



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

SOCIOLOGICAL PERSPECTIVES OF THE SCHOOL PLAYERS

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Abstract

Play is universal in nature. All children play and there is uniqueness in their play. Their playing is beyond the boundaries of caste, colour, race and nationality etc. Play is universal in nature; all children play and there is uniqueness in their play. Their playing is beyond the boundaries of caste, colour, race and nationality etc. The instinct for play is very important and is found in the higher-class animals. This tendency becomes visible in children from an early age. This tendency remains present in humans from childhood till adulthood. This is a descriptive study in which data of filled schedule of two different schools' player is analysed. These two schools are situated in Patna District. It is man's endeavor that through his behavior his physical, mental and character qualities and actions and reactions should be such that he is appreciated in the society, hence he constantly feels the need for amendments or reforms in the traditional rules prevailing in the society. The relation between sports, players and sports traditions can be taken from the origin of the society. The school administration not only tries to make its players good players but also supports them financially. It is clear from present study that there is a lot of disparity among the players regarding sports in the school.

Key Words: Sociological Perspective, Sports, Mental Character.

Introduction

Play is universal in nature. All children play and there is uniqueness in their play. Their playing is beyond the boundaries of caste, colour, race and nationality etc. Playing is a natural quality of a child, sports activities have a direct impact on the development and growth of the child. We can observe this imaginative power of the child while playing with a toy, breaking it and putting it back together in his imagination. The instinct for play is very important and is found in the higher-class animals. This tendency becomes visible in children from an early age. This tendency remains present in humans from childhood till adulthood. There may be a difference in the type of game but everyone plays some game or the other. Some games are very simple. The games of dogs, cats and mice are simple but the games of humans are played in teams. They are well organized and their standards are also high.

It is man's endeavor that through his behavior his physical, mental and character qualities and actions and reactions should be such that he is appreciated in the society, hence he constantly feels the need for amendments or reforms in the traditional rules prevailing in the society. There are many factors of social change, which include education, industry, sports and urbanization etc. When the players catch each other during competition, drag them and display their sports skills in mutual coordination, whereas in the villages, the upper-class person hesitates to touch the Dalit person, while in the wrestling arena, the person breaks the pre-existing beliefs and develops his own values. The opponent confronts the underdog and displays his

physical strength and playing techniques. Therefore, it can be said that sports play an important role in removing social evils like untouchability.

A healthy mind is created only in a healthy body. Only from a healthy mind can healthy thoughts and progressive thinking develop. Health education is a method in which a person acquires knowledge about his physical and mental health. Health and wellness of body and mind is the state in which a person enjoys life to the fullest and serves steadfastly. The best thing in the world is health. Despite having all the facilities, an emperor suffering from pain is also a poor person, but a poor man is perfect and rich. According to Benjamin Franklin– Play refreshes the mind as well as the body (Campbell, 1997). Physical education is a very old subject but today's era has made it systematic and well-planned by calling it a compulsory discipline. It has also gained an important place in schools and higher educational institutions. Physical education should be well planned for the welfare of the individual and society. Therefore, physical education and sports should be compulsory in every school.

Objectives

1. To know the psycho-social condition of the players.
2. To know the environment and facilities related to sports.

Importance of Study

The importance of this study can be demonstrated through the following points:

1. Sports are very important for players.
2. Players gain confidence through sports.
3. All-round development of players is possible through sports.
4. Through this research, the importance of physical education among players is to be shown. In this, players are conscious about their health.
5. This research is also important to increase inclination towards sports in the minds of the young generation.

Area of Study

The area of the present study is Patna city. The area of study is the two main schools of Patna city, 'Patna Collegiate, School' and 'B. N. Collegiate, School'.

Study Method

In the presented research study, both exploratory and descriptive research designs have been used. A Schedule is prepared for data collection. The data is collected from 25-25 Sports Player of both schools and analysed. The analysis of data is descriptive and exploratory in nature.

Psycho-social background of School players

Physical education and sports have an important place in the modern education system. Children have natural interest in sports and physical education through its regular programs develops children's interest in sports and leads them to become good players. In this process, children have to face many difficulties including physical, educational and mental difficulties. Psychological analysis becomes necessary to overcome these difficulties. Society has a direct impact on players. The kind of attitude of the society. It also has a direct impact on the players. The attitude of the society is of a specific type through which it expresses its thoughts or feelings towards various situations, objects, persons etc. of the society. Similarly, society also has its own specific ideology towards sportspersons. These ideologies also have an impact on the minds of the players. The attitudes of the society also have inspirational qualities. Due to these motivational qualities, players feel mental strength while playing on the playground. Through the 'culture' of the society, players get to know the lifestyle, food habits, clothing and way of life of the members of a group. The influence of culture on a child's behavior starts from the time of birth.

