The Educative Value of Swami Vivekananda’s Utterance -“Arise, awake, and stop not till the goal is reached.”

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Abstract: This paper mainly deals with Swami Vivekananda’s one of the most important and universal utterance- “Arise, awake, and stop not till the goal is reached.” delivered in Kumbakonam, Tamilnadu in a lecture about ‘The Mission of Vedanta’ to the Indians to get out them from their hypnotized mind in the year Feb, 1897. This paper has tried to found the educative value of this utterance by analyzing the intrinsic, eternal and universal meaning of this utterance, relation and relevancy of this utterance in the field of education and day to day life. For fulfilling this purpose, data has been collected from some primary and secondary sources. In the context of 19th century Swamiji gave this message to the Indians. But nowadays in contemporary India it is still extremely important in the context of the nature of the human beings and social system. Further it is closely related to the aims and goals of education and human life, and what are the ways to get rid from this hypnotization according to Swamiji, have been discussed briefly in this study.

Keywords: Arise, Awake, Educative Value, Goal, Utterance.

INTRODUCTION

Swami Vivekananda is a worldwide popular Philosopher, Teacher, Guide, Hindu Saint and Monk. In the year February 1897 Swamiji delivered a lecture about ‘The Mission of the Vedanta’ in Kumbakonam, Tamilnadu. At the time of presenting lecture he gave a message to the Indians to get out from their hypnotized mind, -“Arise, awake, and stop not till the goal is reached.” inspiring by the sloka of ‘Katha Upanisad’,

উত্তিষ্ঠত জাগ্রত প্রাপ্য বরামিবোধত।

which is the statement of Lord Krishna to Arjuna. Again Swamiji gave a message at the time of lecture about ‘The Real Nature of Man’, delivered in London. In this lecture Swamiji interchanged the place of two words, ‘arise’, and ‘awake’. The message was,-“… awake, arise, and stop not till the goal is reached.” The main theme of these three slokas is same, which Swamiji wanted to say to inspire human beings.

On that time in contemporary India, in 19th century, every Indians was preoccupied or intoxicated by slavery, envy, cowardice, superstitions, namely the weakness of their soul. That time was mainly the domination period of Brahmins. Accept Brahmins every person of other castes was neglected at the field of Education. Understanding this situation Swamiji gave that message and tried to inspire every man, woman and children to relief the human beings from this precise condition or situation of India. Again the belief of Swamiji was every person has infinite power or ability and just has to reveal it. Then all human beings will proceed to progress and achieve the goal.
RATIONAL OF THE STUDY

To conduct this study, some review of related literatures have been studied, these are as follows;

**Behera, K. K. (2018)** showed that for living our daily life the ideas of Swamiji, ‘Man Making Education’ and the role of teacher for ‘Man Making Education’ both are very much relevant at present scenario. Because, this ‘Man Making Education’ is too necessary to solve the present raised problems of human beings as well as present social system. So his eternal words, “Awake, arise, and stop not till the goal is reached.” is still so one of the most relevant utterances to our youth generations as well as society and nations.

**Deshmukh, N. and Mishra, M. (2014)** interpreted that Swamiji found the key resolution to transform the society from a society, full of slavery, immortality, superstitions to a society full of morality, spirituality, dignity etc. which is possible only through education. As well as he wanted to build a worldwide peace and harmony by building a strong nation. But in present scenario, in 21st century, it is still being prevailing a crying situation. So in the eternal call of Swamiji, “Arise, awake, and stop not till the goal is reached.” has a serious thought on his educational view.

**Gupta, S. (2017)** found that as per Swamiji’s view the evolution of consciousness of mind turns into ‘God consciousness, or Super consciousness’. He also believed that it makes people from man to superman, who can able to overcome all the obstacles and reach to the highest goal.

**Mallick, Md. F. and Bhattacharyya, D. (2015)** showed in their study that Swamiji wanted to build up a society which will have no any kind of superstitions and wanted to give the equal opportunity to all the individuals of India in education. He enriched all human beings to create modern India and as a result present Indian has got ‘Universalization of Education’. He has also proposed a new education system through his philosophy for achieving the real and eternal goals of education as well as human beings.

