



# NATRIUM MURIATICUM AS CONSTITUTIONAL MEDICINE IN CASE OF PITYRIASIS ALBA IN PEDIATRIC AGE GROUP

Dr Priyanka singh<sup>1</sup> And Dr Jasmeet patel<sup>2</sup> And Dr Debnath<sup>3</sup>

<sup>1</sup>M.D. (PGR), Department of Materia Medica, Swasthya Kalyan Homoeopathic Medical college & Research Centre, Sitapura, Jaipur, Rajasthan, India

<sup>2</sup>M.D. (PGR), Department of Materia Medica, Swasthya Kalyan Homoeopathic Medical college & Research Centre, Sitapura, Jaipur, Rajasthan, India

<sup>3</sup>M.D. (PGR), Department of Pediatrics, Swasthya Kalyan Homoeopathic Medical college & Research Centre, Sitapura, Jaipur, Rajasthan, India

## ABSTRACT:

Pityriasis alba is a common fungal infection of the skin in tropical region. The characteristic lesions are small yellowish-brown macules. These slowly blend to form large disfiguring area. Concomitant hypopigmentation is usual. Most of us get confused in diagnosing pityriasis in an initial year of practice and thus we need to know the differentiating characteristics of condition. However, treatment can be possible of the homoeopathic medicine through proper repertorization and totality of symptom. A 14-year boy came to OPD with complaint of white rounded patch on right cheek and forehead from last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

**KEYWORDS:** Homoeopathy, pityriasis alba, white pigmentation, constitutional homoeopathic medicine, natrium muriaticum, synthesis repertory radar 10

## INTRODUCTION:

Pityriasis alba a common skin disorder in children and young adults, most common between age 3 and 16 years. It is characterized by the presence of ill-defined scaly faintly erythematous patches <sup>[1]</sup>. They are most commonly located on face arms and upper trunk and are more noticeable in people with darker skin type. The term is derived from the words pityriasis (scaly) and alba (white) <sup>[2]</sup>.

## UNCOMMON VARIANTS OF PITYRIASIS ALBA:

1.Pigmenting pityriasis

2.Extensive pityriasis

Lesion may be progress through the following 3 clinical stages.

1.Papular (scaling) erythematous.

2.Papular (scaling) hypochromic.

3.Smooth hypochromic <sup>[2]</sup>

**PRESENT HISTORY:** White patches present right cheek and forehead in the last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

### PAST HISTORY:

Chicken pox at 10 year of the age.

Typhoid (2019)

### FAMILY HISTORY:

**Mother:** migraine since last 6 year.

### MENTAL GENERAL:

Consolation aggravation

Gets irritate over little things

No desire for company

### PHYSICAL GENERALS:

**Appetite:** Normal appetite 2 meal / day

**Thirst:** Less (1 liter/day)

**Desire:** Salty things<sup>++</sup>

**Stool:** Dry stool<sup>+</sup>, constipation present in the last 4 months

**Urine:** Satisfactory

**Sweat:** Normal

**Thermal:** Hot<sup>++</sup>

**Sleep:** Normal 7-8 hours per day.

### ANALYSIS OF CASE:

Mental general	Physical general	Particular
<ul style="list-style-type: none"> <li>• Consolation aggravation</li> <li>• Gets irritate over little things</li> <li>• No desire for company</li> </ul>	<ul style="list-style-type: none"> <li>• Desire-salty things</li> <li>• Hot patient</li> <li>• Stool dry</li> </ul>	<ul style="list-style-type: none"> <li>• Headache               <ul style="list-style-type: none"> <li>○ Aggravate: from heat of sun</li> <li>○ Ameliorate: Applying cold</li> </ul> </li> <li>• Constipation</li> <li>• Scaly skin</li> </ul>

### EVALUATION OF SYMPTOMS:

- Consolation aggravation
- Irritability
- No desire for company
- Desire-salty things
- Stool dry Headache
- Aggravate: from heat of sun

- Ameliorate: Applying cold
- Constipation

**REPORTORIAL TOTALITY:**

Symptoms	Reportorial totality
Mind	Consolation aggravation
Mind	Irritability
Desire	Salt things
Stool	Dry
Skin	Eruption scaly
Head	Pain during heat
Head	Pain ameliorates cold application

**REPORTORIAL ANALYSIS:**



1. Natrium muriaticum 19/7
2. Phosphorus 14/5
3. Silicea terra 14/5
4. Calcarea carb 13/4
5. Arsenicum album 12/6

**REPORTORIAL SHEET:**

The screenshot displays a software window titled 'Millennium view (progressive)' with a toolbar at the top. The main area shows a reportorial sheet with the following columns: 1. Symptom, 2. Count, 3. Total Count, 4. Remedies (labeled 1-51), and 5. Frequency (1-51). The symptoms listed are: 1. MIND - CONSOLATION - agg. (48), 2. MIND - IRRITABILITY (570), 3. GENERALS - FOOD and DRINKS - salt - desire (108), 4. STOOL - DRY (143), 5. SKIN - ERUPTIONS - scaly (94), 6. HEAD - PAIN - heat - during the (91), and 7. HEAD - PAIN - cold - applications - amel. (82). The remedies listed include: nat-m., ars., calc., silic., phos., sil., bulli., nat-ac., mag., albu., bry., artem., graph., kali-s., iyc., aif., caud., kali-bi., kali-c., cham., cupr., calc., calc-mlr., nux-v., ark-c., calc-p., chin., hep., phosph., veval., arcan., con., iech., ier., plb., am-tc., calc-p., calc-p., kali-p., krono., mur-c., podob., stram., ravam., agar., kali., Phos.

**PRESCRIPTION:** 15/1/2020 Natrium muriaticum 200 for 15 days is selected on the basis of symptoms similarity, constitution and susceptibility of patients.

Follow up

Date	Symptoms	Picture	Prescribed Medicine
30/1/2020	Skin discoloration slightly reduced Headache much better Stool normal		Rubrum 30 TDS for 15 days.
13/2/2020	Much better in skin discoloration Headache completely relief Stool normal		Rubrum 30 TDS for 15 days
27/2/2020	Completely disappearance of skin discoloration Relief in all complaints.		Rubrum 30 TDS for 15 days

### CONCLUSION:

Homoeopathy treats the patients from within a holistic way, without the application of any external application like the ointment. These ailments can only be cured permanently by homoeopathy. Homoeopathy works well in the case of (Pityriasis Alba) and one can expect a complete recovery, only after a complete case study is done of the individual concerned. Whereas homoeopathy offers a very safe and efficient treatment for Pityriasis Alba.

### REFERENCE:

1. <https://www.ncbi.nlm.nih.gov/books/NBK431061>
2. Gupte S, The short Textbook of Pediatrics (13<sup>th</sup> edition). New Delhi: Jaypee brothers medical publishers Ltd.
3. Radar 10. (homoeopathic software)