



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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In recognition of the publication of the paper entitled  
**Emotional Coping and Sleep Quality: The Role of Night-Time YouTube  
Viewing Among Working Adults**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 14 Issue 4 April 2026 , Date of Publication: 02-April-2026

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2604009

Registration ID : 304651

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**Dhruthi S Prasad**

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