# Estimation of Factors Associated with Health Seeking Behaviour 

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#### Abstract

PCA method in Factor analysis is used for data reduction and to estimate factor describing the variability among variables. The overall objective of this paper is to measure the factors associated with health seeking behavior. Madurai urban slum areas out of 12 Municipal Corporations in Tamil Nadu were selected as the study area. Probability proportional to size sampling method was adopted and the sample size was fixed as 270 . Socio economic, demographic and other characteristics data was collected from women living in urban slums in the reproductive age group of 15-49 years. The KMO is greater than 0.5 and the Bartlett's Test of Sphericity is significant. There are 23 variables which are loaded in 9 factors.


Keywords: Factors, Health seeking behaviour, slums, Factor analysis

## INTRODUCTION:

Various statistical methods are available to measure the strength of variability among variables. Factor analysis is one of the best methods used for data reduction and to measure the strength of variables which are highly significant. To perform factor analysis there must be univariate and multivariate normality within the data (Child, 2006) and necessary to have absence of univariate and multivariate outliers (Field, 2009). Factor analysis uses variances to produce communalities between variables. The yariance is equal to the square of the factor loadings. Principal Components analysis is an useful method to extract maximum variance from the data set with each component which will reduce a large number of variables into smaller number of components (Tabachnick \& Fidell, 2007).

## GENERAL OBJECTIVE

The overall objective of this paper is to measure the factors associated with health seeking behavior.

## METHODOLOGY:

This study adopted an analytical study design. Madurai urban slum areas out of 12 Municipal Corporations in Tamil Nadu were selected as the study area. Probability proportional to size sampling method was adopted and the sample size was fixed as 270 . Data was collected from women living in urban slums in the reproductive age group of 15-49 years. Factor analysis was carried out using SPSS 16 and the principal component method is adopted to measure the strength of variables and the extracted factors which are highly significant.

## RESULTS AND DISCUSSION:

Factor analysis is a statistical technique used for data reduction and to estimate factor describing the variability among variables and this principal component method is adopted to measure the strength of variables and the extracted factors which are highly significant. In the first stage, correlation matrix is generated for all the variables, factors are extracted from the correlation matrix based on the correlation coefficients in the second stage and in the third stage, the factors are rotated in order to maximize the relationship between the variables.

Kaiser-Meyer-Olkin (KMO) and Bartlett's Test measures the strength of relationship among variables. Communalities accounted for the higher percent of variability among variables by the extracted factors. The KMO measures the sampling adequacy which should be greater than 0.5 for a satisfactory factor analysis to proceed which is 0.590 . Bartlett's test is another indication of the strength of the relationship among variables which is significant.

KMO and Bartlett's Test

| Kaiser-Meyer-Olkin Measure of Sampling Adequacy. |  | .590 |
| :---: | :---: | ---: |
| Bartlett's Test of Sphericity | Approx. Chi-Square | 1454.678 |
|  | Df | 253 |
|  | Sig. | .000 |

Communalities show how much of the variance in the variables has been accounted for by the extracted factors, 89 percent of variability is accounted for source of information for reproductive health problem and treatment source and 86 percent of variability accounted for type of house etc., The next item shows all the factors extractable from the analysis along with their eigen values, the percent of variance attributable to each factor, and the cumulative variance of the factor and the previous factors. The first factor accounts for $13.43 \%$ of the variance, the second $11.31 \%$, the third $8.80 \%$, fourth $7.40 \%$, fifth $6.93 \%$, sixth $5.73 \%$, seventh $5.43 \%$, eighth $5.03 \%$ and ninth $4.65 \%$ variance respectively. All the remaining factors are not significant.

Total Variance Explained

| Component | Initial Eigenvalues |  |  | Extraction Sums of Squared Loadings |  |  | Rotation Sums of Squared Loadings |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | \% of Variance | $\begin{gathered} \text { Cumulative } \\ \% \end{gathered}$ | Total | \% of Variance | $\begin{gathered} \text { Cumulative } \\ \% \end{gathered}$ | Total | \% of Variance | $\begin{gathered} \text { Cumulative } \\ \% \end{gathered}$ |
| 1 | 3.089 | 13.430 | 13.430 | 3.089 | 13.430 | 13.430 | 2.534 | 11.019 | 11.019 |
| 2 | 2.602 | 11.312 | 24.742 | 2.602 | 11.312 | 24.742 | 2.116 | 9.198 | 20.217 |
| 3 | 2.025 | 8.804 | 33.547 | 2.025 | 8.804 | 33.547 | 1.842 | 8.007 | 28.224 |
| 4 | 1.703 | 7.403 | 40.950 | 1.703 | 7.403 | 40.950 | 1.822 | 7.924 | 36.148 |
| 5 | 1.594 | 6.928 | 47.878 | 1.594 | 6.928 | 47.878 | 1.744 | 7.582 | 43.730 |
| 6 | 1.317 | 5.727 | 53.605 | 1.317 | 5.727 | 53.605 | 1.681 | 7.311 | 51.041 |
| 7 | 1.248 | 5.426 | 59.031 | 1.248 | 5.426 | 59.031 | 1.518 | 6.602 | 57.643 |
| 8 | 1.157 | 5.032 | 64.063 | 1.157 | 5.032 | 64.063 | 1.330 | 5.783 | 63.426 |
| 9 | 1.068 | 4.645 | 68.708 | 1.068 | 4.645 | 68.708 | 1.215 | 5.282 | 68.708 |
| 10 | . 911 | 3.960 | 72.668 |  |  |  |  |  |  |
| 11 | . 876 | 3.811 | 76.479 |  |  |  |  |  |  |
| 12 | . 834 | 3.625 | 80.103 |  |  |  |  |  |  |
| 13 | . 702 | 3.053 | 83.156 |  |  |  |  |  |  |
| 14 | . 641 | 2.788 | 85.944 |  |  |  |  |  |  |
| 15 | . 616 | 2.677 | 88.621 |  |  |  |  |  |  |
| 16 | . 538 | 2.340 | 90.961 |  |  |  |  |  |  |
| 17 | . 479 | 2.084 | 93.045 |  |  |  |  |  |  |
| 18 | . 425 | 1.849 | 94.894 |  |  |  |  |  |  |
| 19 | . 367 | 1.595 | 96.489 |  |  |  |  |  |  |
| 20 | . 274 | 1.192 | 97.681 |  |  |  |  |  |  |
| 21 | . 210 | . 912 | 98.593 |  |  |  |  |  |  |
| 22 | . 175 | . 759 | 99.351 |  |  |  |  |  |  |
| 23 | . 149 | . 649 | 100.000 |  |  |  |  |  |  |
| Extraction Method: Principal Component Analysis. |  |  |  |  |  |  |  |  |  |