**Roy, M. (2015)** revealed that according to Swamiji the most important objective of education is to make people conscious about their own inherent spirit of their soul. When this inherent spirit will be aroused then the sense of dignity of human being must be developed.

**Roy, P. and Ghose, P. (2015)** showed that Swamiji stressed on the masses’ education, for the cultivators, labour classes and for the abandoned persons regardless of the children, women and men. He also stimulated the youth of India to perform the duties about masses’ upliftment by saying a eternal wish of him, “Man-making is my mission.”

**Sakta, M. and Singh, O. (2015)** summed up their study in Swamiji’s own words, “We want that education by which character is formed, strength of mind is increased, intellect is expanded and by which one stands on one’s own feet.” This is the main view of Swami Vivekananda on education.

**Sarkar, K. (2015)** interpreted that according to Swamiji education play a role to build the constructive, practical and comprehensive character. By which society has to be reformed, universal brotherhood has to be developed and human contrasts, conflicts have to be reconcilised. He wanted the remedies and upliftment of today’s social welfare, spiritual welfare as well as humanity. So we have to cordially think and accept his ideas and also ideals of education.

**Sivakumar, M. V. (2016)** showed that Swamiji proved the way through which spiritual awakening and cultural resurgence make the India strong. Not only in the context of academic performance, in each and every purpose of life we have to “reorient ourselves”, “strengthening ourselves on the basis of spirituality”, that is ‘life blood of the nation.’ Where one of the main and major threats is salvation and the others are materialism, westernization, individuality etc.

After going through these aforesaid review of related literatures, it can be said that every researcher mentioned repeatedly about ‘man-making education’, ‘character building education’, ‘mass education’, ‘concept of supermen’, ‘reorientation ourselves’, nation building education’ etc. In this context they only referred the universal message of Swamiji. “**Arise, awake, and stop not till the goal is reached.**” But they did not explain the real, intrinsic and universal meaning of this utterance, means what exactly Swamiji wanted to make us understand by this utterance. Even they did not criticize, how much this message or utterance is relevant to the educational field and to our day to day life. Although this message or statement is repeatedly mentioned by those researchers for discussion, but the significance of this statement is not explained by them, so the study about the educative value of Swami Vivekananda’s utterance, “**Arise, awake, and stop not till the goal is reached.**” has been selected by the researcher to understand the universal and eternal meaning of this message and to study the relevancy of this statement in the field of education and our day to day life.
STATEMENT OF THE PROBLEM

The present study has been stated as – The Educative Value of Swami Vivekananda’s Utterance - “Arise, awake, and stop not till the goal is reached.”

OBJECTIVES OF THE STUDY

1. To understand the real, intrinsic, eternal and universal meaning of this utterance, which Swamiji wanted to make us understand.
2. To study the relation and relevancy of this utterance in the field of education and day-to-day life.
3. To suggest, as per Swamiji’s view, how to get rid from this present situation of human beings as well as society.

RESEARCH QUESTIONS

1. What is the real, intrinsic, eternal and universal meaning of this utterance, which Swamiji wanted to make us understand?
2. How is this utterance related and relevant in the field of education and day to day life?
3. How to get rid from this present situation of human beings as well as society, as per Swamiji’s view?

RESEARCH DESIGN

For this study, qualitative method was adopted by the researcher, mainly historical in nature.

PROCEDURE OF DATA COLLECTION

To fulfill those objectives of this study, the data has been collected from different sources. These are:-

Primary Sources:
- Some letters written by Swamiji to different respected persons.
- Some lectures, in printed form, delivered by Swamiji all around the world.

Secondary Sources:
- Different types of books, reviews, journals, articles, news papers, monographs etc. and those were also consulted with some respected expert persons during the study period.

