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HOW LONG WILL YOU GO?

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From an innocent baby to a child with dreams

The nights were not bright with the stars but I always find my own way

To make all possible things to make my mother's face brighter with smile

All I wanted to do is grow up, have job and made my mom proud

Hope every child have these wishes at their childhood. Those are the days where

You laugh without hesitation people won't humiliate for what you are not and

You no need to worry about the sarcastic behaviours around you as u are unaware

Slowly as you turn into child you slowly recognise the changing behaviours from whom

You didn't expected the wicket. learning about the game of truth and lie is the most dangerous and exciting part you have. Between the very innocent to the child with dreams we all believe that after having a job or as a grown up adult everything will get finish the sufferings, the finances, the pains and the sad faces ... But on one sudden night you realise life is not yet came

And you are supposed to make yourself ready in your court waiting for those unexpected wickets remaining more harder to ignore and more complex to digest .

From a Child to teen feels like queen

Teenage is the thing like butterfly which make yourself too tough to handle and made stable at one emotion but keep trying hard is the only option you have to set everything on their own parts.

People around you will judge you only after making you realise you have to accept wether it is right or wrong. You will learn to study and work hard for a better future just because you feel your parents didn't done enough work to make your lifestyle better in their teens.

Actually the problem is with the mindset we create by ourselves as well as by society around us where teens should be active creative and beautiful. Many of the girls or even boys fell on that societal stereotypes to examine what they are here they ignore what is inside them but can't realise what they are sending from outside yes the impression we have the perception we have and the thought process we carry plays a vital role in designing one's conduct and made it visible which can be considered as a great guy to face world remaining how they are in real. Many of us feel frustrated by the system, things, laws and regulations of our country our home or our religion which can stop us from being anything to everything. If we want to lead a life in our own terms definitely it is not at all an issue to face the consequences but when the minute we decide to live the life in those structured formats like all other in the world it will effect our capability to face those same consequences but with a broken heart where we always try to prove the point that we didn't mean it. Why we have to prove is that really matter what others think about us how we have to handle the unbalanced emotions which make us fool infront of everyone in this big world. Knowing what you are building self consciousness and making things happen with a calm mind is very important to teenagers to follow the norms one's family have to respect the differences the elder have to play with patience with those younger one's and above all to deal with the sudden and gradual changes you need to aware about your physical and mental appearances. To make this work out one should have a habit of learning and listening. One must have that patience to sit and listen not to judge others but to analyse what they delivered. It is important to make all those things that encourage you to learn and find new ways to grow up with your careers. One must improve that potentiality to identify and harmonize the situations they face with others. Having a proper and clear view about your career and having the capability to put your career life separate from all the odds you are facing and going to face in further life will make you able to stand in the wind and give that strength to sail.

From a teen to a young champ

Either you are a girl or a boy you are the one who can create the world full of dreams passionate affirmations you can have in your life whether it is personal or professional lives one should master the art of dealing of it is for things you should know what is the right and simple way to handle those machines and techniques but if it comes to people we should always remember that dealing with people is nothing but dealing with emotions. One should know how to articulate things and appreciate the efforts of others even it is a small deed or a great contribution they gave for us. This is the age where we feel much passionate about the truth of world called love which we misguided and manipulated the actual meaning for our own comforts. Choosing a partner is the very different and difficult part of our life which requires some patience but young generation won't take much time to give their hearts to others and then always wishes and tries to bring change on their own heart. The process of falling in love is as fascinate as an imaginary fairy world but the journey of love requires a lot of work hard work and smart work by both sides to make it bloom throughout life. If your love is filled with blossom everyday you are not loving you are manipulating you should find love on others differences, others pain and others love everything should be cared not a pretty much but as a partner enough. The amount of effort should be from both sides and remember if it is hurting your self respect think thrice you are not in love you are in shit. Before the things go wrong and people mess you up realise the worth of your relationship because relationships are all what matters at the end of the day you are your emotions and feelings you carry for others not the branded shoes or diamonds you wore. A marriage or a live in a love or a friendship a family or a relative everyone you have in your life should be carefully dealed and it is needed to take necessary actions to implement peace with those to live a fulfilled life as you have only one life and all these will exist only when you decide not to give up. So messy or crazy you should find your own way to respect yourself as well as others. Unity team work team spirit unbroken bounds all are bullshit there are misunderstandings there are problems there are stupidness there are ups and downs and how well you go through with that he'll is nothing but how you celebrated your life at the end.