Players in society have to face many types of behavior on the playing field. This behavior is clearly visible on the playground with fellow players. The behavior of players is inspired by the society and "social behavior then arises. When one community mutually attracts another community. This is nothing new for those participating in any sports competition. When players of two teams participate in a competition, the attraction between those two teams is an example of social behavior.

Social behavior is determined by instincts. One level of analysis of the origin of a person's social behavior is socio-cultural factors. A person's social behavior is also influenced by the fact that what is the social norm, under what circumstances the person has to how one should behave, what kind of group a person is a member of, what are the values of the society etc. "To scientifically analyze any social behavior of an individual, it is necessary that we pay attention to the factors by which it is influenced" (Barrow, 1957).

When there is similarity in social and economic level among the individuals, then they easily form a group. Due to similarity in socio-economic level, the attraction among them to be close to each other increases, which results in what happens is that a group is easily formed through them". Through these groups, similarity in mental state also arises among the players. Players' inclination or attachment towards sports arises according to their thinking and interest. The social environment in which players live has an impact on their mind and brain. This describes the psycho-social condition of the players.

Sports environment and facilities in Schools

School is the place where a player imbibes qualities like self-discipline, cooperation, morality, character, sociality etc. The school environment has a huge impact on the personality of the players. School is the time in life when a player goes through the most intense process of development and growth. The knowledge of all-round development of a person should start from his physical development only, because the body is the foundation of human existence. The issues of mental, intellectual and social development begin only after this. The mode of teaching process has been determined by nature itself, because the basis of physical process is the internal stimulation of the organism. In fact, proper guidance of physical movement is physical education. Schools provide a variety of facilities to their players. These facilities are distributed among various departments. Every department uses these facilities appropriately. There is a "Department of Physical Education and Sports" in the school. Sports have an important place in every school. Schools get a special respect and identity through sports. The school administration pays special attention to sports and also provides various types of facilities to its players so that the players do not face any kind of problem.

There are players from every level in the school. Some players get national fame and some are of state level. Financial support is given to every type of players due to which they get some assistance for their sports. Schools not only provide financial assistance to the players but also provide items related to their sports, which helps the players in practicing their sports and also in collecting sports material related to the sports. Players have to do many important tasks related to sports. The school administration also provides scholarships to the players based on their sports. The amount given to the players through these scholarships. It helps players in performing many types of tasks. Schools try to increase the quality of players through these facilities. The sports department of the school is a medium to make players excellent players. In the Department of Physical Education and Sports, in order to bring the sports of the players to a higher level in their school, like every other subject, sports are also practiced as per the time table. Players are not only made to practice sports in the fields but are also given complete education regarding history, physical knowledge and related subjects of sports, due to which players get complete information about sports also. School administrations also provide the facility of sports coaches related to sports to their players, because without a highly trained coach, no player can become a high-level player. Only a highly trained coach knows the intricacies related to the game and can make the players proficient in it. The school administration arranges sports coaches for all those sports.

The most important thing for a player is his health, because without a healthy body, no player can play any kind of sport. No matter what sport a player plays, it is mandatory for him to be healthy. The school administration pays special attention to this. Giving importance to the health of the players in the school, they provide the facility of medical checkup every month. In these medical checkups held every month, accurate information about the health of the players is provided. Due to these medical checkups, players get correct information about their health due to which they remain alert towards their health. If a player is not healthy then he will not be able to play any sport like a player.

Conclusion

The gathering of physical education or sports players is a high ideal creation. The ideals that ethics establishes. Sports or physical education strives to achieve naked ideals. This is why sports genre (physical education) has been included in the cultural programme. Sports is an important part of human personality development. Sports are related to many aspects of human life. Along with the individual, it is also an important aspect of the society. The relation between sports, players and sports traditions can be taken from the origin of the society. The school administration not only tries to make its players good players but also

supports them financially. The sports department in the school arranges sports equipment for its players according to their sport. It is clear that there is a lot of disparity among the players regarding sports in the school.

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