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The Board of  
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**Ms. Aditi Shah**

In recognition of the publication of the paper entitled  
**Association Of Quality Of Diet And Lifestyle Factors With Risk Of Obesity  
And Hypertension Among Postmenopausal Women Of Age 50 To 60 Years**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 13 Issue 6 June 2025 , Date of Publication: 28-June-2025

UGC Approved Journal No: 49023 (18)

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