



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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The Board of  
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In recognition of the publication of the paper entitled  
**The Role of Ayurvedic Menstrual Regimen (Rajaswala Paricharya) In the  
Management of Premenstrual Syndrome - A Randomised controlled Study**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 14 Issue 8 August 2026 , Date of Publication: 08-August-2026

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2608193

Registration ID : 294739

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