FAST DISSOLVING ORAL FILM

MISS.SWATI S.SHEWALE *, MR. RAJENDRA MOGAL*, V.T.Pathan*, A.G.JADHAV

Sandip Institute Of Pharmaceutical Science, Mahirwani, Trimbak Road, Nashik-422213 , Maharashtra (India)

ABSTRACT: This survey speaks to significance of mouth dissolving films when contrasted with other oral measurement structures. Quick dissolving oral medication conveyance framework are strong measurements structure which break down or disintegrate inside seconds when put in the mouth without need of water or biting. First grew quick dissolving measurements structure in definition and the fast crumbling properties were gotten through a unique method or detailing change, subsequently mouth dissolving film is end up being better option in such cases. This quick dissolving drug conveyance frame is appropriate for the medications which go through high first pass digestion and is utilized for improving bioavailability. Mouth dissolving film comprises of slender oral strip; which discharge dynamic fixings following take-up into oral depression. In present examination, an endeavor has been made to create oral quick dissolving film. Accessibility of bigger surface territory that prompts fast breaking down and disintegration in the oral depression.

Key-words: Fast dissolving buccal films, solvent evaporation method, bioavailability enhancement.

INTRODUCTION: The oral course remains the ideal course for the organization of restorative specialists on the grounds that the ease of treatment and simplicity of organization lead to elevated levels of patient consistence. Oral measurement structures are more famous than other dose structures in light of following reasons:

• Ease of organization
• Accurate measurements
• Self-prescription
• Pain shirking
• Patient consistence

Orally regulated medications are given to the patient in numerous measurement structures including strong dose structures, for example, containers, caplets, tablets and fluid dose structures, for example, arrangement, suspension and emulsion. The most famous oral strong measurement structures are tablets and containers. Tablets are broadly acknowledged as a result of the comfort as far as self-administration, smallness, and simplicity in assembling. Youngsters, geriatric patients and numerous different people including debilitated patient frequently experience difficulty in gulping tablet or cases, besides, dosing is an issue, as most meds are accessible in portions that are fundamentally excessively enormous for the pediatric populace and can only with significant effort be separated into littler dosages (for example entericoated tablets). Numerous patients think that its hard to swallow tablets and hard gelatin containers and don't accept their drugs as endorsed. Trouble in gulping or dysphagia supposedly affects almost 35% of everyone. Different gatherings, who may encounter issues in gulping strong dose structures, are the intellectually sick, to grow intellectually incapacitated, uncooperative patient and decreased fluid admission plans or sickness. Dysphasia's additionally connected with number of ailments including Stroke, Parkinson's malady, AIDS, head and neck radiation treatment and other neurological issues. Sometimes, for example, movement ailment, unexpected scene of hypersensitive assault or hacking and an inaccessibility of water, the gulping of tablet or containers may get troublesome. So as to help these patients,several quick dissolving drug convoyance frameworks have been created. To beat this issue, researchers have created imaginative medication conveyance frameworks known as "soften in mouth" or "mouth break down (MD)" tablets. Their developing significance was underlined as of late when European Pharmacopeia (European Pharmacopeia 2005) embraced the expression "Oro-dispersible tablets" as a tablets to be set in mouth where it vanishes quickly before gulping and which crumbles in under 3 moment. "Oral quick dissolving film is
moderately another dose structure in which meager film is readied utilizing hydrophilic polymers, which quickly disintegrates on tongue or buccal pit.” Oral Fast dissolving film (FDF) is otherwise called mouth dissolving films (MDF), oral strips, oro dispersible movies (ODF). On setting mouth dissolving films in the mouth, spit serves to quickly break down the measurements structure. The spit containing the disintegrated or scattered medicament is then gulped and the medication is invested in the ordinary manner. A few medications are ingested from the mouth, pharynx and throat as the spit goes down into the stomach and it might create fast beginning of activity. In such cases bioavailability of medication is fundamentally more noteworthy than those saw from customary tablets measurement structure.

METHOD OF PREPARATION:

1. Solvent casting method
2. Hot-melt extrusion method
3. Semi-solid casting method
4. Storage and packaging

1 solvent casting method: The oral quick dissolving films are set up by dissolving strip shaping specialists, plasticizer and spit invigorating specialist in the refined water, at that point arrangement is nonstop mixed on attractive stirrer and saved for 1 hour to eliminate all the air bubbles entangled. In the interim, in the different holder remaining water dissolvable excipients for example improving specialist, deteriorating operator, salivation invigorating specialist, flavor and medication are broken up with consistent mixing . When the mixing is over both the arrangements are blended along with blending for another 1 h on attractive stirrer. At that point keep the arrangement fixed for 1 hr to let the froths settle down. The subsequent detailing is casted on a reasonable stage and is dried to frame a film. The film is ideally air-dried or dried under broiler then the film is painstakingly taken out