The screen plot shows that the eigen value decreases from $10^{\text {th }}$ component onwards and up to $9^{\text {th }}$ component, the eigen value is greater than one and is significant.


After the component matrix, rotated component matrix was generated and the variables under investigation have high loadings and the loadings are suppressed which is less than 0.5 . There are 23 variables which are loaded in 9 factors.

| Factor | Factor name | Factor variables |
| :---: | :--- | :--- |
| Factor 1: | Decision making and treatment <br> seeking | Decision making, Accompany for treatment, <br> Treatment seeking behavior |
| Factor 2: | Demographic characteristics | Age at marriage, No. of living children, <br> No. of gravida |
| Factor 3: | Source of information and Mass <br> media exposure | RH problem_source of information, RH Treatment_ source of <br> information, Mass media exposure |
| Factor 4: | Education and Income | Education of respondent, Annual family income |
| Factor 5: | Standard of living | Type of house, Standard of living Index |
| Factor 6: | Age, occupation and <br> empowerment | Age of mother, Empowerment of women, <br> Occupation of mother |
| Factor 7: | Social characteristics | Religion, Caste, |
| Factor 8: | Availability, accessibility and RH <br> complication | Availability and accessibility of health services, <br> All RH complication |
| Factor 9: | Awareness | Awareness about RH services, <br> Awareness about health facility |

## Rotated Component Matrix ${ }^{\text {a }}$

|  | Component |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Decision making | . 859 |  |  |  |  |  |  |  |  |
| Accompany for treatment | . 905 |  |  |  |  |  |  |  |  |
| Treatment seeking behaviour | . 797 |  |  |  |  |  |  |  |  |
| Age at marriage |  | -. 504 |  |  |  |  |  |  |  |
| No. of living children |  | . 892 |  |  |  |  |  |  |  |
| No. of gravida |  | . 844 |  |  |  |  |  |  |  |
| RH problem source of information |  |  | . 925 |  |  |  |  |  |  |
| RH Treatment source of information |  |  | . 912 |  |  |  |  |  |  |
| Mass media exposure |  |  | . 583 |  |  |  |  |  |  |
| Education of respondent |  |  |  | . 681 |  |  |  |  |  |
| Annual family income |  |  |  | . 567 |  |  |  |  |  |
| Type of house |  |  |  |  | . 911 |  |  |  |  |
| Standard of living |  |  |  |  | . 900 |  |  |  |  |
| Age of mother |  |  |  |  |  | . 501 |  |  |  |
| Occupation of mother |  |  |  |  |  | . 693 |  |  |  |
| empowerment of women |  |  |  |  |  | . 744 |  |  |  |
| Religion |  |  |  |  |  |  | . 728 |  |  |
| Caste |  |  |  |  |  |  | . 730 |  |  |
| Availability and accessibility of health services |  |  |  |  |  |  |  | . 762 |  |
| All RH complication |  |  |  |  |  |  |  | . 650 |  |
| Awareness about RH services |  |  |  |  |  |  |  |  | . 687 |
| Awareness about health facility |  |  |  |  |  |  |  |  | . 701 |

Extraction Method: Principal Component Analysis.
Rotation Method: Varimax with Kaiser Normalization. ${ }^{\text {a }}$
a. Rotation converged in 7 iterations.

## CONSLUSION :

The variables loaded in each factor are highly associated which are the health seeking behavior indicators. The nine factors are 1. Decision making and treatment seeking behavior, 2. Demographic characteristics, 3. Source of information and Mass media exposure, 4. Education and Income, 5. Standard of living, 6. Age, occupation and empowerment, 7. Social characteristics, Availability, accessibility and RH and 9. Awareness. These variables under each factor can be used for further analysis.

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