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# **An Overview Of Molecular Docking**

Sushant khot1\*, Sourabh Chougule2, Thoid Nadaf3, Anuja Patil4, Nilesh Chougule5.

Students1-3, Ashokrao Mane Institute of Pharmacy, Ambap, Kolhapur-416112

Assistant Professor4,5, Ashokrao Mane Institute of Pharmacy, Ambap

#### Abstract:

Molecular docking is the computational modelling of complexes generated by the interaction of two or more molecules. Based on the binding properties of the involved ligand and target molecules, it predicts the threedimensional structure of adducts. Molecular docking provides many probable candidate structures, which are scored and grouped together using the scoring function in the molecular docking tool's software. Docking simulations anticipate an optimised docked conformer depending on the system's total energy. Computational approaches have become a key aspect of many drug development processes, from hit discovery to lead optimisation and beyond. The docking process often consists of numerous steps, each of which introduces a new level of complexity. Small molecules are docked onto the active domain of the enzyme using docking procedures. Aside from these methods, scoring functions are used to quantify a compound's biological activity by examining how it interacts with potential targets. Molecular docking is the most commonly used computational phenomenon in the field of computer-aided drug design (CADD). The terms ligand and protein are frequently used in molecular docking. Proteins are the binding sites for ligands, which offer specialised activity. Molecular docking applications in drug discovery have improved substantially since it was first employed to investigate molecular docking applications mechanisms between microscopic and large molecules.

Key words: Molecular docking, Requirements, Steps of docking, Mechanism, Approaches, Interaction, Mechanism, Developments.

#### Introduction:

Molecular docking is a type of computational modelling that helps anticipate the optimal binding orientation of one molecule (e.g., ligand) to another (e.g., receptor) when they interact to form a stable complex. The preferred orientation of bound molecules can be used to predict the energy profile (such as binding free energy), strength, and stability of complexes (such as binding affinity and binding constant). This is possible with the scoring function of molecular docking. Molecular docking is now commonly used to predict the binding orientation of small molecules (drug candidates) to their biomolecular target (such as protein, carbohydrate, and nucleic acid) in order to identify their putative binding characteristics. This provides raw data for rational drug design (structure-based drug development) of novel medicines with higher efficacy and specificity [1]. The primary goal of molecular docking is to achieve an optimised docked conformer of both interacting molecules in order to reduce the free energy of the entire system. The projected binding free energy (Gbind) is calculated using dispersion and repulsion (Gvdw), hydrogen bond (Ghbond), desolvation (Gdesolv), electrostatic (Gelec), torsional free energy (Gtor), final total internal energy (Gtotal), and unbound system energy (Gunb). As a result, a thorough grasp of the general principles that determine anticipated binding free energy (Gbind) provides further information regarding the nature of various types of interactions that drive molecular docking [2]. A structural data bank and a mechanism for evaluating ligands are required for the practical implementation of molecular docking. Various molecular docking technologies and methodologies are available to do this. These computational algorithms rank putative ligands based on their capacity to interact with certain target candidates. Molecular docking of small molecules to a biological target includes animaginative sampling of possible poses of the ligand in the specified groove or pocket of target candidate in an order to establish the optimal binding geometry. This can be performed using user defined fitness or scoring function of docking software [3]. The goal of molecular docking is to achieve an optimal conformation for both the protein and the ligand as well as the fundamental direction between the protein and the ligand in order to reduce the overall method's free energy. The stimulation of fundamental bimolecular processes, such as drug-protein interactions, nucleic acid contacts, and enzyme substrate interactions, is heavily reliant on molecular recognition. Signal transduction is heavily reliant on interactions between physically appropriate molecules such as peptides, proteins, carbohydrates, nucleic acids, and lipids. Furthermore, the type of signal produced (agonist vs. antagonism) may influence the relative orientation of the two interactants. Docking is thus beneficial in predicting the strength and type of signal that will be produced. One of the most commonly used strategies in structure-based drug design is molecular docking. Because of its ability to predict how tiny molecule ligands will attach to the right target binding site. The assessment of binding performance is critical for both the rational design of drugs and the understanding of basic biological processes. There are numerous study and review papers that differentiate various emerging facts in this topic. This review focuses on the fundamental requirements, mechanism, kinds, techniques, software, and applications of molecular docking.[4]

