Education and Motivation How to Make Students Interested

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Abstract:
With a renowned statement of “Nature and Nurture”, every child should get the proper nourishing of knowledge and also to impart their natural ability towards the world. The core of the education lies in motivating in an atmosphere which conducive for every child to learn. To make it more versatile and to move towards the wisdom lay the greatness of the education. The real transformation is triggered at the school environment and made blissfully through the magical hands of the teachers. The curiosity and the control are the factors which carry forward to the flow state where the child has a promising FUN – FILLED learning. Only by having a well-defined objective of one’s life, one shall know the way to pursue and carry out their abilities. Finally the outcome of every child in to this world should be progressive, with self-reliant, facing all odds of life, less complaining and holistic.

Key words: Motivation, Education, self-control, self-reflection

INTRODUCTION:

“Education is not filling the mind with a lot of facts. Perfecting the instrument and getting complete mastery of my own mind is the ideal education” Swami Vivekananda.

In the modern era of technology where education plays a vital role not only in shaping the students but also to become a better citizen who would be helping their mother land. Without education along with the skill development it is highly impossible for an individual to survive in this world. Hence providing education is the paramount duty of not only the parents but also the country to make their citizen useful. With my experience as a teacher for more than 30 years, I have observed
that students who are stepping into the school for the first time, they are completely lost and no motivation at all. But once they acquainted with the teacher and school environment, students are getting motivated to come to school for learning and some of the children would also emulate teachers at home. Education and motivation should go hand in hand. Unless the children are encouraged for achieving something whether in class test, competition or anything in the school, they neither will get motivated nor develop interest to learn. School has to extend an atmosphere/ environment conducive to motivate students to learn in the school. In this paper, we would like to discuss how to motivate children to learn education in a better manner.

**EDUCATION:**

The real education is a journey from converting the Human Being into Being Human. Unless the education makes you a good human being it is of no use. Education is not only what we learn in school but everything we learn in life is also education. The critical aspect of school is its emphasis on student to make him employable. Education on the other hand is beyond the confines of school because in school only introduction of ethics and moral education and the taught them to dream big to become something extraordinary in the society. Real education makes the person wise and enables him/her to take wise decisions for the society in general and humanity in particular. In short Real education is thus, the pursuit of wisdom. Education supplements what families will train their kids reception required to perform within the superior digital system world. Education in its stylish type involving the instructions of Pupils internal socially created school premises grade by grade began to emerge with the spread of written fabric.

**MOTIVATION:**

The success of students in all stages of their education is mainly depends on the both intrinsic and extrinsic motivation and ultimately it is the teachers who can play a vital role in providing and encouraging to their students. Though it is easy to say than do, it is not essential that all students will get motivation towards learning as expected by teacher. Teachers have to work hard and push all the children to get enthused about learning. Teachers need to impart the students to believe in themselves and follow different methodology to realize their true potential and encourage them beyond school in their outside life. Perfect motivation can be generated among the students from well-intentioned and enthusiastic teacher rather than by the use of best materials, books and resources. Teachers have to allow the students to investigate about his/her general surroundings, raise questions and establish connections. Transforming every day as a learning day would definitely help to build an inward inspiration to learn wherever they may be. Motivation is the most important quality that the teacher should embrace; both intrinsic and extrinsic helps students to get success in their life at any age to realize full potential.

**INTRINSIC AND EXTRINSIC MOTIVATION:**

Intrinsic motivation is nothing but completing the task on your own and get the reward for it. Whereas, extrinsic motivation is exhibiting behaviour because of influence of outside causes such as how avoid punishment or how to receive a reward by completing the task on hand. Even though extrinsic Motivation helps a person to achieve success in
their respective field of work, it just a need based drive to achieve so that’s not long lasting. Only if the child is driven by the curiosity and with innate interest the joy of doing things is attained irrespective of the results. In a nutshell, extrinsic motivation is goal oriented whereas intrinsic motivation is in the process of doing things and not towards the results. Curiosity and control are the two factors which are very important to get into intrinsic motivation. Curiosity pushes an individual to explore and learn for the soul pleasure of learning and mastering subject in mind. Control denotes how the mind is challenged by working on the project continually towards reaching the meaningful goals.

FLOW STATE:

The person with the intrinsic motivation is in the state of FLOW where a person becomes full immersed in an activity. Positive Psychologist Mihaly Csikszentmihalyi describes flow as a state of complete immersion in an activity. Being immersed can be defined as a state of focus in which a person is completely absorbed and engrossed in his/her work. Flow state is losing yourself in the moment; when you find your abilities are well matched to activity, the world around you quietens and you may find yourself achieving things you only dreamt to be possible. With keen creativity, uniqueness in thoughts, progressing in productivity increased focus resulting in good performance.

