



Inclusive Practices And Strategies For An Inclusive Education

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ABSTRACT Inclusive practices and inclusive strategies for creating an inclusive education i.e inclusive education in home, school and community environment is very important issue at present time. Regardless of their socioeconomic, emotional, or religious background, beliefs, or level of learning, inclusive teachers make sure that every student may engage completely in the learning process. Inclusive education is making sure that every kid has equal access to learning and equal opportunity to succeed, regardless of their unique needs or learning difficulties .School classroom environment and systems requires to change for true inclusive community education. But much of this reform is design focused, and not resource intensive. In inclusive education it is emphasized that all learners are together in normal classrooms with out any barriers with normal learners . The objectives of the study are overview idea about inclusive community education, various practices for inclusive community education, different strategies for inclusive community education. This study is descriptive in nature. For this study a qualitative approach is used as methodology. In this paper we find overall inclusive community education, different important elements and dimensions of inclusive practices education. From this study we also find out that there are many challenges for implementing inclusive education. We also find out various practices and strategies for inclusive community education. At present time inclusive environment in home, school, and community is very much needed. Inclusive community is very helpful for all pupils with any socio emotional, socio economic and socio cultural backgrounds. For suggestions we can say that raising awareness ,providing training to teachers and providing schools resources are required for moving towards more inclusive community education. Govt. policies are also required and also ensure proper implementation of it. Teachers need to be persuaded that inclusion is beneficial to all pupils.

Keywords: inclusive community, equity, inclusive practices, inclusive strategies, inclusive education

1. INTRODUCTION

In this article the researcher is discussing about various practices and strategies for inclusive education. In the past there were special education for the child with special needs. Latter Integrating education was adapted for special needs children. Now the present education system is inclusive. In inclusive education , child with special needs have equal opportunities for learning with normal learners under the same roof in the same classroom. For inclusive education it essential of forming an inclusive community. In an inclusive community all members of society have equal rights of different government facilities including food, health, education, speech, equity in all sections in the society. The concept of inclusive education goes beyond only giving kids with special needs more assistance. It's about establishing an inclusive learning environment for all students, regardless of their learning style, writing ability, English as a second language, membership in a minority group, financial background, or other obstacles that prevent them from learning and succeeding. “Unified Plans of Support for students with significant intellectual disabilities who were full-time students in general education classrooms. The collaborative process was based on a model developed and implemented by Hunt et al. (2003, 2004).” In order to implement particular plans to fulfill each child's unique requirements in the classroom, teachers must provide a secure, joyful, meaningful, and inclusive atmosphere. We have to cover all these broad, all-purpose inclusion classroom environment in this article.

2. REVIEW OF RELATED LITERATURE

For this study the researcher has made many reviews of related literature some of these reviews are as follows Ryan,Oli (2022) , Judge.me Review, ‘How to Create an Inclusive Classroom: 12 Tips for Teachers’ discussed some importance strategies for creating an inclusive classroom environment in his documentary analysis approach.

Holmberg,J B & Jeyaprathaban,S (2016), international journal of special education, ‘Effective practices of inclusive and special need education’ found out different practices for inclusive education and also for child with special needs by qualitative research methods.

Armstrong, M.A. (2011). Small world: Crafting an inclusive classroom. Thought and Action, Fall, 51-61, followed documentary analysis approach and found out some inclusive teaching strategies.

DESA, (2009), Creating an Inclusive Society: Practical Strategies to Promote Social Integration, discussed inclusive community and various challenges of inclusive community with solutions in a descriptive study approach.

2.1 OBJECTIVES OF THE STUDY

This study has the following objectives

- 1.To understand inclusive community, inclusive education and different challenges for implemententing inclusive education.
2. To discuss various practices for creating an inclusive education.
3. To overview different strategies for creating an inclusive education.

2.2 RESEARCH QUESTIONS This article has the following research questions

- 1.What is inclusive community, inclusive education and what are the challenges for implementing inclusive education ?
- 2.What are the various practices for creating an inclusive education?
- 3.What should be the different strategies for an inclusive education ?

3. METHODOLOGY The methodology of the study consists of a conceptual discussion on the overview of the different inclusive practices and various strategies for an inclusive community i.e. inclusion in school, home , social environment . This study is a descriptive study. A qualitative approach is used in this work.This research is conducted with the dada collection from primary and secondary sources .The research paper is mainly based on secondary dada collection from various journals , books magazines, newspapers, wikkiepedias and websites.

