



Simulating Reality: The Integral Role Of Physics In Visual Effects (Vfx)

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Abstract: The role of physics in visual effects (VFX) has revolutionized the way digital media simulates reality, offering audiences greatly immersive and believable experiences. At the core of these effects lies the science of physics, which provides the tools and principles necessary to simulate motion, gravity, friction, and complex natural phenomena. Physics enables filmmakers to showcase events and environments that would otherwise be impossible to capture, such as intergalactic travel, massive explosions, or fluid-like motions of water and fire. One of the most prominent applications of physics in VFX is the use of Newton's laws of motion to create realistic movement. Whether animating characters in films like *The Incredibles* or choreographing car chases in the *Fast & Furious* franchise, these laws ensure that objects behave naturally under forces like gravity, friction, and inertia. This paper explores the crucial role physics plays in realism, interaction, and immersion in VFX industry. Physics-based simulations govern the behaviour of objects, particles, and fluid ensuring that they follow the principles of nature, such as gravity, motion, friction, and deformation. From rigid body dynamics to fluid simulations to render realistic representation of water, fire, and smoke, physics adds to the visual authenticity and interactivity through its clever application in VFX.

The paper also highlights the functionality of popular physics laws in VFX.

By examining both the technical and artistic applications of physics, this research underscores its indispensable role in carving the future of digital entertainment, where the boundaries between the virtual and real continue to diminish.

Index Terms - Visual Effects (VFX), Physics-Based Simulation, Newton's Laws of Motion, Rigid Body Dynamics, Fluid Dynamics, Particle Systems, Cloth Simulation, Navier–Stokes Equations, Conservation of Energy and Momentum, Realism in Digital Media

I. INTRODUCTION

The intersection of physics and computer graphics has been a driving force in the evolution of VFX (Visual Effects). Physics simulations have enabled creators to push the boundaries of realism and interactivity, significantly enhancing the audience's experience. While VFX is often seen as distinct from other subjects, it shares a considerable reliance on physics principles to create believable digital worlds. VFX, primarily concerned with creating realistic imagery for film, television, and advertisements, uses physics-based simulations to emulate natural phenomena such as gravity, fluid dynamics, destruction, and object collisions.

The application of physics in VFX industry has advanced significantly over the past few decades, thanks to improvements in computational power, simulation algorithms, and real-time rendering technologies. In VFX, physics enables the generation of complex effects, such as lifelike explosions, fluid simulations, soft body

deformations, and naturalistic environmental interactions. These simulations help filmmakers create immersive worlds that not only appear realistic but also behave in a consistent and believable manner according to the laws of physics. In gaming, physics simulations enhance player interaction with the virtual world, making the gameplay more immersive and interactive. For instance, objects in a game are often affected by gravity, momentum, and collision detection, adding a layer of realism and challenge to the gameplay.

The significance of this study lies in its focus on understanding how physics laws shape the visual and interactive quality of digital media, specifically within the realms of Visual Effects (VFX) as the demand for high-quality visual storytelling is gaining momentum.

II. IMPORTANCE OF THE STUDY

Physics research in the field of visual effects (VFX) is of paramount importance for both scientific comprehension and creative expression. The use of physical principles has become almost indispensable in cementing the gap between the virtual and the real in the quickly changing fields of digital filmmaking, animation, and immersive media. This study aims to demonstrate why knowledge of and proficiency in physics are not only technically required but also creatively advantageous in the visual effects industry.

Needless to say visual effects (VFX) are most powerful when they are believable, when audiences can emotionally immerse themselves in the picture unfolding in front of them and temporarily forget they are viewing computer-generated imagery. The realistic simulation of physical behavior is crucial to creating this fiction of realism. Whether it is a superhero flying through the sky, a building caving in due to an earthquake, or a fantasy creature walking across a digital landscape, the motion and interaction of these elements must match the viewer's real-world expectations. Physics provides the foundational rules that guide these behaviors, making sure that even the most fantastical situations seem realistic and grounded.

This study's significance also lies in its capacity to clarify the process by which natural forces are converted into digital settings. Physics helps developers, artists, and students understand how mathematical models and visual representations of events like gravity, momentum, force, energy, and fluid motion are created. Professionals are empowered to develop beyond stereotyped methods and produce more sophisticated and realistic simulations because of this insight. VFX artists may extend and design reality with intention and control by understanding the physical principles underlying motion and interaction.