PASSION, SELF IMPROVEMENT AND STABILITY:

The underlying word “Passion” is what motivated every successful people today during their early times of struggle. Passion is something that occurs naturally, help to achieve goals and it is the most important factor that brings intrinsic motivation in people. People who keep challenging themselves and to improve are intrinsically motivated. Even though success is not that is attained but it is a process of shaping, carving ourselves towards perfection. Every individual becomes intrinsically motivated there is a stable ground where balancing of life and working towards passion is present.

STRATEGIES FOR MOTIVATING STUDENTS:

We have discussed about twelve strategies which can be employed on students in order to motivate them towards learning. The Figure 1 depicts the strategies.
**Sense of Control:**

Teachers will have to make the children to understand that you are only responsible and accountable for your actions. Guided motivation to complete the task assigned by preference and take control over the things happening in the classroom, keep the children engaged are the vital role of the teachers. When the students have a sense of control over their actions, they feel motivated and complete the task assigned to them with sincerity and dedication. The teacher needs to show their authority and keep control of tasks in order to motivate high school students or other learners, but a lot of students can benefit from having control and choice within the classroom environment.

**Clear Objectives**

Teachers have to assign the project to the students by starting clear learning objectives and what was expected of them at the completion of the task on hand. If not students may get frustrated and do not find a way how to complete it. Clear cut information about the topic in discussion, what is expected of them which will leave no confusion to achieve the goals.

**Safe Environment:**

Teachers have to create an safe environment for the students that they are in the safe hands, where love, care and clear understanding is prevailing and with positive reinforcements, students needs to understand that there are effects (either good or bad) to their actions. Dos and Don’ts need to be communicated properly by the adults to younger ones.

**Change of Scenery:**

Teachers have to encourage the students to go beyond the class room either to play, visit the library or do some extra-curricular activities other-wise; it will be boring for students to sit at a desk day and day out the whole day. Human brains always think of novelty and a new atmosphere apart from the class room setting and school can help students to get motivated much more.
Variety of Experiences:

It is not always possible that all the students will respond to learning in the same. Some may understand quickly; some require reinforcements and some may be dull etc. In order to keep all the students motivated, teachers will have to mix up lessons with some play, drama enacting and singing etc. to get everyone motivated. It will help students to stay focused with determination besides paying attention.

Positive notion:

Teachers will have to promote positivity in the competition happening in the classroom which can easily motivate to try their level best and excel in their execution of work. Group work will always promote the spirit of competition and healthy opportunities offered to all to show off their knowledge and skills.

Offer rewards:

Excellent source of motivation among the students is to offer the rewards for successfully completing the work assigned to them. Rewarding them with merit certificate, participation certificate and star sticker in their note books etc. may clearly motivate the children and try to acquire chances offered to them to prove their mettle.

Instill responsibility:

Building a cooperative, collaborative community among the students, teachers have to assign class room job is a great sense of motivation which can allow students to take turns in leading the activities, assortment of jobs to the group members, helping each other thereby understanding the value and importance in learning.

Collaborative study:

In order to develop inter-personal relationship, the value of group project and to understand each other it is always allow the students to work together in collaboration and cooperation. Each member of the group get involved themselves in solving the problems, do experiments and social interaction can get them excited about things in the classroom and students motivate each other to reach the goal.

Encourage self-reflection:

Students have to be encouraged by the teachers to understand self by knowing their strengths and weaknesses. Students need help from the teacher what are ways in which they can reach their destination by setting an example. This will help them to critically analyse their strengths and weaknesses and create their own objectives and goals and the process involved in reaching the goal.
Model enthusiasm for learning:

Teachers will have to share their interest and enthusiasm about the subject which they are teaching and show their excitement towards learning more about is the best ways to get students motivated. It is as simple as that if you are excited about teaching, students will be more excited about learning. Teachers have to update themselves in the field of interest (subject) on the advanced development.

Make things fun:

Teachers have to be more-friendly towards their students and crack jokes according to the age of the students and make learning a funny one rather than rigidity. Fun can motivate the children more; pay attention and conduct the work which is allocated to them as per their wish. Adding fun activities into your school day can help students who struggle to stay engaged and make the classroom a friendly place for all students.

CONCLUSION:

Education is paramount importance for students to lead a life which would be fruitful to him/her in particular and the nation in general. Incorporation of both deductive and extension of conducive atmosphere for learning may result in holistic education. Motivation is another tool through which student get interested to learn new things, face challenges within the class during school hours by intrinsic and from outside through extrinsic. Immersion and focused attention towards completing the task in hand will result in yielding good harvest. The twelve strategies of motivation which are mentioned in the paper would help to students towards learning in the best possible manner. With Social, Psychological, Emotional, facing challenges with resilience every child will be Self-Reliant.