3.1 INCLUSIVE COMMUNITY, INCLUSIVE EDUCATION AND CHALLENGES OF IMPLEMENTING INCLUSIVE EDUCATION

3.1.1 INCLUSIVE COMMUNITY

To understand inclusive community we need to discuss some important term, some important elements and dimensions of inclusive community which are given below **Social Integration** Social integration is the changing and ethical process of establishing institutions, relationships, and ideals that enable all individuals to engage in social, economic, religious, cultural, and political life on the basis of fairness, honour, and equality of rights.

Social Inclusion Ensuring that everyone, regardless of background, has equal chances, rights, and respect to realize their full potential in life is the process of social inclusion.

Social Exclusion Social exclusion is opposite of social inclusion i.e. the process of barriers of social inclusion. Social exclusion includes being left out of opportunities, respectable jobs, assets, land, social services, political representation, acknowledgment, voice, and ability for active involvement.

Social Cohesion Social Cohesion is to bring and maintain unity among members of a community is known as social cohesiveness. In a socially cohesive society, there is a propensity for all members of the group and individuals to feel legitimate, acknowledged, included, and belonging.

Social Participation Social participation are the participation in all societal activities is the definition of social involvement. It guarantees access to decision-making processes and the ability to influence decisions.

Important elements for inclusive community

- All members of community must has rights to participate in social, civic, political, economical activities in local and national levels.
- An inclusive community has to respect each person's rights, dignity, and advantages.
- It is crucial that everyone has access to a range of amenities, including as public libraries, energy, water, and sanitary supply supplies, hospitals, schools, government-run recreation centres, community centres, and resource centres with internet access.
- It is crucial that everyone has access to a range of amenities, including as public libraries, energy, water, and sanitary supply supplies, hospitals, schools, government-run recreation centers, community centres, and resource centres with internet access.
- All members of community should be allowed to participate in local and national politics, the economy, civic life, and social activities.
- For a community to be inclusive, there must be active involvement and accountability of institutions and public policy.
- An inclusive community have to maintain the rights, dignity, and privileges of every individual.
- It is crucial that everyone has access to a variety of facilities, including community centers, government-run leisure centres, public libraries, resource centres with internet access, hospitals, schools, and supplies of energy, water, and sanitary materials.
- It is very important to have equal access to public information of inclusive community.
- Equal distribution of wealth and resources is also crucial.
- Cultural variety is another crucial component of an inclusive community that allows for a multitude of varied manifestations of identity.
- Equity in the allocation of wealth and resources is also significant.
- Education, which aids in understanding one's own and other groups' histories and cultures, is another essential component of an inclusive community.
- Effective leadership is essential to develop an inclusive community.

Dimensions of inclusive community

The importance dimensions of inclusive community are social, spatial ,cultural, economic, environmental, legal, physical, political, relational.

3.1.2 INCLUSIVE EDUCATION

Special Education: Special education refers to a system of education specifically designed to meet the unique needs of students with disabilities or special needs. It involves individualized teaching methods, support services, and accommodations to help these students access the curriculum and achieve their educational goals. Special education programs may include specialized instruction, therapies, assistive technology, and adaptations to the learning environment to ensure that each student receives appropriate support tailored to their specific needs.

Integrated Education: Integrated education involves the inclusion of students with special needs or disabilities in regular education classrooms to the extent possible, while still providing them with the support and accommodations they require. This approach promotes interaction and collaboration among students of varying abilities, fostering a sense of community and mutual understanding. Integrated education aims to break down barriers between students with and without disabilities, providing opportunities for all students to learn together and support each other's growth and development.

Inclusive Education: The technique of giving all pupils fair access to a high-quality education in mainstream classes or schools, regardless of their talents, backgrounds, or differences, is known as inclusive education. Through appropriate accommodations, support services, and instructional methodologies, it seeks to serve the different needs of learners and establish learning environments that promote diversity, acceptance, and respect for all people. By encouraging each student's full involvement, engagement, and accomplishment, inclusive education helps students feel like they belong and gets them ready to be engaged members of a varied community.

3.1.3 CHALLENGES OF IMPLEMENTING INCLUSIVE EDUCATION There are so many challenges for implementing inclusive education. The burning challenges for creating an inclusive learning environment are teacher's role, curriculum adaptation, individual education plan, special educator's role, lack of policy and legal support ,lack of resources and facilities, lack of specialised teachers, lack of training in inclusive techniques and pedagogical techniques, lack of proper leadership both in school and district level, lack of proper socio-cultural attitudes about schools and disability. Besides these challenges awareness about education of special need child and proper attitude for the learners with special need are also big challenges for inclusive education.