RESULTS AND DISCUSSION

Objective 1:

The meaning of the utterance “Arise, awake, and stop not till the goal is reached.” which swamiji makes us understand:

In February, 1897 Swamiji delivered a lecture, named ‘The Mission of the Vedanta’ in Kumbakonam, Tamilnadu. In this lecture he gave a message to the audience, -“Arise, awake, and stop not till the goal is reached.” In fact this message was a universal one, meant not only for that small audience of Madras, for the whole humanity. Through this message Swamiji wanted that men and women would come out of their narrow hypnotized self selfishness. At that time almost every Indian was intoxicated with cowardice, envy, slavery and superstitions; in a word they were preoccupied by the weakness of their soul or everything else born of a weak mind. That was the last phase of the domination of Brahmins and Swamiji lashes out at them in the strongest term. Because, as born clever, Brahmins didn’t give any opportunity to take education for the downtrodden masses. So Swamiji raised a call to every child, woman and man with their infinite soul, infinite possibilities and infinite capacity to proclaim to each and every soul to arise, awake from the hypnotism of weakness, which is developed from superstitions, slavery, envy, cowardice which is passed down from one generation to another. That’s why he stressed on proclaiming to believe the god within us and not to deny Him. Then too much of weakness, hypnotism, inactivity must be reduced and as a result the power, glory, goodness, purity, everything which is excellent will come through teaching ourselves, teaching “everyone his real nature” and calling upon the sleeping soul. Thus a person must go to the highest goal.

Again in some parts of his speech, delivered at Lahore on 12th November in 1897, captioned, ‘The Vedanta’.
He tried to inspire all human being by making them understand, what the meanings of the words “Arise” and “awake” are. Swamiji used some phrases to make us understand the meaning. These are; “wonderful love” means awakening from hard-heartedness and selfishness, “renunciation” means awakening from sloth and enjoyment, “perfectly sincere” means awakening from deep-rooted insincerity, awakening from “grim death” means the slackness, awakening from the habit of “vain talking” and awakening from quarreling over “little details” and “fights over little doctrines”. All this warnings of Swamiji, thundered merely 125 years back, failed to awaken the deep-sleep of the then leader and intellectual so much so that their dependents- the intellectual teachers of today suffer from these maladies. So these burning messages of Swamiji are not only relevant that demands serious study and assimilation for people of all cross-sections of society, especially selfish intellectual with which our colleges and universities are full- a fact underscore by one of the president of Ramakrishna Mission, Late Swami Ranganathanandaji, in his speech on the occasion of the Golden Jubilee Celebration of one of the premier colleges of Calcutta University, Ramakrishna Mission Vidyamandira in 1992.

Next question, what is the goal? According to Swamiji, our soul is potentially divine and the manifestation of this divinity is goal. This manifestation may be done through either one or more or all of the work, worship, psychic control and philosophy, and he said to be free.

Then, what does it mean to reach to the goal? That is renunciation of every individual with god or divinity. According to Swamiji it is the actual nature of every man, divinity. By reunion with god who has seen One or Him (god), has been blessed and has reached to the goal.

On the other hand Swamiji told the knowledge as goal. Then how will an individual find knowledge? In reply he said that the knowledge is inherent in every individual. There is no way for knowledge to come from outside. What every individual learns is actually what he discovers by unfoldment of his own soul, “a mine of infinite knowledge” as per Swamiji. So it can be said that “goal” means to become aware about the infinite power of our soul and to realize the universal or eternal truth of our life. This is the goal, to be decided by every individual, and to reach the goal we have to overcome that conventional hypnotism of weakness, too much of inactivity, too much of scare. The main reason for creating this situation is that trapped by slavery, envy, cowardice and superstitions, which are already mentioned above.

Slavery means to spend or execute life under others, means by following the thought of others which drives him/her like a machine. According to Swamiji this type of life, a machine, is not a proper or real life. Because, there will be no difference between like and machine. The men become machine which is controlled by other’s thoughts and beliefs. So the individuals or beings will have no value. That is slavery. But Swamiji wanted not to make a slave yourself of others. As per Swamiji’s will, the life of individual will be independent, men will get his own freedom to do something different. Actually for the bondage of this slavery or superstitions individuals lose their own being or entity. They forget or cannot understand that there is infinite power of soul and bravery in him/her. They deliberately keep their possibility or power suppressed. As a result they lose their manliness. They become coward and they will transmit this to the next generation. This cowardice consumes the individuals. Swamiji said about this as the greatest sin of life. This is mainly the hypnotism of weakness of the soul. For this hypnotism a common man remains as an inanimate being. Then man becomes inactive for that obstacle or situation. In Swamiji’s word it is “too much of inactivity”. By taking this opportunity of inactivity some opportunist people misuse it. They make a negative belief. Then the common people fall into this trap and become hypnotized.

