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DAIVA VYAPASRYA CHIKITSA (MANTRA CHIKITSA) IN CHARAKA SAMHITA

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ABSTRACT:

Ayurveda treats the diseases with different treatment principles, one among that is Daiva vyapasrya chikitsa, i.e., mantra (spiritual hymns), oushadi (specialised drugs), mani (gems) mangala (auspicious offerings), homa (sacrifice), prayaschitta (atonement), pratipatana gamanadi (going on pilgrimages) are the important aspects of this daiva vyapasrya chikitsa. Mantra means a group of words, which has an empirical power to eradicate disease instantaneously. Such therapies are, as a matter of fact, related to the blessings and influence of the gods. All the items enumerated under the item spiritual therapy (Daiva vyapasrya chikitsa) are effective in the eradication of diseases only due to the divine influence. Some mantras we can see across the Charaka Samhita in the context of unmada, apasmara, jwara, and in collection of drugs, an attempt is made to find out the mantra chikitsa in Charaka Samhita, which is discussed in detail in the paper.

Key words: Ayurveda, daiva vyapasrya, mantra

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Introduction:

Chikitsa is of three types namely; Daivavyapasrya, yukti vyapasrya and satvavajaya chikitsa. Daiva vyapasrya means chanting or reciting the mantras, performing homa, prayaschitta, upavasa, bali, mani dharana etc, among all these the mantra occupy the major role in Daiva vyapasrya chikitsa. Mantra, means which is protecting, guarding us. These are group of letters or words which is recited for a specific purpose and at specific time for specific period of time. Such mantras are having power to cure the diseases. Generally, mantras are not only used in psychological disease but also, for somatic diseases. According to mythology these mantras will heal the diseases with their magical power.

Material & Methods:

Table no 1 showing the description of Mantrachikista.

S.NO	Reference	Methods of Daiva vyapasrya Chikista	Indications
1	C.Ni.7/16 ¹	Mantra	Reference of mantra
2	C.Chi.9/89-93 ²	Mantra, Santikarma, Homa, Japa, Prayaschita, Rudragana pooja, Oushada dharana etc	Unmada
3	C.Chi.9/94 ³	Siddha mantra oushada	Unmada
4	C.Chi.2/311 ⁴	Vishnu sahastranamam	Vishamajvara
5	C.Sa.8/9 ⁵	Brahma, Bruhaspati, Vishnu mantra	To desire Male child
6	C.Sa.8/39 ⁶	Kshiti jalam viyat tejo vayu Vishnu Prajapati mantra	For Suka prasava stri has to recite this mantra
7	C.Ka.1/14 ⁷	Om Brahma Dasha Aswi Rudra Indra Chandra	Before Vamana karma
8	C.Chi.23/223 ⁸	Mantra jala (no specific mantra is explained)	Visha
9	C.Chi.23/90 ⁹	Mama mata jaya nama mantra	Mahagada
10	C.Chi.23/61 ¹⁰	Mantra (no specific mantra is explained)	Visha
11	C.Vi.8/11 ¹¹	Homa	Sishyo Upanayanam
12	C.Vi.8/87 ¹²	Explanation of mantra Chikista	Daiva Upasraya Chikista
13	C.Vi.3/36 ¹³	Daiva Upasraya Chikista	Niyata Ayu
14	C.Su.11/54 ¹⁴	Daiva Upasraya Chikista	Daiva Upasraya Chikista
15	C.Chi.1/3/9 ¹⁵	Savitri mantra	Kevala amalaka rasayana

16	C.Chi.1/3/11 ¹⁶	Bramha mantra recitation	Kevala amalaka rasayana
17	C.Chi.1/4/31 ¹⁷	Japa, Tapas	Achara rasayanam
18	C.Chi.1/4/46 ¹⁸	Mantra, Havis, Stotras	Prescribed by Aswini kumara (Devabhishak)
19	C.Si.12/3 ¹⁹	Vedic mantras	Indicated during vasti
20	C.Sa.8/11 ²⁰	Vishnu yoni kalpayatu mantra	Putrakami
21	C.Su.8/28	Snana mantra; Aapo hista mantra	During the Snana, before taking the food

Discussion:

Many mantras are across the Charaka Samhita, In Vishama jwara chanting Vishnu sahastranam is chanted, usage of mani is seen in Raktapitta, in unmada worshipping Rudra ganas is seen, to get good progeny mantras are recited and even for Suka prasava also some mantras are recited, during Vamana karma before the Vamana karma mantras is recited, by doing such things patient may feel psychologically good. In the preparation of Mahagada oushada mantras are recited, in Janapadodwamsa, devata archana, homa are advised, in the amalaka rasayana, person has to recite Savitri mantra, during the procedure of vasti veda mantras are recited.

Conclusion:

Apart from Yukti vyapasrayachikitsa, daiva vyapasrya also having importance in curing the diseases. Since Ayurveda strongly believes the Aptopadesa pramana, and strongly believes that these mantras overcome stress, fear, anger and psychological ailments, since Ayurveda is upaveda of Atharvana veda there is influence of vedas and mantras on Ayurveda, even many stotras phlasruti also we will see the quoting of the diseases like jwara, pandu, unmada, raktapitta, prameha and all in sadvritta also we are seeing the chanting of mantras. The patients who hadn't got relief by Yukti vyapasrya chikitsa they may try the daivavyapasraya chikitsa.

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