



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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In recognition of the publication of the paper entitled  
**Yoga As Complementary Therapeutic Approach For Bipolar Disorder**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 13 Issue 10 October 2025 , Date of Publication: 29-October-2025

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