Conventional social system is the main factor for those aforesaid situations. This type of social system is become stagnant and lame or crippled. From that situation Swamiji wanted to remove the human being and wanted to terminate that lameness. The infinite possibilities of every child are being suppressed by those mentioned situations. Again he gave massage to be aware about those situations and about self. This will be overcome by giving education to them. By education they will get the power to dehypnotize themselves and that education will be the real or proper education to unfold the latent infinite power of the soul.

This is to say, which is important to reach a pre-determined goal of every individual? About this Swamiji said to “Arise” and “awake”. Every individual has to rouse their sleeping soul where- “None is really weak; the soul is infinite, omnipotent, and omniscient.” Again he said to stand up us in front of those weaknesses, to assert ourselves, call upon the sleeping soul, means in a word, to dehypnotize ourselves. Then self-conscious activity must be aroused automatically.

We know that life and education is inter-related with each other. At first we will know, what is life? At the time of giving definition, about life, to the Raja of Khetri, Swamiji said- “Life is the unfoldment and development of a being under circumstances tending to press it down.” On the other hand Swamiji explained clearly in the definition of education that the inner possibility which is already in man has to be unfolded or manifested. Namely education and life are complementary and fulfilling. John Dewey also said, “Education is life itself.” This life has a specific goal and that goal must be reached. So there is need a proper education. Again an individual don’t know when he will reach to this goal. Swamiji’s saying is not to stop and go ahead until the
goal is reached. Moving on to life means moving forward in education. Because in every moment of life every person is being learnt something, may be good or bad. That means we have to go ahead, do not stop, then all human beings are bound to reach the goal. In a word the goal means the “perfection”, will be revealed.

Swamiji wrote a letter to the Editor of the magazine ‘Bharati’ on 24th April, 1897. In this letter he clearly explained about education of contemporary India and explained the process of dehypnotize ourselves. In this letter he told an incident about an Irish man which will make us clear about the concept of education. Irish man, name Pat, in his own country he was kept in hatred and was said that he had no hope, he was a born slave and he would be a slave all time. While listening these words from birth, a belief was developed into him that by him nothing will be done. He was become hypnotized himself and his Brahma was compressed into him. But when he came to America, from the time of reaching there, a sound was coming from all around of him that he was a also man like American, the men like him or them can do everything, and this sound encourage him to brave himself. Then Pat understood the real Brahma, he stood up and his inner Brahma was aroused. But after mention this incident, in this letter, Swamiji also told about our education by which our Brahma is being compressed into us. So to become free from this situation, according to him, two things are very important. Firstly, Theology and secondly, the education by which our Brahma will be always awakening into us. Then the person will able to overcome all those obstacles, then he must be defeat the hypnotism of weakness, must able to wake up the hypnotized soul and must achieve the goal.

Again Swamiji especially emphasized on Woman’s Education. Because to a child, mother is the first “friend, philosopher and guide”, namely a teacher. So at the time of the begening of education only mother is able to unfold the possibility of a child. If women get education properly then they transfer that education to the next generation. Then the child must manifest him/her perfections by mother’s education and obviously by arousing their own willpower they must overcome the weakness and become strong. That is the meaning of real life. In the lecture about ‘Work and Its Secret’, delivered at Los Angeles, California, January 4, 1900, Swamiji said, “This is the great fact: Strength is life, weakness is death.” The children must be introduced to this strength, and then they can able to arouse their own willpower and will go ahead to the goal. This power, for overcoming the weakness, is aroused in two ways. These two ways are also the true two meaning of life, described by Swamiji. These were mentioned as a diagram.

![Diagram]

This very power is infinite and it must prepare a person to achieve the goal. This is called “willpower”. If this willpower becomes weak then the living life goes forward to death, means a person hypnotized by weakness. This inanimate life has no value for daily living life and people become unable to achieve the goal. So Swamiji raised a voice to all human being, “Arise, awake, and stop not till the goal is reached.”

