



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr Pagidala Narasimha Reddy

In recognition of the publication of the paper entitled

EFFECT OF STRUCTURED RESISTANCE TRAINING AND VARIED WEIGHT TRAINING ON AGILITY AMONG MALE HANDBALL PLAYERS

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 4 Issue 1 January 2016 , Date of Publication: 11-January-2016

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT1136114

Registration ID : 293194

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal



EDITOR IN CHIEF

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013