2 Hot melt extrusion method: Medication and polymers are mixed into a sigma sharp edge blender for 10 min, and afterward plasticizer is gradually included. The blend is granulated in the nearness of an enemy of staying specialist. Granules are put away for the time being at room temperature and afterward sieved through a 250 μm sifter so as to eliminate the abundance of powder and normalize the molecule size. The dried granular material is taken care of into the extruder. The screw speed is set at 15 rpm so as to deal with the granules inside the barrel of the extruder for roughly 3–4 min. The handling temperatures are set at 800 C (zone 1), 1150 C (zone 2), 1000 C (zone 3) and 650 C (zone 4). The extrudate (T = 650 C) is then squeezed into a tube shaped schedule in request to get a film with a thickness of about 200 μm. Toward the finish of the arrangement measures, the movies are sliced by the size required for testing, independently fixed in hermetically sealed parcels and put away at 250C until use.

3 semisolid casting method: In semisolid projecting strategy, initially an answer of water dissolvable film shaping polymer is arranged. The subsequent arrangement is added to a arrangement of corrosive insoluble polymer (for example cellulose acetic acid derivation phthalate, cellulose acetic acid derivation butyrate), which was set up in ammonium or sodium hydroxide. At that point suitable measure of plasticizer is included so a gel mass is gotten. At last the gel mass is casted in to the movies or strips utilizing heat controlled drums. The thickness of the film is about 0.015–0.05 inches. The proportion of the corrosive insoluble polymer to film framing polymer ought to be 1:4.

4 Rolling method: In rolling technique, an answer or suspension containing drug is moved on a transporter. The dissolvable is for the most part water and blend of water what's more, liquor. The film is dried on the rollers and slice in to wanted shapes and sizes.

5 storage and packaging: The changing over and bundling stage too gives item adaptability to sedate producers. The moved film can be bite the dust cut into any shape or size or cut into smaller rolls as required for the application. For marking purposes and to meet industry guidelines, converters may decide to print data straightforwardly onto the film unit portions previously bundling. Rules that might be taken into thought incorporate the requirement for unit portion bundling, scanner tag naming, and the substance in directions for use, kid safe seals, and senior-accommodating bundling.

CLASSIFICATION OF MOUTH DISSOLVING STRIP

1) Melt-away wafer: Mucoadhesive film is applied to buccal and gingival mucosa and sticks to mucosal surface. Mucoadhesive films are categorized in two parts.

A) Mucoadhesive melt away strip: It sticks to the mucosa; totally dissolve within few minutes and continuously release the drug over time.
B) **Mucoadhesive sustained release film** - This type of film sticks to mucosa and remain there for several hours. Flash release wafers: Flash release wafers dissolve in maximum of 60 seconds and immediately release the drug in oral cavity. As per the site of application, the flash release wafers are categorized into two parts. (A) Orodispersible film (ODF) - The ODF is ultra thin strip, which is similar to postage stamp in shape and size. (B) Sublingual films - Formulation of these types of films is same as ODFs. These films are placed under a tongue rather than in oral cavity.

**THE CONCEPT OF ORAL DISSOLVING FILM**
Accessibility of bigger surface territory prompts brisk breaking down and disintegration in the oral hole inside seconds because of quick wetting by salivation.

- Oral dissolving film is adaptable so they are not as delicate and need no sort of unique bundle for assurance during transportation and capacity when contrasted with quick dissolving tablets.
- No need of water has prompted better sufficiency among the dysphasic patients and to better acknowledgment during going without conveying water.
- No dread of choking when contrasted with quick dissolving tablets.
- The enormous surface zone accessible in the movie measurements structure permits fast wetting by spit at that point rapidly crumbles and disintegrates and consumed straightforwardly and can enter the fundamental dissemination without going through first-pass hepatic digestion and on increment the bioavailability.
- The measurement structure can be devoured at wherever and whenever according to accommodation of the person. The main pass impact can be evaded, so a decrease in the portion which can prompt decrease in symptoms related with the particle.
- Patients experiencing dysphagia, rehashed emesis, hypertension, coronary episode, asthma, movement ailment, loss of motion and mental issues favor this measurement structure as they are not fit to swallow enormous amount of water.

**THE IDEAL CHARACTERISTICS OF DRUG**
- The medication ought to have low portion up to 40 mg.
- The drugs have littler and moderate sub-atomic loads are best
- The medication ought to have great solidness and dissolvability in water just as in salivation.
- It ought to be halfway unionized at the pH of oral cavity.
- It ought to be able to saturate oral mucosal tissue