Hence, through the message “Arise, awake, and stop not till the goal is reached.” Swamiji makes us understand that “Arise” and “awake” do not mean arise from the bed or do not wake up from sleep. Actually “Arise” means be aware of own hypnotism of weakness, too much of inactivity and scare. In a word, he told to be aware about own hypnotized condition. On the other hand “awake” means he wanted to say to wake up our sleeping soul, in which there is endless and infinite possibility. According to him, “None is really weak; the soul is infinite, omnipotent, and omniscient.” So we have to dehypnotize ourselves. This dehypnotization will be occurred through the willpower of beings. Then the Power, glory, goodness, purity, and everything which are excellent will come, when the sleeping soul is aroused and self-conscious activity will be active. This infinite willpower of the soul has to be use continuously by human being until the goal is reached. The goal which is determined by them, according to Swamiji the “goal” means not a destination or a target. It means human being have to become aware about their infinite and intrinsic willpower of hypnotized soul and realize the extreme and universal truth of our life. In fine, it can be said that by this thundering message Swamiji wanted to say as an admonition to be aware about ourselves and by arousing self willpower dehypnotize ourselves and continue moving forward, and stop not till the self determined goal of individuals is reached.
Objective 2:

- ‘Education’ as defined by Swamiji

To define Education Swamiji has given many definitions. From those definitions only two definitions has been taken for this study which are closely related to this utterance. These are as follows.

Firstly, in a letter, written to Kidi on March 3, 1894, from Chicago, named ‘WHAT WE BELIEVE IN’, Swamiji wrote that “Education is the manifestation of the perfection already in man.” In this definition three words are important and needs special attention, viz.

- “perfection”
- “manifestation” and
- “already”.

Swamiji himself gave the connotation of the word “perfection” in a lecture named ‘Realization’ delivered in London in 1986 as equivalent to “Shreya” in Sanskrit which means the highest excellence in human life. So this is associated with Education. Next, the status of this “perfection”- it is “already” there in every human heart, i.e. it has run to be acquired from anywhere nor to be got as a gift bestowed by any Achariya or spiritual giant. What then is to be done with this “perfection”- a million-dollar treasure enshrined in the heart? It requires only “manifestation” or uncovering. The word “manifestation” is distinct from ‘creation’ and ‘evolution’. In ‘creation’ something new appears before us- unseen or unheard of earlier. This cannot be “manifestation” as the word “already” contradicts it. Neither it is ‘evolution’ which involves some transformation or change of configuration. Manifestation means simply uncovering the veil as in a theatre. The backdrop screen was already there, only the veil kept it unseen. As soon as the veil is removed, the screen appears as it always was. This is “manifestation”.

Swamiji wanted to say that every person already has their intrinsic possibility or inner probability to do something different from others. But it is as inherent or latent which is “perfection” in Swamiji’s word. Again it can also be said that it is the hidden possibility and which must be disclosed. According to Swamiji that is “manifestation”, means not creation but the revelation or discovery of possibilities.

We may illustrate the process of education by two examples. First is, there is a possibility of a complete flower in a small bud. The bud exceeds all the obstacles and by blooming slowly it becomes a complete flower in due course of time. The perfection of a flower means spread out appearance, petals, sweet aroma all over the way and these (the beauty of flower) were already inherent in the bud, the process of slow transformation of the bud into flower is what is called “manifestation”. Alike a child is born with inner and infinite possibility. As the possibility of a bud is inborn, the possibility of a child also is inborn and just waiting for unfoldment. By unfolding or reveling the possibility the child is going to become a complete individual. In Swamiji’s opinion this unfoldment or revelation is Education. So it can be said that Education is the unfoldment or revelation of being or possibility of person which is already inborn in every person.

Again it can be explained by another example. If something is covered with any sheet or chuddar, then it is impossible to say that what the thing which is under the chuddar is and it is not possible to say until the chuddar is removed. When the chuddar will be removed, just then it is possible to say, what is thing under cover. Education is also like that. Then by Education we have to awaken that latent and inborn possibility. Swamiji also believed in this possibility which is infinite and instinctively exists in every one. So Education is the manifestation of that intrinsic possibility or by education intrinsic possibility is manifested. That is to say we have to unfold ourselves and after unfoldment the outcome of a being is called Education.

