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WARTS TREATED WITH HOMOEOPATHIC MEDICINE: A CASE STUDY

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ABSTRACT: Warts present as multiple, smooth, flat or slightly elevated, round or polygonal papules varying in size. They may be skin coloured, greyish yellow or pigmented. Sites of predilection are the face, back of hands and shins. A 47 year old male patient reported with complaints of warts. A complete case history was taken, repertorization done and on the basis of individualization, Causticum was given. The aim of this article is to show how to enter in a sycotic case & how to find a similimum for such kind of condition.

KEYWORDS: Homoeopathy, Warts, HPV, Causticum.

1. INTRODUCTION:

Wart is a horny projection on the skin usually of the upper and lower limb produced by proliferation of the skin papillae and caused by any of numerous human papilloma viruses (HPV).^[1]

It is a benign lesions that occur in the mucosa and skin. It is caused by HPV. HPV may develop on any part of the body.^[2] They appear may be alone or in a group. There are some types of warts like, Common warts, Plantar warts (Verrucas), Flat warts, Mosaic warts, Filiform warts, Genital warts.^[3]

HPV Infection may be transmitted by direct contact or indirect contact. It is commonly present worldwide, it can occur at any age but prevalence is high in school aged children. In most of the cases they are benign in nature but sometime they may become malignant & develop into verrucous carcinoma.^[2]

Most of the time patient don't have any symptom, but some time it may cause itching, tightness or a feeling of a pressure. It may be painful especially on wart present on sole of the feet. Some type of wart have small black or brownish dots on their surface due to clotted blood which are leaked from capillaries of affected area of skin.^[3]

2. CASE STUDY:

Mr. XX, 47 years old married Hindu male belonging from middle socio-economic status reported at OPD Swasthya Kalyan Homoeopathic Medical College, Jaipur, known case of warts (Wart on face – beard & cheeks). On further enquiry, it illuminated that complaints had started gradually since 3year. He took allopathic medication orally and as external application applies many ointments on warts & also takes Homoeopathic medicines but no relief. The patient had past history of, Chicken Pox 30 year ago, malaria fever 10 year ago and no family history of warts, father has been suffering from Hypertension/Alive & mother healthy/Alive. The patient was tall, whitish complexion, businessman by profession and living happily with his spouse and three Children. The mental generals reflected sentimental (emotional), mild, easily Offended, thoughtful all the day and night, fear of something will happen, & dream of causalities. He had strong aversion to sweets. Sweat odor offensive. Weakness feeling. He was thirsty and thermally chilly.

2.1. ANALYSIS OF CASE:

2.1.1. MENTAL GENERAL:

- ☞ Sentimental (Emotional).
- ☞ Mild.
- ☞ Offended easily.
- ☞ Fear - Something will happen.
- ☞ Thought rush day and night.
- ☞ Dreams – of causalities.

2.1.1. PHYSICAL GENERAL:

- ☞ Thirst – Thirsty.
- ☞ Thermal – Chilly.
- ☞ Desire – Not specific.
- ☞ Aversion- Sweets.
- ☞ Perspiration- Offensive.

2.1.1 PARTICULARS:

- ☞ Warts on face (beard & cheeks).

2.2. EVALUATION:

- ☞ Sentimental (Emotional).
- ☞ Thought rush day and night.
- ☞ Offended easily.
- ☞ Fear - Something will happen.
- ☞ Dreams – of causalities.
- ☞ Thirsty.
- ☞ Chilly patient.
- ☞ Aversion – Sweet.
- ☞ Sweat- Odor offensive.
- ☞ Wart on face (beard & cheeks).

2.3. TOTALITY OF SYMPTOMS:

- ☞ Thought rush day and night.
- ☞ Offended easily.
- ☞ Fear - Something will happen.
- ☞ Dreams – of causalities.
- ☞ Thirsty
- ☞ Chilly patient.
- ☞ Aversion – Sweet.
- ☞ Sweat- Odor offensive.
- ☞ Wart on face (beard & cheeks).

2.4. RUBRIC:

S. NO.	CHAPTER	RUBRIC
1.	MENTALS	OFFENDED easily
2.	MENTALS	DREAM causalities, of
3.	MENTALS	FEAR happen something will
4.	MENTALS	THOUGHTS rush, flow of day and night
5.	FACE	WARTS
6.	GENERALS	FOOD and drinks sweets aversion
7.	PERSPIRATION	ODOR offensive

2.5. REPERTORIAL SHEET: [5]



Figure 1 Showing repertorization of case from Complete Repertory using Cara Professional (Version 1.4)

2.6. ANALYSIS OF REPERTORIAL RESULT:

S.NO.	MEDICINE	MARK OBTAIN
1.	CAUSTICUM	14/7
2.	ARSENICUM ALBUM	10/5
3.	LYCOPODIUM CLAVATUM	10/5
4.	NUX VOMICA	11/5
5.	SULPHUR	9/5

2.7. SELECTION OF MEDICINE (WITH REASON):

Causticum seems to suit the case not only because it is numerically highest alone, patient has marked mental symptoms like sentimental, thought rush - flow of day and night & dream of causalities, and patient thermally chilly. A strong mental symptom like the markedly fear something will happen would rule out

many of lesser importance. According to the Dr. R. Sankaran sir (TheSoul of remedies), Causticum is a sycotic remedy.