Having emotional damages are not anyone's cup of tea but it is the truth of life the world designed with feelings and emotions we created money and machines so it is absolutely fine to be not ok just have a pause for yourself give some time for your inner self to get heal give youself some space and let your body mind and soul get rejuvenate. It is not a film or a classy world that idlf you feel depressed you will become a world tour tourist to rejuvenate your life it is a harsh fact that we can't escape from our daily duties and responsibilities which can be done by us only. So with a clear thoughts and guts try to take pause in those differences try to be ok in those not oks and made yourself rejuvenate with the whole process of healing self with all possible tools you have it may be people, things or any action that speak with you whole heartedly and remember you are not supposed to regret the decisions you take. So again you should be a great learner to lead the life game.

From a person with Dreams to a person with Responsibilities

Everyone in this world start their life or a day in their life with full of grace and hope that their wishes are going to come true in future. But the worst neglect one can do in their life is they forget the reality and always try to make things happen according to the other's life scenario. One can have that ability to accept the truth of one's life and circumstances and should have that stubborn nature to deal with those incapabilities by shaping self consciousness. It is important to be conscious and give some respect to the emotions we carry and responding to the unnecessities occur is the primary duty to every individual. Most of the cases we have dream which cannot suit into our actions or stages of our life but people who succeed even in those reality are the persons who take responsibility towards their dreams I, aspirations and steps they take in that journey. Completing a task with perfection won't make you fulfill your dreams taking responsibility and opting the strategies one can apply in order to tackle the success or failure makes you different from others. Many famous personalities in real life are successful just because they took their dream as a responsibility but not as a duty. Having wishes and having patience are the two important tools to lead a meaningful life than life that go with flow. The simple steps to make your life more organised but not too serious is identifying the needs of your dream but not the wants of your dream. This realisation creats a great difference where you can be able to stop the unwanted errors in your project implementation and also be aware about the failures you are going to deal with. Always try to explore the possibility of opportunities you have in your desired field and focus on the important skills to develop or constantly learn with updated knowledge. Having master in one program or one skill won't make you stand long in the race but willingness to know about the developments and new trends will make you one in the race. It's the saddest truth that life is a race but the more sadest truth one cannot digest is not having enough knowledge or not investing enough time even in the things they love more it may be in work or relationship or choosing a cup of coffee from the restaurant menu. So for the sake of your love in that particular thing be responsible take time to travel with it have more options to invest for development and most importantlyake yourself comfortable with the learning process but not making your journey too hard that you lost interest in achieving anything in your life also on your dream which is not at all a part of your dish. Feel free to take responsibility towards life then you will be very comfortable in failures too.

Is your behaviour decides who you are or your actions decides

Coming from a very innocent stage of life as a new born to the stage where you receive many rewards from people whom you love most and care about by questioning you about your capabilities to earn and possibilities how you can handle those responsibilities in a very young age. At the same time you meet people who are also your family and friends who stands in opposition every time who questions you why you didn't get things done in a proper manner? Why you doesn't have that maturity? And finally why you love someone else rather than respecting our words? It seems to be very crazy and all the answers are just a silence where we cannot explain why those things happened as well we cannot question them where you are at the times I needed?! Many of the possibilities end with emotional manipulation the people do us by taking advantage of the conditions we have and many of the opportunities we missed are just because of the emotions we accepted to take away that enthusiasm or passion to do the things and

keep those so called love and care in the very first place even in the place of God and always wishes that our blunders are going to be magical moments which turn our lives into worthful moments. As we are humans whenever we have to face any consequences raised by our mistakes we are already to blame the persons or situations around us as a reason for those failures and our hearts won't realise the truth that our own uncontrolled emotions are the reason for our present sorrows... We try to figure out things that s a good sign but we try to figure out all the things in one shot at a time and wants to free from all odds and negatives just in seconds but it can be done by a genie or God with love on you so try to be your own genie love yourself accept your mistakes don't try to learn everything from everything you did. Have a pause relax and start nurturing your body, mind and soul. Self conscious and self respect are the two factors which keep you in confidence if you give atleast a least priority to them in your lives journey.

How Long will you be sad

Sadness is a season where it come and changes our emotions and play a deadly game with our feelings. Many of us are very blind to see the clear picture of sorrow in a manner how it is. Sadness starts with the human mind which does not allow him to hear 'No' from anyone and also insist us to feel pride about all the little things we do and make us blind to consider even bigger things others do to us. Why our thought process is shaped in such manner inspite our own culture teaches us to respect everyone and accept the way they are. Most of the times we really don't want to admire the beauty we have in our lives because we are much more busy in finding the things which are not meant for us. People feel sad and be in misery for all the negativities they have in their life and all the positivities others have in their lives. These conditions can be considered as root causes for the season of sadness. Expecting more from the people around us and not even we question ourself that are we doing same effort to fulfill their expectations? Realise the importance of gratitude in your life in order to maintain harmony in our sadness. We should be aware about the emotions which are not in our control and how to take charge about the feelings which can be controlled. Having mood swings and seasonal changes leave a drastic change in environment as well as human body then just think how these seasons of happy, sad, anger, brutal and all sources of emotional manipulations leave their worst and best foot prints in our lives? Have you ever questioned yourself about the stuff you carry on your head? Have you ever identified the heart melting pain in the story of sad people? Emotions are common feeling low and sad is very very common but what not normal here is the way we respond to this sadness season. Many great people have number of ups and downs in their life but they still fought for their dreams and make the whole scenario different. They set an example for the generations who can't tolerate little disturbances in their lives and who cannot open up for their dreams in front of anyone. The attitude we carry and the response we give to life is the major thing that decides whether this sad season will ruin your life or else it give you a smooth experience in order to gain your life back.

