



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

DEVELOPMENT OF LEADERSHIP IN SPORTS

Authors Details :

1. Prof. Lakkappa Hosatti. Lecturer

SPM's Arts and Commerce College Raibag

2. Dr. Shivanand. M. Bulbuli Physical Director

KLE Societies RLS College Belagavi

3. Dr. Parappa R Ramateerth Physical Director

SPM's Arts and Commerce College Raibag

Abstract:

this study views on leadership in field of physical education. Leadership is such individual quality that makes positive attitude within society and groups. Leadership will not come by birth it has to develop within persons with various sectors. In sports and games leadership had very much importance. Without a leadership we can't imagine sports games. A leader must have such qualities like personality, loyalty, sincerity, cooperation etc. And these are also sign of good leadership. Knowledge about sports sociology or sociology we get better meaning and importance of leadership in sports world. Now days in many games and competition we see the impact of leadership. For example in cricket selection of playing 11, in toss and choosing side, coordinating batting or bowling and fielding side in etc situations leader must show his maturity otherwise he will never get good performance by his team. And sports field is open or outfield or unhidden activity so leader must act honestly at all stage. So training only game skills is not important with this must develop such leadership qualities also within players.

Keywords: leadership, Sports, Physical education, personality, faithfulness, Reality etc.

INTRODUCTION:

In sports leadership and group dynamics plays very important role and one who develops these two things he will become a perfect person. many of opportunities are there to students to become a good member of a group and to develop leadership qualities. sports had such situations in matches automatically leadership and group dynamics will come out within the players. leadership is such aspect it needs leading sacrificing motivating qualities. Leadership characteristics will definitely develop by playing Sports. group games are symbol of group dynamics. one who want successful in society he must develop his group dynamic skills. participating in group game and competition will feel us group dynamics. if you win we will know the importance of group dynamic skills another view when we lose we also know and had to develop these skill. sports and games provides large scope to develop leadership qualities and group dynamics through its various means. in some time of match results are depending upon his team leader and group dynamic skill between each other.

Leadership is a dynamic ability of influencing group in particular situation. For obtaining group objectives. it is an art science of enabling follow Men to proceed together for the desired purpose leadership is personal quality.

every individual have a different prospects and personal perception, different feelings, different capability and different performance but when working in a group this dynamic process needed to be adopted. so that preplanned goal can be achieved in collective manner is group dynamics.

Group dynamic is the adjustment within the team and his leader to better performance. group dynamics and sports performance is directly

proportional to each other better the group dynamics better the performance of that group will be.

In following points we will discuss characteristics of leadership and group dynamics. and how sports will help to develop them and how much they had importance in sports.

1. Good Personality:

Personality is the key factor of leadership a leader should have a good personality. A fine personality includes good physical fitness and mental alertness. leaders personality always influences on other team members and with a model personality a leader can definitely lead his team towards success. and by playing Sports anyone can have wonderful personality. sports helps us to build strong personality and mentality some wonderful situations of sports can strengthen us.

2. Faithfulness :

Faithfulness is the highly needed quality in any leader. good citizenship and patriotism result due to loyalty in sports we should follow the faithfulness. And in our behaviour we have to show it at all time. in every sports faithfulness has appreciated by everyone and any sports can develop faithfulness by his rules. in every sports they had his own rules and regulations one should follow the the game rules at anycast otherwise he will punish at the spot and in sports who shows obey to rules and faithfulness in sports he will recognised and get popular by media in a single day. and it's the beauty of sports field also. so faithfulness is the main characteristic of the leadership and in sports we see faithfulness in every steps.

3. Reality:

Reality is the one more needed characteristics of leadership. one who want to become a leader are playing the role of leader he must show sincerity in his duties people or a team member or followers want to see sincerity in their leader so it is the most important characteristics of leadership. in sports field reality will followed by every player during match and at the time of training period. one who cannot follow sincerity in sports he never get success so sports teaches us the importance of being or acting sincere so sports can develop the sincerity in the everyone.

4. Cooperative and coordinative:

Quality of good cooperation and coordinative abilities are desirable in leader. leadership will develop when we improve our cooperation and coordinating nature with teammates. In our society and in every step of a group game teammates or team leader must show these characteristics. especially in group game these two are mandatory. one who play the group game he will know the importance of these two skills and when these skills improved in anyone we will get mastery in dealing with planed tasks

5. Disciplinary:

For effective leadership discipline is essentially required for making productive effort by a leader. discipline is the the key factor for success in all kind of works. discipline in work, talk, behaviour will make a positive effect on society or followers or in team. with discipline a leader can reach his goal successfully and in planed time. sports teaches us first discipline and others next. so what kind of event that is like individual or group discipline will be followed in every moment.

6. Tolerance:

With patience or tolerance and good self control working increases the performance and help to proceed for better output. in leadership presence of patience is important very important. the community response is depending upon leaders behaviour or reaction. so leader must have patience in both sides. losing and winning In game can improve our tolerance capacity. injuries, recovering from injuries, responding to aggressive behaviour from other side, mass pressure from audience etc can teach the importance of patience. so patience is most needful and essentile characteristic in leadership.

7. Impartiality:

Unbiased decisions, unfavourable behaviour is essentially needed in any leader to work efficiency with group. from sports or physical education we learn impartiality behaviour at every stage. sports first teaches us honesty. we lose or win impersonality must shown by every sports person. strict rules and regulations, umpires, referees, punishments, penalties are the motivator or builder of impartial behaviour in sports.

8. Public relations:

A true leader must always be in good and friendly Public Relations. public relation is the key factor to gaining any planed task. recognition influence on others is only gained if one has a good and wide public relations. with playing a group game like football, cricket, handball are help to develop Public Relationship skill in any

person. a sportsman can deal with public very effectively than other one. he had meet in his sports career various peoples, society, places so he had a such a good qualities of public relationship.

Conclusion:

After discussing the above characteristics we know about how leadership is important in sports. And also know the how to develop leadership. Every sectors in society need leadership. Most of leaders not succeed to discharge their duties because they have lack of certain characteristics as we above discussed. So win or loose leade must show his loyalty his team or followers. And leadership also not come from in shortest time it will come with some up and downs, some time negative results and some time positive results will make the leaders strong enough towards goal.

References:

- 1.<https://believeperform.com/leadership-and-the-role-of-a-leader-in-sports/>
- 2.<https://blog.pitchero.com/9-qualities-of-a-sports-leader>
- 3.<https://leadersofevolution.com/qualities-of-sports-leader-how-to-become-one-high-school-sports/>
4. Text book of physical education by *D.V.Ruikar. *Dr.D.B.Kunte.*Dr.U.J.Rathi.
- 5.<https://en.m.wikipedia.org/wiki/Leadership>

