



# A STUDY ON EMOTIONAL DEVELOPMENT AMONG THE B.ED. STUDENTS

**P. Paramasivam**

**Research Scholar**

**Department of Education, DDE**

**Madurai Kamaraj University, Madurai-21**

**&**

**Dr. B. Padma**

**Associate Professor**

**Department of Education, DDE**

**Madurai Kamaraj University, Madurai-21**

## ABSTRACT

The present study reports about the Emotional development of the B.Ed. students. A sample of 400 students studying in colleges of education in Dindigul District served as the subjects of the study. This study reveals that the students those who are Hindus, those who are studying Arts subject and those who do not practice yoga having low level of emotional development as compared to their respective counterparts.

**Keywords:** Emotional development, Colleges of Education

## NEED FOR THE STUDY

Teachers can be the most powerful force in molding and teaching learners how to control anger, respect other people's feelings, resolve conflicts and motivate themselves and others. Schools need to attend to the 'whole learner' – and learning must embrace the learner's hearts as well as their minds. The present education system has come to realize and acknowledge their importance of 'soft skills' for the greater academic achievement. As a responsible and achievement oriented teacher, the researcher has chosen the title "A Study on Emotional Development among the B.Ed. Students" for the present study.

## TERMS AND DEFINITIONS

**Emotional Development** - refers to the ability to recognize, understand and manage emotions in ourselves and others.

**B.Ed. students** - refers to those who are studying B.Ed. degree course in Colleges of Education in Dindigul district affiliated to Tamil Nadu Teachers Education University, Chennai.

## VARIABLES OF THE STUDY

The variables involved in this study are as follows:

### Dependent Variables:

Emotional Development

### Independent Variables:

Gender, Religion, Community, Family type, Family size, College kind, College type, Native place, Residence, Subject, Family income, Practising yoga and Volunteer in N.C.C./N.S.S

## OBJECTIVES OF THE STUDY

1. To measure the level of Emotional development of the B.Ed. students.
2. To find out, whether there is a significant difference among B.Ed. students in terms of select population variables in their Emotional Development.

## HYPOTHESES OF THE STUDY

1. Emotional development among the B.Ed. students is above the average level.
2. Select independent variables exert a significant influence on Emotional development among the B.Ed. students.

## METHODOLOGY- IN -BRIEF

### Sample

A sample of 400 B.Ed. students studying in colleges of education in Dindigul District served as the subjects of the study.

### Tools used

- A) General Information Schedule
- B) Emotional Development Scale constructed by **S.Sathiyagirirajan (2010)**

### Statistical treatment

“t” test between the large independent samples.

## EMOTIONAL DEVELOPMENT AMONG B.ED. STUDENTS

The empirical average score of emotional development among B.Ed. students is found to be 25.85, while the theoretical average is 25. This shows that the emotional development among the B.Ed. students is above the average level. In other words, emotional development among B.Ed. students is found satisfactory.

**DIFFERENTIAL STUDIES IN EMOTIONAL DEVELOPMENT****Emotional Development and Independent Variables**

The statistical measures and the results of test of significance of difference between the mean scores of Emotional development among B.Ed. students in terms of Independent variables is presented in Table.

**TABLE : STATISTICAL MEASURES AND RESULTS OF TEST OF SIGNIFICANCE OF DIFFERENCE BETWEEN THE MEANS OF EMOTIONAL DEVELOPMENT : INDEPENDENT VARIABLES- WISE**

Variable	Sub-variables	N	M	SD	't' - value	Significance At 0.05 level
<b>Gender</b>	Male	147	26.231	9.628	0.600	Not significant
	Female	253	25.640	9.265		
<b>Religion</b>	Hindu	264	24.772	9.426	3.252	Significant
	Others	136	28.022	9.359		
<b>Community</b>	SC/ST	120	26.077	9.457	0.518	Not significant
	Others	280	25.588	9.331		
<b>Family type</b>	Nuclear	316	26.08	9.306	0.918	Not significant
	Joint	84	25.00	9.717		
<b>Family size</b>	Upto four	290	26.196	9.395	1.174	Not significant
	Five and above	110	24.963	9.370		
<b>College kind</b>	Unisex	93	25.766	9.435	0.302	Not significant
	Mixed	307	26.076	9.324		
<b>College type</b>	Govt. aided	83	26.121	9.578	1.127	Not significant
	Private	317	24.908	8.675		
<b>Native place</b>	Rural	298	25.966	9.339	0.391	Not significant
	Urban	102	25.539	9.586		
<b>Residence</b>	Hosteller	124	26.083	9.362	0.714	Not significant
	Day scholar	276	25.354	9.477		
<b>Subject</b>	Arts	200	24.360	9.570	3.059	Significant
	Science	200	27.355	9.208		
<b>Family income</b>	Adequate	308	26.087	9.536	0.930	Not significant
	Inadequate	92	25.087	8.901		
<b>Practicing yoga</b>	Yes	88	29.250	8.992	4.687	Significant
	No	312	24.028	9.509		
<b>Volunteer in N.C.C/N.S.S</b>	Yes	94	25.287	8.911	0.697	Not significant
	No	306	26.032	9.542		

## HYPOTHESES VERIFICATION

1. Emotional development among the B.Ed. students is above the average level -**Accepted**
2. Select independent variables exert a significant influence on Emotional development among the B.Ed. students.

Out of thirteen independent variables three variables took up in this study exerts significant influence on emotional development among B.Ed. students – **Hence Hypothesis is minimally accepted**

## CONCLUSIONS

1. B.Ed. students have above average level of emotional development.
2. The emotional development among the B.Ed. students is found higher among
  - Those who belongs to other religion than hindus
  - Those who are studying science subject than arts subject
  - Those who are practicing yoga than those who do not practice it
3. The emotional development among the B.Ed. students is found independent of their
  - Gender
  - Community
  - Family type
  - Family size
  - College kind
  - College type
  - Native place
  - Residence
  - Family income
  - Volunteer in N.C.C./N.S.S.

## EDUCATIONAL IMPLICATIONS

This study reveals that students those who are Hindu, those who are studying Arts subject and those who do not practice yoga having low level of emotional development as compared to their respective counterparts. Hence the government, NGOs, educational administrators and counselors may take necessary action to inculcate the emotional development among the B.Ed. students. To be precise, the need of the hour is ensuring conscious, concrete and purposeful attempts to be made on the part of the parents as well as teachers at all levels in the emotional development among the B.Ed. students at all trends in general and B.Ed. students in particular..

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