



# A Critical Study Of The Third Man Argument And Its Contemporary Relevance

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## ABSTRACT

The Third Man Argument (TMA) is one of the most significant and most persistent criticisms of Plato's Theory of Forms. While the argument was briefly introduced in Parmenides, it became more influential through Aristotle's discussion in the Metaphysics. The argument is so important essentially because it challenges the basic structure of the Theory of Forms by showing that the principles meant to explain similarity end up creating an endless chain of Forms. For this reason, the TMA has continued to be a central concern for people who study Plato's metaphysics.

This paper uses straightforward textual and philosophical analysis. I lay out the steps of the argument in a straightforward manner, without heavy technical jargon, and show you the assumptions – e.g., self-predication, one-over-many principle – that make the regress unavoidable. I also examine how various thinkers, including Aristotle, medieval philosophers, and modern scholars, have understood or attempted to address the argument.

The paper asserts that the Third Man Argument remains a useful and effective method for assessing metaphysical theories. The present and future work may consider how ideas in current terms, such as conceptualism, trope theory, or modified forms of realism, attempt to avoid the regress that Plato's original principles could not escape.

**KEYWORDS:** Plato, Third Man Argument, Universals, Infinite Regress, Forms

## 1. INTRODUCTION

One of the most pervasive criticisms of Plato's Theory of Forms has been the Third Man Argument (TMA), which challenges the very principles of the original theory. To account for stability, universality, and similarity among particulars, Plato introduced the Forms. The TMA raises a fundamental question: if the Form itself shares the property it explains, then the theory fails to give a final account and instead generates an endless chain of Forms (Plato, 1997). Since this objection touches the core of Platonic metaphysics, it has received continuous attention from ancient to modern times.

Various perspectives have been presented in a vast body of scholarship concerning the TMA. The first systematic version of the Metaphysics arose from Aristotle's critique at the outset, which influenced later interpretations (Aristotle, 1984). Neoplatonists sought to prevent the regress by denying that Forms are self-predicating. Medieval philosophers, notably Augustine and Aquinas, rooted Forms in the divine intellect so that the separation from it disappears and regress is removed. From the modern-day perspectives of Vlastos (1954), Moravcsik (1962), Fine (1993), and others, these contributions examined the logical framework of the argument and the implications of that for the problem of universals. Today's metaphysics still relates to the TMA in relation to abstract objects, resemblance, and universal-particular relations (Loux, 2006; Armstrong, 1978).

Yet even in the many existing studies, there are some gaps. Unfortunately, most of the previous research that has been written either approaches the argument in a very technical manner or limits the discussion to historical or textual details and does not explicitly place the TMA in the context of philosophical concerns of our time. For some, there is even thick logic used, which makes it hard for readers to pick up. Thus, even today, there is still a need for a clear, accessible, and conceptually focused explanation that connects the classical form of the TMA with ongoing debates in analytic metaphysics.

The present study is selected to fill this gap by offering a simple, detailed discussion of the Third Man Argument and its continuing significance. In short, this paper explains the TMA in a clear manner and analyses its relevance for modern discussions of universals and metaphysical explanation.

## 2. PLATO'S THEORY OF FORMS

Plato's Theory of Forms is the cornerstone of his metaphysical system and the basis for knowledge, universals, and the structure of reality. The sensible world we experience through the senses is always changing and cannot give stable, trustworthy knowledge, according to Plato. Behind this world of change lies the intelligible realm of Forms, which are perfect, eternal and unchanging realities (Plato, 1997). These Forms serve as the true objects of knowledge, because they remain the same across all times and situations, unlike the particular objects that merely imitate or participate in them.

Plato introduced the Forms to explain why many objects can possess the same quality. Many things are beautiful, and yet beauty itself appears unchanging. Many objects are equal in some respect, but equality itself is unchanging. The Form is the standard or model behind all particular instances (Plato, *Phaedo*, as discussed in Fine, 1993). This separation between the sensible and intelligible realms allows Plato to maintain that knowledge is possible only when the mind grasps the stable Form, not the changing object.

Three principles are crucial for understanding what the Theory of Forms is. The first principle is the one-over-many principle, which says that in the event that more than one thing shares a property, there must be a Form which causes it to be so (Vlastos, 1954). The second principle is self-predication, which is to say that the Form must have the same property that it describes—for example, the Form of Beauty is itself beautiful. The third principle is non-identity: in this view, the Form is separate from all the particulars which rely on it (Moravcsik, 1962).

Collectively, their principles dictate Plato's metaphysical structure, but they also lay the groundwork for the Third Man Argument. Together, in other words, they mean that the Form may become merely another representation of the property for which the similarity can be explained. This tension in the Theory of Forms sets the stage for the regress issue laid in the TMA, making it a matter of great concern later in this paper.

## 3. STRUCTURE OF THE THIRD MAN ARGUMENT

This Third Man Argument (TMA) is a response to the internal logic of the Theory of Forms and asks whether Plato can justify why something is similar or universal. This argument briefly appears in the *Parmenides* of Plato (132a–b), in which Parmenides questions the young Socrates on the assumptions behind the Forms.

