



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Anjuna Muralidharan Nair

In recognition of the publication of the paper entitled
**COMPARATIVE STUDY ON EFFECTS OF TABATA EXERCISES AND
CIRCUIT TRAINING IN IMPROVING QUALITY OF LIFE AND SLEEP IN
BREAST CANCER SURVIVORS USING EUROPEAN ORGANIZATION FOR
RESEARCH AND TREATMENT- QOL QUESTIONNAIRE (EORTC QLQ-30)
AND PITTSBURGH SLEEP QUALITY INDEX.**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

PAPER ID : IJCRT2306165

Registration ID : 238841

Volume 11 Issue 6 June 2023 Date of Publication: 02-June-2023

EDITOR IN CHIEF

Scholarly open access journals, Peer-Reviewed and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal



Website: www.ijert.org | Email id: editor@ijert.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Bhagyashri Badve

In recognition of the publication of the paper entitled
**COMPARATIVE STUDY ON EFFECTS OF TABATA EXERCISES AND
CIRCUIT TRAINING IN IMPROVING QUALITY OF LIFE AND SLEEP IN
BREAST CANCER SURVIVORS USING EUROPEAN ORGANIZATION FOR
RESEARCH AND TREATMENT- QOL QUESTIONNAIRE (EORTC QLQ-30)
AND PITTSBURGH SLEEP QUALITY INDEX.**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

PAPER ID : IJCRT2306165

Registration ID : 238841

Volume 11 Issue 6 June 2023, Date of Publication: 02-June-2023

EDITOR IN CHIEF

Scholarly open access journals, Peer-Reviewed and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal



Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013