**ADVANTAGES OF FAST DISSOLVING FILM**
1. Availability of larger surface area that leads to rapid disintegrating and dissolution in the oral cavity.
2. Administered without water, anywhere, any time.
3. Suitability for geriatric and pediatric patients, who experience difficulties in swallowing and for the other groups that may experience problems using conventional oral dosage form, due to being mentally ill, the developmentally disable and the patients who are uncooperative, or are on reduced liquid intake plans or are nauseated.
4. Advantageous in patient which is suffering from motion sickness, cold, sudden episodes of allergic attack coughing, bronchitis or asthma where an ultra rapid onset of action is required.
5. Since the first pass effect can be avoided, there can be reduction in the dose which can lead to reduction in side effects associated with the molecule.
6. The oral film administered sublingually and buccally deliver the drug with high potential to improve the onset of action, lower the dose, and enhance the efficacy and safety profile of the medicament.
- Oral film is more stable, durable and quicker dissolving than other conventional dosage form.
7. Oral film enables improved dosing accuracy relative to liquid formulations since every strip is manufactured to contain precise amount of drug.
8. Disadvantages:
9. Drugs which irritate the mucosa cannot be administered by this route
10. Drug with small dose requirement can only be administered.
LIMITATION OF FAST DISSOLVING FILM:

1. Medications with bigger does are hard to figure into ODF for example Rifampicin (600) Ethambutol (1000mg) and so forth. In any case, research has demonstrated that the fixation level of dynamic can be improved upto half per portion weight

2. Most unpleasant medications ought to be maintained a strategic distance from whenever utilized then co-regulated of protein restraint, for example, aprotinin, bestatin, puromycin and so on.

EVALUATION OF FAST DISSOLVING FILM

1. Film thickness
2. Tensile strength
3. Folding endurance
4. Disintegration time
5. In vitro drug release test
6. Drug content
7. Droplet size of reconstituted micro emulsion
8. Morphology analysis of SMMDF by SEM
9. Solid state characterization of SMMDF by FTIR, DSC, and X–RD

1. **Film thickness**: This is basic to determine consistency in the thickness of the movie as this is straightforwardly identified with the portion in the strip. Compute film thickness by utilizing micrometer screw measure at 5 distinctive vital locations.

2. **Tensile strength**: Assess elasticity of the fix by utilizing the tensilometer. It comprises of two burden cell hold; the lower one is fixed and upper one is portable. Film with measurements of 2×2 cm² is fixed between cell holds and power steadily applied till the film break. Take elasticity perusing straightforwardly from the dial in kg. Calculate rigidity by following condition: Tensile strength=F/A Where, F=Break power, A=Area of strip in mm².

3. **Folding endurance**: Determine collapsing continuance by continued collapsing of the strip at a similar spot till the strip breaks.

4. **Disintegration time**: Keep six strips in the breaking down analyzer at room temperature in tubes in the earth of water until they crumble and measure time. Breaking down time will differ contingent upon the formulation but ordinarily the crumbling range is from 5 to 30 seconds.

5. **In vitro drug release test**: Act in-vitro tranquilize disintegration of SMMDF utilizing USP paddle mechanical assembly. Complete the examinations at 37°C with mixing pace of 75 rpm in 900 ml phosphate cradle (pH 6.8). Pull back 5 ml of tests at foreordained time frames, 4, 6, 8, 10 min and supplant with a similar volume of cradle. Gather the examples and decide the focus at proper frequency utilizing UV-obvious spectrophotometer.

6. **Drug content**: Play out the medication content test to guarantee uniform dissemination of medication. Spot each film unit in 10 ml of volumetric carafe containing dissolvable. Acquire homogenous arrangement with steady mixing and channel. Decide the medication content by UV after legitimate weakening.

7. **Droplet size of reconstituted micro emulsion**: Survey the normal bead size, size circulation and polydispersibility record of smaller scale emulsion from fluid SMEDDS and from SMMDF by connection spectroscopy.

8. **Morphological analysis of SMMDF by SEM**: Investigate the outer surface characteristics of SMMDF by SEM.

9. **Solid state characterization of SMMDF by FTIR, DSC and X-RD**: Determine drug-excipient compatibility by the use of FTIR. Use DSC to verify the interaction of drug and other excipients. Use X-RD to verify the physical state of drug in SMMDF.

Table 3 gives information related to Mouth dissolving film patents.
CONCLUSION: Quick dissolving drug conveyance frameworks have better patient consistence and may offer improved biopharmaceutical properties, improved adequacy and better security contrasted and ordinary oral dose structures. The future potential for quick dissolving dose structures is promising a result of the accessibility of new advancements joined with solid market acknowledgment and patient interest. Future opportunities for enhancements in quick dissolving drug conveyance framework are splendid, yet the innovation is still generally new and the examination is as yet going on. More items should be popularized to utilize this innovation appropriately. The current report infers that quick dissolving oral film is generally adequate and precise oral dose structure which by pass the hepatic framework and show more remedial reaction. Quick dissolving films have a few favorable circumstances over ordinary measurements structures and quick dissolving tablets. The pharmaceutical organizations favor this measurement structure because of both patient consistence (particularly pediatric and geriatric) just as modern worthiness. Oral movies can supplant the over-the-counter (OTC) medications, nonexclusive and marked item from market because of lower cost and purchaser's inclination. This innovation is a decent apparatus for item life cycle the board for expanding the patent existence of existing items.

REFERENCES