NATRIUM MURIATICUM AS CONSTITUTIONAL MEDICINE IN CASE OF PITYRIASIS ALBA IN PEDIATRIC AGE GROUP

Dr Priyanka Singh1 And Dr Jasmeet Patel2 And Dr Debjani Debnath3

1M.D. (PGR), Department of Materia Medica, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Sitapura, Jaipur, Rajasthan, India
2M.D. (PGR), Department of Materia Medica, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Sitapura, Jaipur, Rajasthan, India
3M.D. (PGR), Department of Pediatrics, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Sitapura, Jaipur, Rajasthan, India

ABSTRACT:

Pityriasis alba is a common fungal infection of the skin in tropical region. The characteristic lesions are small yellowish-brown macules. These slowly blend to form large disfiguring area. Concomitant hypopigmentation is usual. Most of us get confused in diagnosing pityriasis in an initial year of practice and thus we need to know the differentiating characteristics of condition. However, treatment can be possible of the homoeopathic medicine through proper repertorization and totality of symptom. A 14-year boy came to OPD with complaint of white rounded patch on right cheek and forehead from last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

KEYWORDS: Homoeopathy, pityriasis alba, white pigmentation, constitutional homoeopathic medicine, natrum muriaticum, synthesis repertory radar 10

INTRODUCTION:

Pityriasis alba a common skin disorder in children and young adults, most common between age 3 and 16 years. It is characterized by the presence of ill-defined scaly faintly erythematous patches [1]. They are most commonly located on face arms and upper trunk and are more noticeable in people with darker skin type. The term is derived from the words pityriasis (scaly) and alba (white) [2].

UNCOMMON VARIENTS OF PITYRIASIS ALBA:
1. Pigmenting pityriasis
2. Extensive pityriasis
Lesion may be progress through the following 3 clinical stages.
1. Papular (scaling) erythematous.
2. Papular (scaling) hypochromic.
PRESENT HISTORY: White patches present right cheek and forehead in the last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

PAST HISTORY:
Chicken pox at 10 year of the age.
Typhoid (2019)

FAMILY HISTORY:
Mother: migraine since last 6 year.

MENTAL GENERAL:
Consolation aggravation
Gets irritate over little things
No desire for company

PHYSICAL GENERALS:
Appetite: Normal appetite 2 meal / day
Thirst: Less (1 liter/day)
Desire: Salty things++
Stool: Dry stool*, constipation present in the last 4 months
Urine: Satisfactory
Sweat: Normal
Thermal: Hot++
Sleep: Normal 7-8 hours per day.

ANALYSIS OF CASE:

<table>
<thead>
<tr>
<th>Mental general</th>
<th>Physical general</th>
<th>Particular</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Consolation aggravation</td>
<td>• Desire-salty things</td>
<td>• Headache</td>
</tr>
<tr>
<td>• Gets irritate over little things</td>
<td>• Hot patient</td>
<td>o Aggravate: from heat of sun</td>
</tr>
<tr>
<td>• No desire for company</td>
<td>• Stool dry</td>
<td>o Ameliorate: Applying cold</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Constipation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Scaly skin</td>
</tr>
</tbody>
</table>

EVALUATION OF SYMPTOMS:

• Consolation aggravation
• Irritability
• No desire for company
• Desire-salty things
• Stool dry Headache
• Aggravate: from heat of sun
• Ameliorate: Applying cold
• Constipation

REPORTORIAL TOTALITY:

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Reportorial totality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mind</td>
<td>Consolation aggravation</td>
</tr>
<tr>
<td>Mind</td>
<td>Irritability</td>
</tr>
<tr>
<td>Desire</td>
<td>Salt things</td>
</tr>
<tr>
<td>Stool</td>
<td>Dry</td>
</tr>
<tr>
<td>Skin</td>
<td>Eruption scaly</td>
</tr>
<tr>
<td>Head</td>
<td>Pain during heat</td>
</tr>
<tr>
<td>Head</td>
<td>Pain ameliorates cold application</td>
</tr>
</tbody>
</table>

REPORTORIAL ANALYSIS:

1. Natrium muriciatum 19/7
2. Phosphorus 14/5
3. Silicea terra 14/5
4. Calcarea carb 13/4
5. Arsenicum album 12/6

REPORTORIAL SHEET:
**PRESCRIPTION:** 15/1/2020 Natrium muriaticum 200 for 15 days is selected on the basis of symptoms similarity, constitution and susceptibility of patients.

Follow up

<table>
<thead>
<tr>
<th>Date</th>
<th>Symptoms</th>
<th>Picture</th>
<th>Prescribed Medicine</th>
</tr>
</thead>
</table>
| 30/1/2020  | Skin discoloration slightly reduced  
Headache much better  
Stool normal | ![picture](image1.png) | Rubrum 30 TDS for 15 days. |

| 13/2/2020 | Much better in skin discoloration  
Headache completely relief  
Stool normal | ![picture](image2.png) | Rubrum 30 TDS for 15 days |

| 27/2/2020  | Completely disappearance of skin discoloration  
Relief in all complaints. | ![picture](image3.png) | Rubrum 30 TDS for 15 days |

**CONCLUSION:**
Homoeopathy treats the patients from within a holistic way, without the application of any external application like the ointment. These ailments can only be cured permanently by homoeopathy. Homoeopathy works well in the case of (Pityriasis Alba) and one can expect a complete recovery, only after a complete case study is done of the individual concerned. Whereas homoeopathy offers a very safe and efficient treatment for Pityriasis Alba.

**REFERENCE:**
3. Radar 10. (homoeopathic software)