



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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The Board of  
International Journal of Creative Research Thoughts  
Is hereby awarding this certificate to

**Anjali Singh**

In recognition of the publication of the paper entitled  
**An Experimental Study On Effectiveness of Lamaze Breathing Techniques  
On Reduction Of Labor Pain During First Stage Of Labor Among  
Primigravida Mothers In A Selected District Hospital At Gorakhpur, Uttar  
Pradesh."**

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