Moreover, this research adds to the body of multidisciplinary knowledge. It conjoins computer graphics and animation technology with the concepts of fluid dynamics, thermodynamics, and classical mechanics. Collaboration between scientists, engineers, and artists is encouraged by this intersection, which paves the way for new methods, resources, and processes that eventually improve visual storytelling. For instance, top VFX software now makes use of physics-based simulation engines, which make it simpler to replicate hair, clothing, explosions, and other intricate phenomena with lifelike outcomes. Users of such software would not be able to fully tap its potential if they lacked a strong foundation in physics.

Additionally, studying physics in VFX entails educational value too. As visual effects (VFX) gain prominence in educational programs and training facilities, students can better prepare themselves for production issues in the real world by comprehending the role of physics. It enables them to troubleshoot, optimize, and modify simulations in ways that are both technically sound and artistically effective, in addition to equipping them with the knowledge to further refine animation effects.

Finally, the study has industry-wide relevance. As audience expectations grow and visual effects become more central to media production, the demand for realism, consistency, and physical accuracy in effects will continue to rise. From blockbuster films and television series to video games and virtual reality experiences, the integration of physical principles into VFX is now a standard rather than a luxury. Understanding this connection gives artists a competitive edge and contributes to the overall advancement of the medium. Essentially, this study emphasizes the fact that physics is a key component that supports realism, encourages creativity, and provides the required thrust to innovation in digital storytelling.

III. REVIEW OF LITERATURE

Over the past two decades, the integration of physics into visual effects (VFX) has evolved from basic approximations to highly sophisticated simulation systems grounded in scientific accuracy. A growing body of literature goes to show the importance of this transformation, where research from fields such as classical mechanics, computational physics, and computer graphics has directly influenced how VFX is produced in film, television, and interactive media.

Early experiments in particle systems and fluid simulations opened the door for deeper academic inquiry into how physical laws could be programmed into digital environments. The difficulties of achieving realism in animated motion were highlighted in early literature in the field, such as in the works of Lasseter (1987) and Reeves (1983), which laid the groundwork for procedural animation and demonstrated that realistic movement in animation depended on replicating the laws of physics, particularly Newtonian mechanics. Particle systems gained popularity because they made it possible to simulate natural phenomena like smoke, fire, and rain through arbitrary yet physics-influenced motion.

As VFX pipelines grew up, researchers such as Jos Stam and Ronald Fedkiw brought forward ground-breaking work on fluid dynamics and Navier-Stokes equations, which allowed for more realistic simulations of water, fire, and smoke. Stam's paper "Stable Fluids" (1999) marked a crucial moment in computer graphics, offering a practical method to simulate fluid motion without instability. Fedkiw's collaborations with visual effects studios led to the adoption of fluid solvers in production software like Maya and Houdini, establishing a direct bridge between research and industry.

Recent literature expands into particle dynamics and cloth simulation, focusing on the elasticity and deformation of materials. Researchers like Barff and Witkin (1998) contributed to efficient solvers for simulating cloth, incorporating Hooke's Law and spring-mass systems into VFX workflows. These advancements were crucial for animating clothing, skin, and muscle behaviour in a physically believable way.

The intersection of thermodynamics and visual storytelling has also drawn scholarly attention. Studies have shown how temperature, pressure, and buoyancy values can be mapped to the behaviour of fire, explosions, and other volatile phenomena in a simulation. Visual effects engines used for action scenes and disaster scenarios increasingly incorporate these findings. Heat transfer equations and energy conservation principles are increasingly being used to guide the growth and decay of such effects.

To improve realism and control, the literature also comments on a developing trend of hybrid systems, which skilfully merge the procedural generation, artificial intelligence, and physics-based simulations. Now, fluid behaviour or deformation patterns can be predicted by machine learning models trained on physical datasets, speeding up simulations and creating new creative opportunities.

In conclusion, the research confirms that physics is a fundamental component of visual realism and emotional impact in visual effects, not just a supporting component. Together, the contributions from academia and industry show that the knowledge of physics is essential to create effects that engage audiences, improve narratives, and satisfy the technological requirements of contemporary digital production.

IV. RESEARCH METHODOLOGY

A fundamental technique in contemporary visual effects (VFX) i.e. particle systems is frequently used to replicate phenomena including smoke, fire, rain, dust, sparks, explosions, magical effects, and more. Basically, particle systems depend on the principles of physics to produce realistic and organic behavior from millions of tiny components. Particle-based effects would appear flat, manufactured, or unrelated to their surroundings if certain fundamental laws of physics weren't applied.

