

A study of job involvement of senior secondary school teachers in relation to their mental health

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* **Summary :-**

The main objective of this study is to study of job involvement of senior secondary school teachers in relation to their mental health. The sample is 150 school teachers. For data collection tool used Mental Health inventory developed by Dr. Jagdish and Dr. Srivastava, Job involvement scale developed by Prof. Santosh Dhar and Upinder Dhar. The main conclusion was found There is significant relationship between job involvement and mental health of senior secondary school teachers.

* **Introduction :-**

Modern world is full of stress and strain for everybody due to stiff competition. Everybody wants to show his/her existence by doing something extraordinary. In order to prove unique identity. She is over exhausted which lead to a bad mental health. Mental health has direct relation with the job involvement of a person. If a person has a sound mental health, then s/he will be fully involved in his work that gives more satisfaction to him.

* **Emergence of the Study :-**

Success of any organization depends upon availability and proper use of human and non human resources. Human resources play a very important role in the successful functioning of the institution. So far as human resources are concerned, job involvement is an important factor leading to the success. Further job involvement is related to so many other factors like organizational climate, internal motivation and above all mental health of the personnel working in the organization. That is why the investigator felt the need to study the relationship between job involvement of senior secondary school teachers and their mental health.

* **Statement of the Problem :-**

"A study of job involvement of senior secondary school teachers in relation to their mental health"

* **Objectives of the Study :-**

1. To study the job involvement of senior secondary school teachers.
2. To study the relationship between job involvement and mental health of senior secondary school teachers.

* **Hypotheses :-**

1. There is high level of job involvement among senior secondary school teachers.
2. There is significant relationship between job involvement and mental health of senior secondary school teachers.

* **Research Method :-**

Descriptive method of research was used for the conduct of the present study.

* **Sample of the Study :-**

The study was conducted on 150 teachers of senior secondary schools (males & females). The teachers were taken from schools of Sri Ganganagar District. Sample of 75 male & 75 female teachers were taken for the study.

* **Tools :-**

1. Mental Health inventory developed by Dr. Jagdish and Dr. Srivastava.
2. Job involvement scale developed by Prof. Santosh Dhar and Upinder Dhar.

* **Stastical Techniques :-**

- (i) K-S was employed to check the normality of data.
- (ii) Karl Pearson's Product Moment Correlation.
- (iii) Kelley's approach was employed to make groups.

(iv) t-test was employed.

* **Testing the Hypotheses :-**

Hypothesis - I

There is a high level of job involvement among senior secondary school teachers.

	Total Scale
Mean	41.90
Standard Deviation	4.83
Normal Range	37-47
High	48 and above
Low	36 and below

Interpretation :-

Table 4.2 shows the norms of job involvement. The normal range of the scores of job involvement is 37-47. Calculated Mean of job involvement is 43.26. So, there is normal level of job involvement among senior secondary school teachers of Sri Ganganagar District hence the hypothesis, "There is a high level of job involvement among senior secondary school teachers" is found to be partially accepted.

Hypothesis - II

There is significant relationship between job involvement and mental health of senior secondary school teachers.

Variables	N	F
Job Involvement	150	0.75
Mental Health		

Interpretation :-

Table 4.3 shows that coefficient of correlation between job involvement and mental health has been found to be 0.75 r-value at 148 degree of freedom in order to be significant should be .159 and .208 at 0.05 levels and 0.01 levels respectively. Calculated value of $r = 0.75$ is greater than both these values and hence significant at both levels. So, the hypothesis, "There exists significance relationship between job involvement and mental health of senior secondary school teachers" is found to be accepted.

* **Findings of the Study :-**

1. There is a normal level of job involvement among senior secondary school teachers.
2. There is significant relationship between job involvement and mental health of senior secondary school teachers.

* **Education Implication :-**

1. To improve the mental health of teachers they should be invited to important public and state functions and they should be given certificate of merit, distinctions, medals and other honours publicly.

* **Suggestions for Further Research :-**

1. The study can be conducted with other variables like job satisfaction, teaching attitude, teaching effectiveness and organizational climate.
2. The study can be conducted on college and university teachers.

References :-

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3. Bass, B. M. (1965) : Organizational psychology Boston : Allyn & Bacon.