3.2 VARIOUS PRACTICES OF CREATING AN INCLUSIVE EDUCATION

Various practices for creating an inclusive community education are given below

Diversity in Classrooms Encouraging diversity in gender, language, religion, leadership, decision making, and representation are essential for classroom. Learner's social , emotional growth and addressing the learners'

gender in the classroom in a non bias way are very important for inclusive education. In the classroom there may be learners from various language background. Use of inclusive and respectful language that avoids stereotypes and derogatory terms required for inclusive classroom.

Teacher and Students collaboration The Collaboration between teacher and students motivate learners to learn better. Teachers can know the strengths and weaknesses of students by this collaboration. Teacher must alter teaching strategies and course materials in accordance with students' proficiency levels.

Teacher's role. For inclusive education to be successful, teacher collaboration in the preparation and execution of lesson plans is crucial. The pupils with special needs benefit from a better learning environment because to our partnership. To achieve mastery, general instructors must provide special needs kids with more help than they do for other students. Special educators are essential to students with special needs. Particular support, modifications to the teaching methods, and student activities are crucial.

Peer's role The Collaboration between normal students and students with special need is very important for Inclusive education. They may study together and recognize their abilities with the support of peer acceptance and peer tutoring. Peer relationships are important in a child's development. The health and wellbeing of students are significantly impacted by their sense of acceptance and belonging among their peers. Peer and community rejection causes for exclusive classroom and also causes for community exclusion.

Mastery of learning Mastery of learning is very important for inclusive education. It assists learners in meeting the unique demands that must be satisfied in order to achieve learning mastery. Integrating inclusive practices are required for the community's long-term plans and initiatives.

Listen to all learners For inclusive classroom teacher always try to listen to all learners. There are so many students from various backgrounds in classroom. It is very important to give equal importance to all learners. All participating students must be given the opportunity to completely describe how they understand the incident to have happened, as well as what has disturbed them and why. There must be opportunities for all students to be listened to as Well during normal lessons and learning.

Classroom facilities Classroom environment for kids with special needs should be the least restrictive and devoid of barriers. Teaching can't be made in the same way for all learners. Inclusion of learners with special need does not be successful until the adaptation of classroom facilities for diverse learners.

Teaching learning materials For a child with special needs, the teaching materials must be appropriate for their present level of ability and help them master the content. It will help the special needs pupils feel more comfortable in the classroom.

Teaching methods It takes effective teaching strategies to match the talents and requirements of kids with exceptional needs. It takes a different approach and set of strategies to teach diverse learners effectively.

Scaffold approach of learning Scaffolding is also very important for inclusive education. To ensure that every student has access to the same learning, scaffolding provides assistance. Child with special needs and

slow learners can be helped and have the opportunities to learn with normal learners by scaffolding. Scaffolding is very important to create inclusive learning environment.

Supporting learning community Fostering a supportive learning community is crucial for integrating students with special needs into conventional classroom settings and for their overall engagement. Organizing various events and activities are essential to accept the diverse cultures, traditions, and backgrounds within the community. Peer tutoring and effective peer assistance are particularly helpful for this.

Workshops training and mentorship programme Various workshops and training programs are required to raise awareness about diversity and inclusion among community members. Mentorship programmes are also helpful for inclusive classroom. It helps new comers or under represented individuals to connect and grow within the community.

Community Engagement Community engagement is very important for inclusive education. Community participation and engagement in decision making processes , various cultural activities, co-curricular activities is important for inclusive education. Formation of affinity groups or clubs based on shared identities or interests is required to create a sense of belonging and solidarity within community.

Youth Involvement Young people in community may be included for decision-making processes to ensure their voices are heard for inclusive community. So youth Involvement is also a good strategy for inclusive community.

Regular Assessments Regular assessments are also very important for inclusive education. For effectiveness of inclusive practices periodically evaluate , reassess and necessary adjustments are required and make necessary adjustments.

Cultural Competency Cultural competency is essential for inclusive education. Cultural awareness and competence are required to foster understanding and respect for different cultures and perspectives for inclusive education

Feedback It is essential for community members to provide feedback, express concerns, and suggest improvements for inclusive community. Feedback mechanisms plays an important role for inclusive community. Students feedback regarding their prior knowledge , mastery of content material is essential for inclusive education. Monitoring students feelings about the course content and classroom environment is also important.