2.8. PRESCRIPTION:

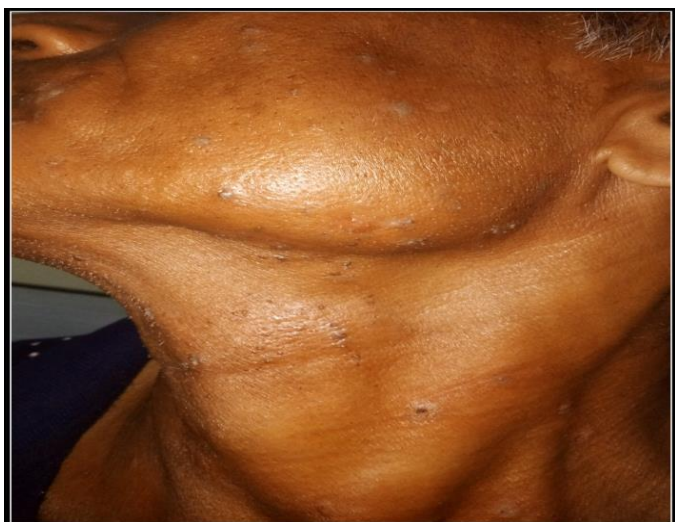
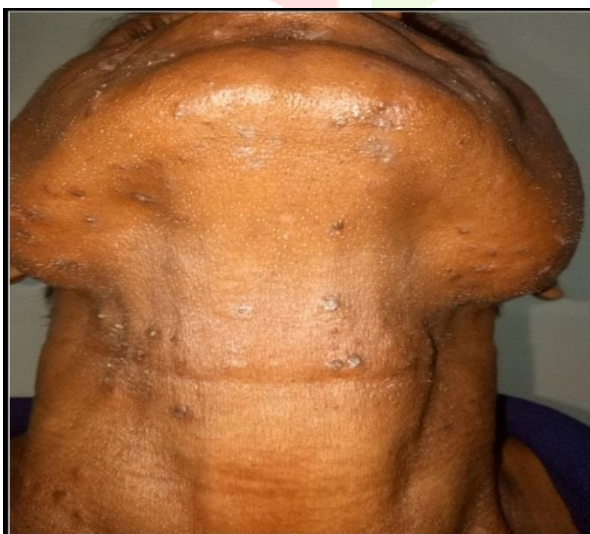
DATE	PRESCRIPTION
08/09/2020	Rx Caust 200 1 Dose Stat Rubrum 30 TDS 6Hourly x 15 Days

2.9. FOLLOWUP SHEET:

DATE	SYMPTOMS	PRESCRIPTION
21/09/2020	Status quo	Rx Rubrum 30 TDS 6 Hourly x 15 Days
05/10/2020	New growth not seen	Rx Rubrum 30 TDS 6 Hourly x 15 Days
20/10/2020	New growth not seen Patient feels mild itching	Rx Rubrum 30 TDS 6 Hourly x 15 Days
03/11/2020	Warts become dried	Rx Rubrum 30 TDS 6 Hourly x 15 Days
18/11/2020	Status quo	Rx Rubrum 30 TDS 6 Hourly x 10 Days
25/11/2020	Warts small in size & dried & some wart of right side fall up	Rx Rubrum 30 TDS 6 Hourly x 15 Days
09/12/2020	Warts continuously small in size & warts 70-80% fall up Patient was very happy.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
22/12/2020	Warts had fall.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
05/01/2021	Face clear Patient feels happy	Rx Rubrum 30 TDS 6 Hourly x 30 Days

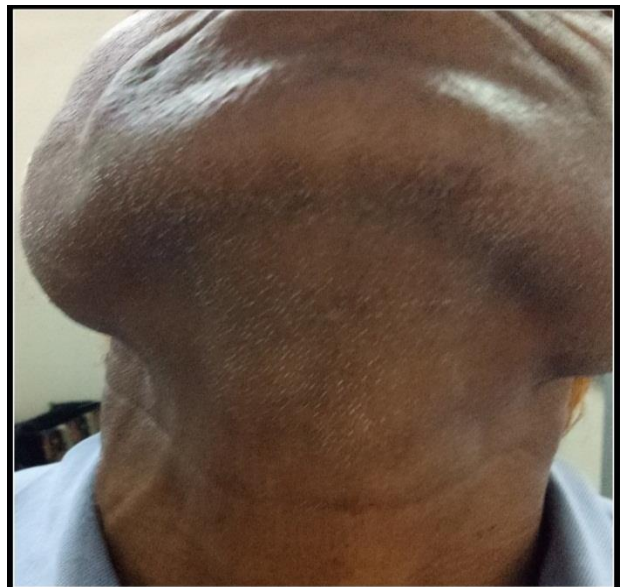
2.10. PICTURE:

2.10.1. BEFORE TREATMENT





2.10.2. AFTER TREATMENT



3. CONCLUSION :

It can have (Homoeopathy) massive and marvelous works on the quality of life (Qol) of those who are suffering from Warts, homoeopathy has prove its effectiveness in such type of cases and so this case further proves the therapeutic value and strong power of homoeopathic medicines in cases of warts.

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