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A pre-experimental study to assess the effectiveness of structured teaching program on knowledge and attitude of mothers regarding breast feeding and its importance among their infants in selected rural areas of Ludhiana, Punjab.

Published In IJCRT (www.ijcrt.org) & 7.97 Impact Factor by Google Scholar

Volume 13 Issue 4 April 2025, Date of Publication: 05-April-2025



PAPER ID : IJCRT2504704

Registration ID : 281450

UGC Approved Journal No: 49023 (18)

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