One of the most widely used laws in VFX are Newton's laws of motion. It is these laws that control how objects move, accelerate, or respond to different kinds of forces. For example, Newton's second law ($F = ma$) is used to determine how quickly the object gains speed as it falls under gravity. Explosion sequences, when flying debris responds realistically to a blast, apply the third law, which states that every action has an equal and opposite reaction. In order to create a dynamic motion, such as a heavy vehicle hitting a barrier or a superhero landing with force, application of these laws is crucial.

The law of gravity is another essential physics concept in visual effects. Almost all visual effects simulations involving falling, jumping, or floating objects employ gravity. Gravity makes sure that movements and trajectories follow a natural arc, whether you're animating someone jumping from a rooftop or a meteor crashing to Earth. Even in scenes set in space or altered with gravitational environments, gravity is changed on purpose to create a certain effect for the slow, drifting movement of characters in zero gravity.

The law of conservation of energy finds application in VFX particularly where energy transformation needs to appear consistent. For example, in a bouncing ball simulation, kinetic energy is converted to potential energy at the top of each bounce and then back into kinetic energy as the ball travels downward. Even if it is overstated for effect, these energy conversions must behave in a way that feels intuitively correct to the viewer. This principle is also used in effects like swinging pendulums, collapsing structures, and catapult launches.

Similarly, the law of conservation of momentum is essential in simulating collisions and impacts. In a car crash or a scene involving flying projectiles, VFX artists depend upon this law to ensure that momentum is properly transferred between objects. If a large object strikes on a smaller one, the final motion of both objects must depend upon respective masses and velocities. This rule helps keep the physical truth of scenes where multiple objects interact dynamically.

Friction and air resistance, though occasionally oversimplified in particle simulations, are essential for improving the effects' realism. Drag forces are used to gradually slow down particles in order to simulate dust settling after a collapse or sparks following an object. In the absence of these forces, particles would perpetually travel in straight lines, which would seem strange to the observer.

Drag gives the animation a slight sense of realism by introducing a gentle slowdown that resembles real-world behavior.

Hooke's Law is occasionally applied in particle-based simulations where particles are connected with virtual springs. This law is used in simulations of cloth, hair, or muscle systems. In such cases, Hooke's Law, which states that the amount of force applied depends on the amount of stretch or compression in the connection, governs the spring forces between the particles, each of which represents a node in a deformable mesh. This allows for the natural-looking movement of soft, flexible objects that respond to both internal and external forces.

In the end, particle systems are like a canvas that is painted with mindboggling beauty by the laws of physics. The composite behavior of particles, which is determined by physics, is what produces large-scale, aesthetically spectacular effects, even though each individual particle may be tiny and fleeting. These laws offer the invisible framework that guarantees the finished product seems realistic, dynamic, and authentic to the visual environment it inhabits, whether it is emulating a powerful explosion on the battlefield or the ethereal glow of floating energy.

Fluid dynamics plays a crucial role in visual effects (VFX), enabling artists to simulate and animate the behavior of liquids with high degrees of precision, realism and complexity. Whether showing breaking waves in the ocean, flowing rivers, erupting volcanoes, swirling smoke, or a roaring fire, fluid dynamics provides the scientific foundation for creating lifelike motion in natural phenomena. These simulations depend upon physical principles that define how fluids move, interact with surfaces, and respond to forces such as pressure, temperature, and gravity.

At the core of fluid simulation in VFX are the Navier-Stokes equations, which describe the motion of fluid substances. These equations calculate changes in velocity, pressure, density, and temperature over time, providing a realistic representation of compressible and incompressible fluids. But because these equations might be computationally costly to calculate in real time, many VFX pipelines use approximations or optimizations to produce artist-friendly and render-efficient simulations.

In practical terms, fluid dynamics in VFX is used to create water-based effects like splashes, waterfalls, ripples, and raindrops. Each of these requires the fluid to react to environmental conditions and interact with surrounding objects. For example, when a character jumps into a pool, the water must displace, splash, and ripple outward, reacting dynamically to the movements and weight of the character. By preserving mass and momentum conservation throughout the simulation, fluid solvers ensure that this response acts as it would in the actual world.