3.3 DIFFERENT STRATEGIES OF CREATING AN INCLUSIVE EDUCATION

For creating an inclusive community the following strategies can be adapted

Teacher's behaviour Teacher's behaviour is very important for inclusive classroom. At present time teacher's role is the facilitator in the child centric approach of learning. For inclusive classroom teacher's behaviour must be kind, soft speaking and unbiased ; all learners must feel safe and respected. Every student will be allowed to voice their opinions and get support in the classroom.

Particular requirement of every learner In a inclusive classroom teacher must be careful about particular requirement of every learner. It is important to identify child with special needs. At the same time it is important to indentify the children who depends on free school meals ,which children needs financial support. It is important to ensure to set up a classroom atmosphere where students feel comfortable engaging in class and feel respected for their individuality.

Support for all learners Support for all learners is very important for inclusive education. Courses should be structured such that learner can get help through formative and summative tests, open office hours, extra learning and grading opportunities, dependable email practices, and YouTube . It will assist students both inside and outside of the classroom. Because inclusive practices are so helpful to all kids, they should be used in all

Purposeful learning environment Purposeful teaching learning environment is another big factor for promoting inclusive classroom. Calm environment is essential for inclusive classroom. It might be difficult for teachers to establish a quiet environment in the classroom. Many learners benefit from a calm setting whether or not they have a specific need for it.

Universal Design Principles The extensive framework of Universal Design Principles ensures that all students have varied and thorough access to course materials. Using these concepts, educators can use both oral and visual means of presenting information to students who have visual or hearing impairments . At the same time Instructors can recognize various learning preferences of learners.

Diverse Curriculum Diverse curriculum should be framed to equity all learners with and without special need , of different socio economic background. It is necessary to reflect a variety of learner types and viewpoints in the course materials including readings, writing, examples, and case studies.

Accessibility The accessibility of various teaching learning related things are essential for Inclusive education. Physical spaces, transportation, and digital platforms should accessible to all learners of all abilities, including learners with special needs. Equal access for all kids in the classroom, based on a variety of ethnic and socioeconomic variables, is crucial for an inclusive environment. Child with special needs, cultural events, holidays, milestones, socio economic backgrounds needs to accept to foster unity and appreciation for inclusive education.

Diverse Representation: Diverse representation is a powerful strategy for inclusion. Diversity in teaching learning materials, leadership, decision-making, and representation to reflect the community's makeup are important for inclusive education. To enrich classroom discussion teacher must access diversity carefully.

Open Dialogue Open dialogue is very important for inclusive education. Try to create safe spaces for open conversations about diversity and inclusion. Sharing experiences and ideas can be encouraged There are so many students from different backgrounds having different languages. Try to use language with respect of other's language. Also avoids stereotypes and derogatory terms in language.

Accommodations Reasonable accommodations for learners with specific needs, such as accessible restrooms or sign language interpreters, food, dress, shelter, internet facilities are essential for Inclusive education.

Local Collaboration For inclusive education local collaboration is also very effective. Local community participation and engagement in teaching learning process, decision making processes, co-curricular activities is helpful for inclusive education. Underserved or marginalized groups are to actively involve in community activities for inclusive settings.

Zero Tolerance for Discrimination For inclusive education zero tolerance for discrimination is essential. Strict anti-discrimination policies and procedures are required for inclusive education. Discrimination in language, colour, race, food habits, child with special needs or any other should have zero tolerance policy.

Pre-assessment Pre assessment is another good strategy for inclusive education. While planning for a new topic to teach, it can't be assumed the learners' prior knowledge with out pre assessment. In order to demonstrate to learners that they have been heard and involved in their own education, pre-assessment of their prior knowledge and interests in the subject is required. It's an effective inclusion method for the classroom.

Equitable Policies Equitable govt. policies should make and implement to promote fairness, equal treatment, addressing systemic biases or discrimination for inclusive classroom. So equitable govt. policies plays a vital role for inclusive education.

4. FINDINGS

From this study the researcher has concluded the followings findings

4.1 Objective 1 Inclusive community, inclusive education and challenges of implementing inclusive education

4.1.1 Inclusive community

- From this study the researcher has concluded that there are many forms in the community such as social integration, social inclusion, social exclusion, social cohesion, social participation. Among these forms social integration, social inclusion, social cohesion, social participation can play an important role for creating an inclusive education. But social exclusion is barrier for creating an inclusive education.
- It is also concluded that there are some important elements for creating an inclusive community. Everyone's right to actively engage in social, civic, political, and economic activities; everyone's rights, dignity, and privileges are respected; universal access to various facilities; cultural diversity; equity; education; effective leadership are essential elements for creating an inclusive community.
- From this article the researchers has also concluded that there are some important dimensions of inclusive community. Social, spatial, cultural, economic, environmental, legal, physical, political, relational, religion are important dimension for inclusive community.