Secondly, in 1891, when Swamiji was in Mount Abu and living in abandoned cave, he met the Raja of Khetri, Prince Ajit Singh, through Raja's private secretary Munsi Jagmohanlal. On that time Raja asked, “Swamiji, what then is education?” Swamiji replied him, “I should say, education is the nervous association of certain ideas.”

This second definition can be explained in this way, that is when a doctor gives an injection or saline at the time of the treatment of a patient, and then the chemicals of the liquid of injection are mixed up with blood and make nerve able to protect any type of diseases. In other word it can be said that nerve is associated perfectly and protect the human body from those diseases. Through this example it can be said that in the case with Education in which “certain ideas” are injected as it were into the heart and they get associated with our very constitution. Then only is Education worthy of its name. So we must have to include Education in our nervous system. Then a person will become a genuine or true human being. Because education is not only the gathering of knowledge, Education must be integrated by human being with himself or herself.
Relation and relevancy of this utterance in the field of education and day-to-day life:

From those aforesaid two definitions, two main phrases are being got which are very important for discussing the relation and relevancy of this utterance in the field of education and day-to-day life for this study, and obviously these two phrases are closely related to this utterance of Swamiji. These two phrase are:-

- “manifestation of the perfection”
- “nervous association”

“Perfection” means the infinite and intrinsic possibility of a human being which has to be unfolded or revealed. By revelation the perfect quality, acquirement or completeness will come. For which ‘willpower’ is very essential of a human being. This willpower is developed by education which has to be implanted in nervous system. Then nervous association will be achieved and by this “nervous association” a human being must be able to manifest his/her intrinsic possibility will be become aware about hypnotism and will reached to the goal.

For example some historical characters were recalled here. First let us study the character of Chhatrapati Shibaji, a giant Maratha who was an Indian warrior king. He didn’t accept the slavery of the Mughal Emperor. Though his father, Sahaji was a ‘Jagirdar’ of the Mughals. The abject slavery of the then Indian knocked him and awakened his willpower to become an independent king. This willpower was built-in in his nervous system. Through this willpower Shibaji became the king of independent Maratha Empire. Secondly, Lakshmibai, the queen of Jhansi, was the queen of the princely state of Jhansi in north India still a district in Uttar Pradesh, India. After death of her husband, Maharaj Gangadhar, she was engaged in war with the British for a long time and was able to protect Jhansi from those greediest British. We have to remember that Lakshmibai was an woman, and as such her feat was the result of her tremendous willpower, which was innate in her. She succeeded because she became able to wake up her willpower by Self-education.

A little earlier Rani Rasmoni, was a woman of Bengal of such heroic fibred both the upper caste Hindus and the British rulers had to bow down before her education- offshoot of her devotion, integrity of character and for the poor and helpless.

Very recently, one Arunima Sinha, a girl from U.P, showed extreme courage and determination- first in opposing some hooligans in railway train, and then after losing a leg by accident, succeeding in scaling Mount Everest and four other peaks (vide in February 2019). She was a great admirer of Swami Vivekananda, especially his message: “Arise, awake, and stop not till the goal is reached.” and after successfully ascending the top of Mount Everest, she planted there both the National Flag and the picture of Swamiji. Another person, a crab seller of South 24 Parganas has succeeded in amassing a huge fortune by doing his business in China and U.S.A, though he had practically no formal education.

These examples should be eye openers for all to the potentiality and range of formal or secular education vis-à-vis the accumulation of character traits such as sincerity, determination, love of an idle etc. The main characteristics, among them, were:-

- Intense Patriotism,
- Willpower,
- Holiness/Purity,
- Self-confidence,
- Not to compromise with unjust etc.

That is they became able to adopt their own idea about willpower.

In the field of education, for getting proper education to be perfect human being willpower is essential for everyone. Through this willpower they will get or implant the education in their nervous system and able to manifest themselves. Means by manifesting their infinite and inner possibilities they can be perfect individuals. Then they can awaken the entire society and can make the society aware by their own awareness. Again they can awaken the willpower of others by their own willpower and they will become able to solve or overcome their problem of day-to-day life as alluded exemplary historical character. At last they will be able to achieve the goal. That is they will attain the real human entity or perfect human being.
Objective 3:

The way to get rid from the situation of “hypnotism of weakness” of human beings as well as society as per Swamiji’s view:

The whole problem according to Swamiji, is “hypnotism of weakness” from which awakening is necessary. We can now make a flowsheet diagram to show that all the maladies of Indian society as observed by Swamiji can be traced back to this one cause.