Is things are really transparent as your emotions

Transperancy has the biggest role to play with our emotions which are moderate with the persons we like hard with the persons we hate and blind with the persons we love. Yes the concept of transperancy in one's opinions and desires are the main contents everyone want to be in a manner just like how they feel...but we have to know about the things of manipulation and choices one choose to make his/herself comfortable in all possible ways and means. Let's talk about why transperancy is important you see relationships are very beautiful and dangerous in their context they are very complicated to resolve and easy to made but difficult to deal and trust me they are unforgettable in life. We struggle alot to meet the one we love we try to talk as sweet as we can and be supportive in all their odds and try our best to assure them they are the only one who existed like oxygen for our senses and you are not ready enough to see them in any sort of pain or sorrow. But inspite of giving all the love beyond our capabilities people turn out into what we are unaware and in a manner we hate ...can you think why it happens? Let me give you an explanation which may convince your heart. Darlings we are humans and our ultimate goal or desire is to be happy in the way how we want but not in the way how the things really done. We feel very comfortable with lovely and soft thoughts about our beloved one's which are imaginatively true in our hearts. At the time when the truth hits hard your imaginary world

your mind will accept it as it warned in your every moment but not your heart which made you blind in every thought of your emotional journey. We invest money in stocks and fill ok to handle with failures and success in those returns because your heart and mind know that there will be a risk in investing and dealing with market and you train yourself in such a way you can handle the failed attempts and also accept the things which are unexpected in your plan. But as we invest in relationship we don't even comfortable with the warned signs or thoughts about how it could be? What if it turns cold? Can I overcome? Should I need this? Is it be a suitable part of my plan!? And so on... But we don't even allow our mind and heart to even think about these questions and answering them is a mission impossible for us. Just because we love that person we allow him/her to rule us, guide us, protect us and love us in all their lovable ways but not ours. Ignoring the lost individuality and sense of sensitivity with self is the major loss one can have in their relationships and this is the basic root and rock foundation to loose transperancy. So my dear one's don't lost your self in others in such a deep where you end up with holy shit which cannot be altered, deleted or avoided. Remember my friend your yesterday will be your today your today will be your past and future fruit which can be designed by only you not by any other. So make those day the right choice which your past can be recollect with peace and future can be live with hope. It's not transperancy it's you reasonable for what you have in relations.

The dark side of Emotions

God has given emotional intelligence to humans in a high range of manner when compared to another creatures in this entire world. Emotions are those ingredients and flavours by whom the taste of the dish can change either into best or into worst. One of the common mistake we do in our emotional journey is to play with those emotions rather than preserving them. One can give utmost interest and attention towards ones emotional feelings but can easily judge and conclude things in others pain and perspectives. Joyous are those who are innocent with their emotions they are genuine and if they become insane with heavy heart breaks they rediscover themselves into transformed souls that resist in any odds of life. This tramission is based on how we nurture our things during those tough times as many people fail to feed their emotional balance with optimistic thoughts and misuse the opportunities they have to change their standards. Being confident and genuine to our own thought process is the key to remain emotionally balance. We can see a clear view of a picture when the water is still but on the continuous effort and practice of making our mind still we can have a clear view of picture in raising storm too.... Emotional intelligence comes with good perception level as well emotional balance comes with good control on heart. Mind and heart of a person should work coordinatively and make sure no one can cross or break the good bound we have with our body and mind this process is nothing but protection towards Self Respect.

**** WHETHER YOU ARE A MEN OR WOMEN YOU ARE THE REASON FOR THE STATE YOU ARE IN****

Let's educate our minds, empower our hearts and love the journey of life we are living. Hurting self or hurting others may not give you any satisfaction or result that show good impact. Before openup your eyes try to open up your mind and create the best bond between you and self so that u can openup your heart to learn comfortable adjustment to go through the flow of family, flow of friends, flow of love, flow of society and the flow of nation.

@@@ JUDGEMENTS WON'T ADD JOY AND OPINIONS WON'T CHANGE LIFE @@@

It's we who can make a difference... afterall it's our life our own one life....