



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of

International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

M. MAKESWARI M.Sc(N), PGDCR.,

In recognition of the publication of the paper entitled

**A Study To Assess The Level Of Knowledge On Benefits Of Amla Among
Adolescent Girls In St. Antony's Matriculation Higher Secondary School At
Kumbakonam,Thanjavur (Dt)**

Published In IJCRT (www.ijcrt.org) & 7.97 Impact Factor by Google Scholar

Volume 13 Issue 10 October 2025 , Date of Publication: 15-October-2025

UGC Approved Journal No: 49023 (18)



EDITOR IN CHIEF

PAPER ID : IJCRT2510340

Registration ID : 295117

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal