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*An International Open Access, Peer-reviewed, Refereed Journal*

The Board of  
International Journal of Creative Research Thoughts  
Is hereby awarding this certificate to

**MR UMESH KUMAR SHARMA**

In recognition of the publication of the paper entitled  
**A STUDY TO ASSESS THE EFFECTIVENESS OF PSYCHO-EDUCATION  
MODULE ON SLEEP DEPRIVATION AMONG SENIOR CITIZENS RESIDING  
AT SELECTED OLD AGE HOMES IN RAJASTHAN.**

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