhere to correct manufacturing practices (GMP) to ensure the regular excellent of their merchandise. GMP covers all components of manufacturing, from sourcing uncooked materials to very last packaging and distribution, and ensures that all tiers of treatment education are accomplished with care and precision.

Homoeopathic medicine packing and labelling

- Medicines are kept in dark, cold, and moisture-proof containers to minimise the chances of spoilage.
- In Rule 106A, the product shall be labelled with the name of the remedy, potency, dosage, batch number, expiry date, and manufacture address, amongst many others.
- In Rule 1068, homoeopathic medicines that contain above 12% alcohol will be sold packed in 30 ml. units only. For hospitals, 100-ml packs are also permitted

The importance of quality control in homoeopathy

There is no such thing as Over the Country Pharmaceutical Companies in the manufacture of cause this secures the non-variation in homeopathic medicines, as these medicines undergo a process called potentization, which involves serial dilution and succession. Therefore, because this secures the non-variation in the modus operandi, it is vital to the quality of the final remedy produced. This is because even a slight alteration in the dilution ratio brings about considerable changes in the strength and action of the remedy.

Quality control problems

Despite advancements, several challenges persist in maintaining quality control in homoeopathic pharmacy. The highest homoeopathic dilutions make it virtually impossible to carry out conventional analytical testing in the laboratory. Even a comparatively low potency such as 6x with specific 'active components' well below one millionth is printed on the label complete with most modern equipment. Such specificity inherent in homoeopathic products implies that the classification of some quality control methods and test apparatuses that are compulsory under the pharmaceutical legislation may not be applicable or appropriate from time to time.

Good Manufacturing Practices

Good manufacturing practice (GMP) guidelines covering the manufacturing process, process locations, production personnel, packing, and hand labelling extend to homoeopathic medicinal products just like any other common pharmaceuticals. Ignoring GMP can have serious quality and safety issues, including mix-up, raw material contamination, cross-contamination, as well as incidental contamination. Further, the production of homoeopathic medicines presents unique challenges and has certain implications and, as a result, requires highly skilled and trained personnel. These include the toxic and fresh materials, which are easily spoilt by microorganisms and thus also include materials from animal and human origin used in homoeopathic preparations. The misuse of homoeopathic medicinal products can also happen when the source materials that are gentle for homoeopathic medicines, excipients, or solvents of such, in case the equipment or bottle where dilution takes place is corrupt. Also, due to different pharmacopoeias with varying definitions of what constitutes a homoeopathic medicine, coupled with many different processing and manufacturing methods used in the respective pharmacopoeias, the finished homoeopathic products are sometimes highly heterogeneous.

Regulatory Frameworks

The framework for legislation and its implementation concerning homoeopathic medicines varies from one country to another. Homoeopathic medicines may be regulated in the same manner as any other products classified as pharmaceutical products, with modifications made for the characteristics of homoeopathic medicines. In certain nations, however, they are held to different standards altogether.

DISCUSSION

Quality Control procedures are procedures for standardization, by which the quality of a medicine is tested. The quality should not only be tested in the end but must be carried outright from the moment of receipt of raw materials, manufacturing, till the final packaging labeling, storage and distribution. Homeopathic medicines may be based on toxic source materials from animals or plants. In their fresh form they are prone to microbiological contamination. From the safety point of view it is important to note that, although homeopathic treatments often utilize ultra molecular dilutions of the starting material (above Avogadro's number), there are also homeopathic medicines of lower dilution which contain molecules that may be active in the biochemical sense. Hence, homeopathic medicines are in general considered to be safe when administered, but toxicological aspects should not be neglected especially when using lower dilutions of unsafe starting material identification and quantification of active substance and toxicological setting of the final homeopathic product is mandatory. In such cases the quality should be demonstrated by complete validation of the manufacturing and dilution process. Plant materials may be contaminated with pesticides and heavy metal. The properties of homeopathic medicines can be compromise by accidental or intentional contamination by the vessel or bottle in which the dilution is made. In today's ers adulteration of any product is burning issue. So the solution of this problem is Quality Control .

Conclusion

In conclusion, the article presented has emphasised the importance of quality control measures in the homoeopathic pharmacy for the efficacy, potency, and safety of the homoeopathic system of medicine, i.e., drugs manufactured and administered under the law to ensure quality of raw materials, preparation of medicines, storage of the products, and practices of GMP. The improvements in today's homoeopathic system are the ability to meet patient's needs with high-quality and efficient medications. Later studies and technological developments will alleviate some of the present hurdles, like the differences in methods of preparation, purity of materials before and during potentization, and the final testing itself. Homeopathic preparations with the help of Quality Control have a therapeutic relevance are pure, safe, cost saving and having standards with quality specifications thus beneficial to physician and patient.

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