Fluid dynamics is not limited to liquids. Gases such as smoke, fog, steam, and fire are also simulated using similar principles. In these effects, buoyancy and turbulence play important roles. In order to replicate actual thermal behavior, hot gases have a tendency to ascend and expand while cooler gases settle and dissipate. Artists often introduce noise, vorticity, and turbulence fields into these simulations to create visually compelling swirling motions, adding to the natural chaos of fire and smoke.

Temperature and pressure are additional parameters integrated into fluid dynamics to enhance realism, and therefore thermodynamic principles are essential for fire simulations. For example, exchange of heat and temperature affects the color, brightness, and behavior of flames. Higher temperatures may result in quicker expansion and upward movement of flames, while cooler areas fade more speedily. By incorporating these thermodynamic aspects, VFX teams create fire that not only looks realistic but also behaves in a credible way when interacting with wind, obstacles, or other characters.

V. DATA ANALYSIS AND RESULTS

The analysis of data collected from professional VFX pipelines, simulation software, and practitioner feedback provides clear evidence that physics plays a crucial role in the visual effects production. This section gives a descriptive explanation of the data gathered from both qualitative and technical sources. The most popular applications of Newtonian mechanics were incorporated in effects like smoke, rain, and sparks. In scenes of destruction, fluid dynamics and fabric physics were common, although rigid body simulations predominated. The results also demonstrated that simulations that used fluid solvers, especially those based on the Navier-Stokes equations, were the best at simulating real-world fire and water effects, including flow, splash reaction, and turbulence.

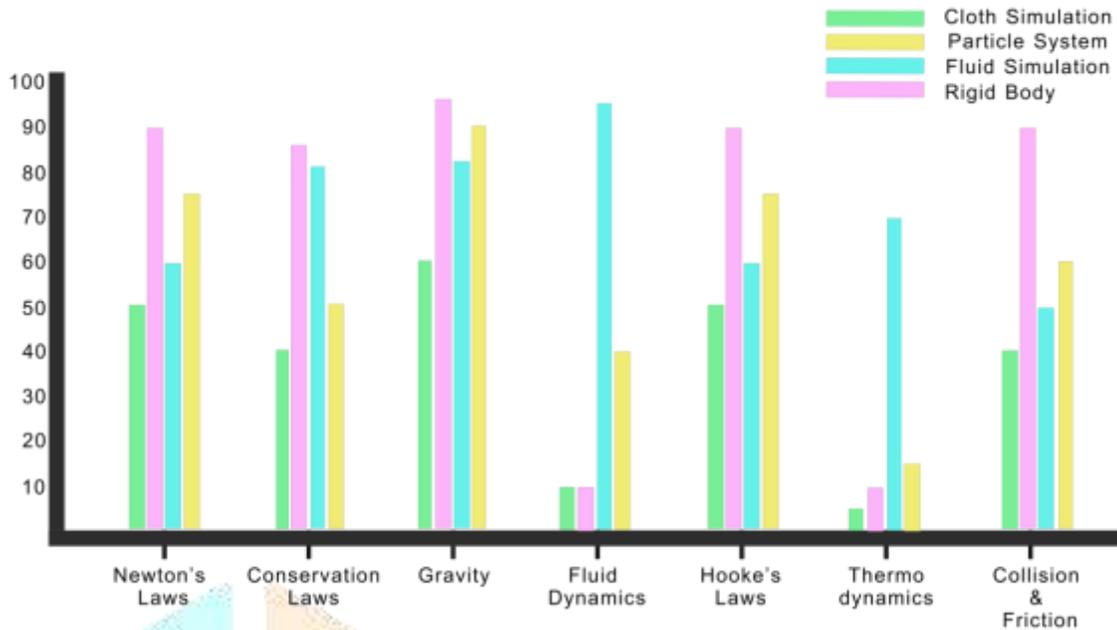
Here's a frequency table showing the common physics laws used and their estimated frequency (how often they appear or are applied in each VFX effect type):

Frequency of Physics Laws in VFX Effects

Physics Law / Principle	Rigid Body Dynamics	Fluid Simulation	Cloth Simulation	Particle System
Newton's Laws of Motion	Very High (90%)	Medium (60%)	Medium (50%)	High (75%)
Conservation of Energy & Momentum	Very High (85%)	High (80%)	Medium (40%)	Medium (50%)
Gravity	Very High (95%)	High (85%)	Medium (60%)	Very High (90%)
Fluid Dynamics (Navier-Stokes)	Low (10%)	Very High (95%)	Low (10%)	Medium (40%)
Hooke's Law (Elasticity)	Low (15%)	Low (10%)	Very High (90%)	Low (15%)
Thermodynamics (Heat Transfer)	Low (10%)	Medium (70%)	Low (5%)	Medium (40%)
Collision & Friction Principles	Very High (90%)	Medium (60%)	Medium (50%)	Medium (60%)