#### **Basic of molecular docking:**

Docking is commonly used to predict the alignment of small molecule medicinal drugs with their protein targets in order to predict the affinity and activity of the small molecule. Docking is essential in rational medication design. Given the biological and pharmacological importance of docking investigations, great effort has been done to enhance docking prediction methods. Docking is a mathematical technique that predicts the preferred orientation of one molecule relative to another when joined together to form a stable complex. Based on their favoured orientation, scoring functions can be used to determine the strength of the link or binding affinity between two molecules. The interactions of physiologically relevant molecules such as proteins, nucleic acids, carbohydrates, and lipids are required for signal transduction. Docking can thus be used to forecast both the intensity and type of signals generated. Docking is commonly utilised to predict the alignment of drug candidates relative to certain target molecules in order to regulate the affinity and activity of the small molecule. Docking is so crucial in the structural characterisation of drugs. The purpose of docking research is to lower the overall system's free energy by optimising the form of both the ligand and the protein, as well as their relative orientation.[5]

#### 3. Requirements for molecular docking:

A ligand docking strategy consists of the following components: a target protein design, the compounds of interest or a database containing real or virtual compounds for the docking process, and a computational foundation that allows the necessary docking and scoring algorithms to be performed. The bulk of docking algorithms regard the protein as stiff, but the ligand is frequently regarded as flexible. Aside from the structural degree of freedom, the protein's bonding position in its binding pocket must be considered. Solid molecules or segments can be docked onto the active site of a protein in a variety of ways, including consensus search, geometric hashing, and pose clustering.[6]

#### **3.1. Ligand representation:**

To achieve approximated pKa values, the configuration with the best potential of becoming dominant is commonly modified further by adding or subtracting hydrogen atoms. It is vital that accurate atomic coding occurs.

#### **3.2. Receptor representation:**

The integrity of the receptor structure employed is crucial for docking simulation effectiveness. Overall, the higher the resolution of the crystal lattice employed, the more docking discoveries were observed. In general, a recent review of the accuracy, limits, and risks of ligand-protein complex structure refinement approaches provides a systematic appraisal of the known structures.

#### 3.3. Mechanism of docking:

The sequence of the specified protein is the first condition for running a docking screen. A biophysical method, such as x-ray crystallography or, less frequently, NMR spectroscopy, is frequently used to discover the structure. As inputs, a docking tool employs this protein function and a database of chemicals. The success of a docking programme is dependent on three components: the search algorithm, the scoring mechanism, and the docking programme itself. When exploring the conformational space of a protein linked to a ligand, the search space includes all possible protein orientations and conformations. It is difficult to traverse the search space exhaustively with current processing resources, which would include enumerating all potential molecular distortions as well as all potential translational and rotational configurations of the ligand reference to the protein at a moderate criterion of resolution. The bulk of docking systems in use take into account flexible ligands, while some try to simulate a dynamic protein receptor.[7]

#### 4 MAJOR STEPS INVOLVED IN MECHANICS OF MOLECULAR DOCKING:

The process of studying the in silico intermolecular interaction of two molecules is known as molecular docking. In this procedure, the macromolecule serves as the protein receptor. A ligand is a type of micromolecule that can act as an inhibitor. As a result, the docking process includes the following steps.

#### **Step I – Preparation of Protein**

The protein data bank (PDB) should be utilised to retrieve the protein's three-dimensional structure; preprocessing should then be performed on the retrieved structure. According to the specifications provided, this should allow for the removal of water molecules from the cavity, the synthesis of side chains, charge stabilisation, the addition of missing residues, and so on.

#### Step II – Preparation of Ligan

Ligands can be obtained from databases like as ZINC and Pub Chem, or they can be sketched with the Chem. sketch tool. When selecting a ligand, the LIPINSKY'S RULE OF 5 should be followed. The Lipinski Rule of Five aids in differentiating between drug-like and non-drug-like behaviours. Because of the drug resemblance for compounds that continue to match two or more of the conforming standards, it ensures a high possibility of success or failure. To choose a ligand that adheres to the Lipinski Rule:

- (1) Hydrogen bond donors must be less than five;
- (2) hydrogen bond acceptors must be less than ten; and
- (3) the molecule mass must be less than 500 Da.

