REVIEW ARTICLE ON QUALITY ASSURANCE IN NURSING PRACTICE

Mrs. Girijabhaskaran.
Professor, Department of Medical Surgical Nursing, Sree Balaji College Of Nursing, Chromepet Chennai - 44

INTRODUCTION:

“QUALITY REFLECTS TRUTHFULNESS”

The Unique function of the nurse is to assist the individual, sick or well in the performance of those activities contributing to the health or its recovery that he would perform unaided if he had the necessary strength, will or knowledge. — Virginia Henderson

Quality means the totality of features of service that bear on its ability to satisfy given needs. — Oxford Dictionary.

Assurance means giving promise to the individual, the nursing care which is provided by the nurses must be considered by both the consumer, and the care provider. Nurses play a vital role in delivering of health care services. Quality of nursing services based on the code of ethics, standards of nursing practice, norms of regulatory body, health care system, institution, organization.

Points to be considered for quality of nursing care:

- Nursing care must be provided by registered nurses
- Nurse is obliged to practice within the framework of ethical, professional, and legal boundaries.
- Nurses must updating their practices by attending seminar, workshop, conference etc.

- Nurses respects individual rights, maintain confidentiality.
- Share the information judiciously.
- Treat all individuals, families with human dignity in providing physical, psychological, emotional, social, spiritual aspects of care.
- Maintains legible, complete and accurate records of nursing activities and their outcomes.
- Maintain good interpersonal relationship with team members.
- Conduct systematic, comprehensive and accurate nursing assessment of individuals/groups.
Nursing care must have the following qualities:

1. Effective care must be planned.
2. Appropriate to the individual need
3. Purposive to the individual/group.
4. Full fill the need of the individual and family.
5. Efficiency is expected from the care provider.
6. Organising the resources available
7. Flexibility of the nursing procedure
8. Implementing the nursing care as per the plan.
9. Co-ordination of other nursing staff to promote health of the individual.

**CYCLE OF QUALITY NURSING CARE**

| Prevention of diseases | Promotion of health | Rehabilitation | Restoration of health |

**Communication:**
Communication is the process of sharing the purposes of nursing intervention to individual based on their understanding. Effective communication good results of nursing care.

Good communication helps the individual relieve from the their pain, better understanding of the disease, care, develop trust on the care provider, adjustable with the environment, adopt the situation, overcome the problem manage themselves.

Maintain therapeutic communication with the individual (patient) follow the principles of communication, methods, select appropriate channel, this will help the nurse to win the cooperation of the individual and family.

**Example:** Explain the Insulin administration to diabetic patient (RIGHT TIME, ROUTE, DOSE ETC.)

**Institutional policy:**
Institutional policy provides direction of health worker to implement the Nursing action at the institution level. Update the policy to nurses often. Policy is well understood by the care provider, available in all departments,

It enhance quality of Nursing care, as well as protect the worker from legal action.

Nurses must have sound mind, healthy body, kindful heart.

Nurse must possess with listening, observing quality.
Job description:
Nurses job involves responsibility of planning, organising, implementing high standards of care, co-ordination, co-operates and collaborates with the members of multidisciplinary team in formulation of policies and decision making. hospital administrator should be appointed, nurse-patient ratio must be followed with adequate facilities.

Assess the patient
Needs and problem

Set the goal

replan

Plann nursing
action

implementing
nursing

based on scientific principles

evaluation of

Counselling:
Counsel the staff proper guidance, directions to achieving the institutional policy, brief the policy to improve the quality of nursing care, supervisor provide the facilities to give quality nursing care. make the nurses to maximum utilization of resources available.
Supervisor frequently evaluate the nursing practice, by observation, asking question, conducting inservice education these things will improve the quality of nursing care.

Maintaining records:
Records are legal documents, keep the documents under safe custody. records should be accurate, complete, and contain relevant facts. while writing avoid error in spellings, abbreviations, it should be signed personnel who is recording the significant observation and nursing action.

Conclusion:
If the nurse follow all the points while caring the individual(patient).the quality of nursing care will be appreciated by family, group, health team members, it gives job satisfaction to the individual staff.