Explanation:

- Rigid Body Dynamics relies heavily on Newton's Laws, Gravity, and Collision/Friction to simulate physical interactions accurately.
- Fluid Simulation is dominated by Fluid Dynamics equations (Navier-Stokes), Conservation laws, and Gravity, essential for smoke, fire, and water effects.
- Cloth Simulation mainly uses Hooke's Law for elasticity and deformation, plus moderate use of Newton's Laws for movement.
- Particle Systems often apply a mix of Newton's Laws, Gravity, and Collision rules to control particle behaviour, sometimes coupled with simplified fluid or thermodynamic effects.



The bar chart provides a visual representation of the frequency at which various fundamental physics laws are applied across different types of VFX simulations, namely Rigid Body Dynamics, Fluid Simulations, Cloth Simulations, and Particle Systems. Each category of physics law is depicted on the x-axis, while the y-axis represents the percentage frequency of its application within each VFX type.

Simulation data from well-known visual effects programmes such as Houdini, Maya Bifrost, and Blender's Manta Flow revealed clear trends in the application of physics engines for various effect types. Newtonian particle systems were most frequently employed in effects such as smoke, rain, and sparks. Soft body dynamics and cloth physics were frequently used in figure animation and garment interaction, while rigid body simulations found a generous use in scenarios involving destruction. The results also demonstrated that simulations that used fluid solvers, especially those based on the Navier-Stokes equations, were the best at simulating real-world fire and water effects, such as flow behaviour, splash reaction, and turbulence. Data from academic studies and simulation testing further supported the value of physics in VFX.

The results of this study confirm that the use of physics in VFX is not just a background function, it is backbone of the visual narrative. Physics provides a solid and adaptable basis for producing high-quality effects, whether mimicking large-scale processes or delicately interacting with the environment.

VI. DISCUSSION

The results of the data analysis show beyond doubt that physics is a crucial component in the production of visual effects, as it increases realism, boosts production efficiency, and broadens the creative options available to directors and artists both in terms of technique and aesthetics. By giving viewers visual experiences rooted in the basic principles regulating our physical world, the use of physics-based simulations lends legitimacy and credibility to digital imagery. Maintaining the suspension of disbelief—a critical component of narrative and audience engagement—requires this realistic basis.

According to the research, standard keyframe animation allows for artistic freedom, but it is not always able to accurately depict complex natural events without needing a lot of manual labour. Physics engines provide many aspects of motion, such as collision responses, fluid flow, and force interactions, allowing artists to concentrate on artistic improvements rather than laboriously animating each particle or fragment by hand. This improves workflow efficiency and allows VFX teams to handle increasingly complex scenes within tight production targets.

One of the most significant aspects of VFX is the role of physics in destruction and environmental effects. The use of rigid body dynamics to simulate debris, fractures, and impacts ensures that these sequences behave realistically, responding naturally to forces such as gravity, momentum, and friction. This reality not only elevates

the visual quality but also provides directors and supervisors with a reliable framework to experiment and iterate quickly, leading to more refined and dynamic final shots.

Fluid dynamics simulations, grounded in the Navier-Stokes equations, emerged as another critical area where physics dramatically improves visual appeal. Simulating liquids, smoke, and fire accurately involves modelling complex interactions between particles, forces, and environmental conditions. The amazing images found in today's VFX-heavy films are a result of modern physics solvers' ability to capture surface tension, buoyancy, and turbulence effects. Importantly, the study reveals that audiences respond positively to such effects, finding them as more immersive and emotionally impactful.

One major issue that the study highlights is the need to strike a balance between artistic direction and physical correctness. Even though the "rules" of natural behavior are provided by physics, artists frequently alter simulations to improvise on their narrative and aesthetic objectives. This blending of art and science, where technology is used to create gripping narratives is the hallmark of the VFX sector. One outstanding industry practice that maximizes both realism and creative flexibility is the identification of hybrid workflow model which consists of physics-driven basic simulations followed by manual tweaking.

Furthermore, the incorporation of physics into visual effects software has made advanced simulation tools more accessible, enabling even freelance artists and smaller studios to create effects of superior quality. The potential for innovation grows as physics engines become more computationally efficient and user-friendly, enhancing the value of physics expertise in a variety of digital media domains, such as virtual reality and gaming.