![Diagram showing HYPNOTISM OF WEAKNESS]

- Hard-heartedness and Selfishness
- Sloth and Enjoyment.
- Deep-rooted insincerity and Slackness.
- The habit of vain talking; quarreling over little details and fighting over little doctrines.

Then what is the remedy? How to get rid of this “hypnotism of weakness”? As per Swamiji’s view these are as follows.

- Repetition of the mantra: “AWAKE! ARISE! STRUGGLE ON! AND STOP NOT TILL THE GOAL IS REACHED.”
- Remembering always the soul-stirring-words: “None is really weak, the soul is infinite, omnipotent and omniscient.”
- Assertion of individuality which in other words, is manliness (Letter to Mary Hale, 27th August, 1901). Not the ordinary individuality associated with a physical body and emotional mind, but infinite universal individuality.
- Illustration of de-hypnotization in the case of Pat in Irish colony (vide to the editor of ‘The Bharati’ on 24th April, 1897) - the role of environment- an environment surcharged with positive ideas- in dehypnotizing and thereby enabling a person to manifest his/her perfection or divinity very quickly. So it is an important method of education.
- Completion of dehypnotization: “Power will come, glory will come, goodness will come, purity will come, and everything that is excellent will come when this sleeping soul is roused to self-conscious activity.”

The whole process is equivalent to “the manifestation of the perfection.” Simultaneously, if followed sincerely, it will lead to “nervous association of ideas” such as I am infinite, omnipotent and omniscient which will drive away the clouds of opposite and negative ones such as “I am helpless, weak, impure” etc. born of hypnotism.

DELIMITATION OF THE STUDY

Important thoughts of Swami Vivekananda, compelled to improve the divine potentiality of all human being, have a wide range. But just a little bit of thought or only one utterance of Swamiji, “Arise, awake, and stop not till the goal is reached.” has been taken for this study.

SUGGESTION FOR FURTHER STUDY

There are so many utterances of Swamiji, by which a wide philosophy about life, education are reflected in a concrete and beautiful way. So it would have been better if the research will be conducted widely on those utterances, then the wide philosophical thoughts of Swami Vivekananda will be possible to understand by every individual and it will be helpful to understand what Swamiji wanted to give the message through these utterances to the all human beings. Because every utterance has a wide educative value and is relevant to education and our day to day life.
CONCLUSION

Individuals are social organisms. Education is a social process. Therefore individuals, society and education are dependent on each other and these are completely fulfilling with each other. At the time of 19th century, as the education system belonged in society, now in 21st century the education system is much better and modern. It seems that people have only advanced in educational qualification. But there is no difference between that past and present in the context of the nature of soul of human beings. Yet the bondage or obstacle of slavery, envy, superstitions, cowardice is prevailing in beings as well as society. This cannot be overcome appropriately. From this situation every person has to be aware, has to wake up and manifest him/herself. Nervous association of a being has to be set up by education. Willpower has to be awakened. As these types of situation were possible to overcome by chhatrapati Shibaji, the Queen of Jhansi- Lakshmibai, Rani Rasmoni, Arunima Sinha and so on. They became able to awake their willpower in themselves by Self-education. The slavery, envy, cowardice, superstitions cannot take place in their soul.

In Swamiji’s word every individual have to be educated by firstly Theology and then Education of life. So they became able to awaken their sleeping soul and by dehypnotizing themselves they could able to keep the sin away from their life. Then they must get the success to wake up their inner voice of truth. According to him, who will be able to arouse the inner voice of truth they must achieve the highest goal and they will be shining in history as successful being.

So as a concluding remark, it can be said that Swamiji has done a great deal through his lecture, as a spiritual doctrines, tried to unfold the inherent power of the soul of human beings, to educate themselves with their self-education which helps the individuals to fulfill their divine potentiality and to achieve the highest goal of their life.

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