



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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**Beyond the Classroom: The Role of Sports in Boosting Academic Success  
and Well-Being**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 14 Issue 2 February 2026 , Date of Publication: 03-February-2026

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