4.1.2 Inclusive education

From this article it is also concluded that the education system has three major forms special education, integrated education and inclusive education. At the beginning it was **special education** for the child with special needs. This involves changing surroundings, support services, and education to the particular requirements of kids with special needs or impairments. It often involves individualized education plans (IEPs) and specialized teaching methods. In **integrated education** the strategy calls for integrating special needs children as much as possible into general education classes, while still providing them with the support and accommodations they require. It promotes interaction and collaboration among students of varying abilities. In **inclusive education**, Inclusive education takes integration a step further by not only placing students with special needs in regular classrooms but also fostering a culture of acceptance, diversity, and collaboration within the school community. It aims to remove barriers to learning and ensure that all students feel valued and included.

4.1.3 Challenges of implementing inclusive education

It is concluded that there are many challenges for implementing inclusive education. Teacher's and special educator's role, curriculum adaptation, individual education plan, lack of policy and legal support, lack of resources and facilities, lack of specialised teachers, lack of training in inclusive techniques and pedagogical techniques, lack of proper attitudes about learners with disability are the burning challenges for implementing inclusive education. Government, NGOs, and also public must be aware of these challenges and proper remedies must be taken for overcoming these challenges. For creating an inclusive education the above stated challenges must be overcome. Inclusive education can not be successful with having these challenges.

4.2 Objective 2 Various practices of creating an inclusive education

- From the above discussion the researcher has concluded that there are various practices which are essential for inclusive community education. Diversity in classroom, teacher and students collaboration, teacher's role, peer's role, mastery of learning, classroom facilities, teaching learning materials, teaching methods, workshop and training, youth involvement, regular assessment, feedback, scaffold approach learning are important practices for inclusive education. In teaching learning process these practices must be emphasised for creating an inclusive education environment. So teachers need to be very careful about these practices for creating a better inclusive environment for the child with special needs with normal students.

4.3 Objective 3 Different strategies of creating an inclusive education

- From this article the researcher has also concluded that there are many strategies for creating an inclusive community education. Different strategies for inclusive education are teacher's behaviour, be aware of specific needs of all learners, support for all learners, purposeful learning environment, Universal Design Principles, diverse curriculum, accessibility, diverse representation, open dialogue, accommodations, zero tolerance for discrimination, pre-assessment, student feedback. These strategies are very helpful for an inclusive education. Teacher should follow these strategies for creating an inclusive education so that the special needs learners and normal learners can learn in an inclusive environment.

6. CONCLUSIONS AND SUGGESTIONS

6.1 Conclusion

From this study the researcher has concluded that inclusive education is very much important for community. But there are so many challenges for implementing inclusive education. This study's contribution is to show which educational resources are dedicated to achieving the objective of enhancing the routine of integrating students with disabilities into the community. Effective teaching strategies frequently draw on real-world knowledge, reciprocal accountability and engagement, community involvement, enterprise, and a shared experiential repertoire with the students. The inclusive community education methods used in this study are consistent with the literature on social constructionism and the democratization of knowledge. Inclusive pedagogical practices including various types of disabilities, socio economic backgrounds, diverse languages, diverse cultural practices and application, can contribute to the valuing and supporting all students of the community. The design and facilitation prioritizes an equity minded approach which can strategically integrate the racialized learners from primary to higher education and inclusion of child with special needs with normal child, academic, socio economic, socio emotional, social cultural inclusion can make an inclusive community.

6.2 Suggestions

From this article it is suggested that amore comprehensive understanding of the learner, the creation of social and educational supports that are both ecologically sound and successful, and shared accountability for including students with special needs in regular classrooms and allowing all students to participate in inclusive education settings are all outcomes of the shared experiences of educators, special educators, specialists, parents, and the community. The researcher has come to the conclusion that fostering an inclusive community of practice may empower all parties and open doors for the genuine and practical inclusion of kids with special needs in regular education classrooms. The researcher has also suggested that raising awareness and providing training to the teachers are required for the schools for the process of moving towards more inclusive schools. Teachers need to be ensured that inclusion is beneficial to all learners. Further research can be done for inclusive education for better education for the child with special needs.

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