(4) High lipophilicity (log P not greater than 5)

(5) The molar refractivity should range between 40 and 130.

#### **Step III – Active site prediction**

After protein production, it is required to predict the active site of the protein. There are multiple active sites on the receptor, but just the one of interest should be chosen. The existence of water molecules and heteroatoms is generally unimportant [8].

#### **Step IV- Grid Generation:**

At this location, constraints, excluded volumes, and rotatable groups were all kept constant. The number of genetic operations (crossover, migration, and mutation) performed is the most essential element in determining. Binding Cavity predictions must be made [9].

#### **Step V Docking:**

The interactions are examined after docking the ligand against the protein. The scoring function chooses the best docked ligand complex and awards a score to it [10].

#### Application of molecular modeling in modern drug development:

It is used to assess the risks posed by interactions with other proteins such as proteases, cytochrome P450, and others. Docking can also be performed to determine a potential medication's specificity against homologous proteins. Furthermore, docking is a popular method for determining protein-protein interactions. Understanding cellular connections aids understanding of a variety of processes occurring in living creatures and the identification of prospective pharmacological targets.[11]

#### 5.1 Applications of molecular docking in drug development

Docking is most commonly used in drug development because the majority of drugs are made up of small chemical molecules.

#### 5.2 Hit identification

Docking in conjunction with a score function allows for speedy in silico screening of enormous databases of potential pharmaceuticals to locate molecules capable of binding to a specific target of interest.

#### 5.3 Lead optimization

Docking can be used to predict the location and relative position of a ligand's interaction with a protein (also known as the binding mode or pose). This information can then be used to create more strong and selective analogues.

#### **5.4 Remediation**

Furthermore, protein-ligand docking can be used to predict which pollutants are degradable by enzymes. It can be used to determine the intended site and collect the most effective drug. 7 Enzymes and their modes of activity can be identified through molecular docking. It can also be used to determine protein-protein interactions. Using the remediation process, molecules are virtually screened.

#### 5.5. Bioremediation:

Using protein ligand docking, it is feasible to assess which contaminants can be eliminated by enzymes. Molecular docking aids in the development of therapeutic drugs in a variety of methods, including.

- a. Identifying a probable target.
- b. Testing powerful medications as activators/inhibitors against specific disorders.
- c. Lead optimisation for new drug development.
- d. Prediction of the active site's type and binding mode.[12]
- e. Less time spent on chemical compound production.
- f. Interactions between drugs and DNA.

De-orphaning of proteins.

- h. Interactions between nucleic acids and proteins.
- i. Structure-function analysis.
- j. Identifying probable protein lead structures.
- k. Mechanisms of enzymatic reactions.
- 1. Protein alterations.[13]

#### 5.6 Drug-DNA Interactions Studies:

In recent years, the majority of cancer treatment regimens and approaches have included the use of chemotherapy. Despite chemotherapy's undeniably important role in cancer cure and control, the cytotoxic mechanisms of several chemotherapeutic drugs are poorly understood. The main cellular target of many of these anticancer chemotherapeutic agents is nucleic acid and auxiliary activities. With this in mind, researchers are continually working to understand the underlying anticancer mechanism of medications at the molecular level by researching the method of interaction between nucleic acid and pharmaceuticals. [14]

#### **Conclusion:**

In this brief review, we focused on the many types and approaches of molecular docking. The primary goal of molecular docking simulations is to find new lead candidates. To fulfil its goal more effectively, a solid and dependable scoring mechanism looks to be one of the issues that should be solved in the near future. Molecular docking is a low-cost, safe, and easy-to-use tool for investigating, interpreting, explaining, and discovering molecular properties using three-dimensional structures. Because different models produce inconsistent results, it is critical to have a small number of particular models that apply to enormously large systems.

Docking is a method for predicting the structural interactions of two or more chemical compounds. The methodology is employed in computational chemistry, computer-aided biology, and molecular systems that range from microscopic molecules to massive bio molecules and material assemblies. The interaction of a flexible ligand with a physiological receptor is now the focus of the majority of docking research.

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