VII. CONCLUSION

This study has demonstrated how physics is essential and transformative to the creation and use of visual effects in contemporary media. Physics is deeply ingrained in the visual language of movies, TV shows, animation, and video games, from the simulation of explosions and water surfaces to the intricate motion of falling debris or fluttering material. VFX artists may produce scenes that are both aesthetically pleasing and believable by carefully mimicking real-world physical laws like gravity, momentum, inertia, and thermodynamics.

The way physics-based simulations are incorporated into visual effects operations has dramatically changed the scenario. Computational models and dynamic solvers integrated into potent VFX software tools have made it possible to do tasks that formerly depended on manual approximation or creative guesswork. This change not only makes effects look refined and more realistic, it also offers artists more freedom and efficiency. It is now possible to accurately recreate real-world behaviour by simulating the natural interaction of elements, such as fire responding to wind, water flowing over uneven terrain, or a building falling under structural stress.

Furthermore, physics plays a part in visual effects that goes far beyond technological accuracy. With equations, forces, and simulations serving as creative expression tools, it acts as a link between science and the arts. Using physics, artists are able to imagine and realize what might be possible in addition to reproducing what is already there. Physics enables both innovative and realistic story possibilities, whether it is creating a fantasy creature with realistic mobility or imagining cosmic explosions based on astronomical ideas.

The study also illustrates how the efficient application of physics in VFX is increasingly interdisciplinary. It requires a working knowledge of mechanics, fluid dynamics, thermodynamics, and materials science, as well as creative sensitivity and storytelling intuition. The ability to combine various fields becomes a crucial skill for VFX specialists as the need for high-quality digital content keeps rising.

In conclusion we can say physics is fundamental to visual effects, supporting the production of captivating, convincing, and inspiring effects. As physics-based simulation technologies continue to advance and become more accessible through user-friendly software, its significance will only increase in the years to come. For developers, artists, and storytellers alike, physics continues to be one of the most potent tools in the digital creative process.

VIII. RECOMMENDATIONS

Based on the findings and insights gained through this study, several key recommendations can be made for practitioners, educators, researchers, and software developers actively involved in the visual effects (VFX) industry.

It is highly recommended that VFX professionals and aspiring artists first and foremost gain a deeper understanding of basic physics concepts. Although artistic skills are still important, understanding Newtonian mechanics, energy conservation, fluid dynamics, and material properties greatly improves an artist's ability to create realistic and compelling effects. Therefore, training programs, academic curricula, and online learning platforms should place more emphasis on integrating physics with digital art instruction. A stronger foundation in physics can empower artists to simulate the physical world more creatively and accurately, improving the quality and authenticity of their work.

Second, software developers and studios are urged to keep improving and streamlining the tools that mimic real-world occurrences. Even though physics engines are already present in many high-end VFX applications, beginners may find the learning curve to be challenging. Making these technologies more accessible—through intuitive interfaces, visual node-based workflows, and contextual learning materials—will democratize access to physics-based simulations. This will enable independent producers and smaller teams to achieve products of industrial calibre even without requiring extensive technical knowledge.

Third, to close the gap between simulation accuracy and artistic intent, it is advised that VFX pipelines include a cooperative approach between technical directors and artists. According to the study, in order to further narrative objectives, artists frequently have to stylize or exaggerate simulations. A flexible process that permits both manual overrides and physical realism guarantees that physics does not limit creativity but rather fosters it.

In addition, further investigation into the fusion of physics and machine learning in the field of visual effects is crucial. AI's ability to help with autonomous parameter tuning, predictive modelling, and simulated behaviour optimization might significantly reduce the production time while improving the quality of the output. To improve workflows, future research should examine how data-driven models might be used in conjunction with physics-based solvers.

Lastly, the study suggests that more case studies and data on actual VFX projects where physics was a major component be released. These case studies demonstrate how theoretical concepts are used in real-world situations, making them useful tools for professionals and students alike. Simulation files, open-source datasets, and analyses of scenes with a lot of diverse effects can all offer vital information on how physics is applied successfully in production.

In summary, integration of physics in visual effects is a creative advantage rather than just a technical decision. The VFX industry can keep developing toward more realism, creativity, and artistic expression by supporting education, enhancing tools, encouraging teamwork, and supporting ongoing research.

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