Even though Plato articulates the argument in a truncated way as an exploratory one rather than a definitive one, Aristotle later offers a more precise and systematic version, which he outlines in his *Metaphysics* book (Aristotle, 1984). The central aim of the TMA is to demonstrate that the three tenets of Plato—one-over-many, self-predication, non-identity—create an infinite regress of Forms rather than a final thesis.

The structure of the argument is well understood through simple examples. Suppose we picture a group of individual men. Under the one-over-many principle, their similarity must be accounted for by the Form of Man. This Form contains perfect, fixed quality and is independent of all particular men. But since the Form also has that property for which it gives reasons, the Form of Man is itself a man (Vlastos, 1954). This is based on self-predication: the Form is the definitive standard of the property it stands for.

At this stage, the issue starts. If the Form of Man is to be man too, then a new whole category of things will be created, which, to begin with, have the same property: the particular men, and secondly, the Form of Man. Both belong to the same class, and the one-over-many principle currently requires a second Form - a Form of Man - to justify the uniformity between the first Form and the particulars. But this new Form will also have the property of “being a man,” which means it must also belong to the same group. That same principle calls for a higher Form to reason why such earlier Forms resemble or so closely resemble the original particulars. This endless cycle creates a never-ending succession of higher-level Forms. Aristotle notes that this regress is inevitable if the initial assumptions stay; modern commentators such as Loux acknowledge it is inevitable — the pattern follows an infinite chain of Forms, with no concluding explanatory stopping point (Aristotle, 1984; Loux, 2006).

The Theory of Forms is unable to provide a single, final explanation for similarity because each Form becomes one more instance that requires another higher Form. As Moravcsik (1962) puts it, the regress comes not through misunderstandings, but the logical consequences of Plato’s own commitments. By showing that the theory cannot produce a final Form for any property, the TMA reveals a profound tension within Platonic metaphysics. This regress problem lies at the heart of why the TMA remains an object of major philosophical debate.

#### 4. IMPLICATIONS OF THE INFINITE REGRESS

That the Third Man Argument generates an infinite regress leads to several important implications for that structure. First, and most immediately obvious, the Theory of Forms cannot sustain the notion that there is one ideal Form for each property. Instead, every system Plato proposes presupposes that there is one Form of Beauty, one Form of Justice, one Form of Man (Plato, 1997). Yet, if each Form becomes yet another instance of the property it is supposed to explain, then the theory generates an unlimited number of Forms for each universal. This contradicts Plato’s intention and also destroys the unity and stability of the intelligible realm.

A second major implication relates to the explanatory utility of the Theory of Forms. The purpose of introducing Forms was to provide a secure foundation for explaining similarity among particulars. However, as Vlastos (1954) suggests, as soon as the Form becomes part of the whole that is to be explained, the theory has no complete response. Instead of clarifying why things share a property, the theory only pushes reason upward into new Forms indefinitely. Consequently, the very mechanism intended to solve the problem ends up multiplying it and leaves the explanation incomplete and unstable.

A third consequence is that the classical distinction between the sensible world and the intelligible world is weakened. If Forms resemble the particulars too closely—because they share the same property—then the boundary between the two realms becomes blurred. Scholars such as Moravcsik (1962) suggest that this weakens Plato’s attempt to separate perfect and imperfect reality, creating an internal tension within the metaphysical framework.

Finally, the regression reveals serious issues with participation theory. Participation was meant to express how particulars share the relation to Forms, and yet if Forms must necessarily share in the relation to higher

Forms too, that relation is circular or indefinitely postponed. The difficulty of its definition indicates that the notion of participation itself may not have been clearly defined in Plato's early metaphysics. The Third Man Argument, therefore, exposes more than just the one flaw of the theory but a deeper structural challenge that later philosophers would seek to solve through multiple solutions.

## 5. HISTORICAL INTERPRETATIONS

The Third Man Argument has been interpreted variously through a variety of philosophical periods, shaped as it is by different concerns regarding universals, identity, and explanation. Aristotle was the first and most famous philosopher. In the Metaphysics, he regards the TMA as a decisive objection to the separate existence of Forms, claiming that universals must be immanent in particulars, rather than in an exterior space (Aristotle, 1984). As for Aristotle, the regress suggests that a transcendent Form can't account for anything, since it's only reproducing the very property it's supposed to point the way to. That notion was the groundwork for later Aristotelian realism, which had far-reaching effects on medieval and early modern philosophy.

The TMA, however, was viewed quite differently by the Neoplatonists. Instead of viewing it as a rebuttal, thinkers like Plotinus attempted to reinterpret the premises that generate the regress. Many Neoplatonists denied the principle of self-predication, asserting that the Form of Man is not itself a man but the cause or source of man (Fine, 1993). Separating the function of the Form from the property it indicates, the intention was to block the regress and maintain the transcendence of the intelligible realm. This is a more generalised Neoplatonic attempt to restructure Plato's metaphysics into a more hierarchical and unified system.

Christian philosophers in the medieval period, from Augustine and Aquinas, provided a theological perspective on Plato. They gave the Forms a place in the mind of God as divine ideas and not as independent abstract objects. This solves the regression problem by holding all Forms in one, unified source, which prevents them from duplicating or simulating the other Forms. As this reading deviates so greatly from Plato's original context, it also offers insight into how the TMA influenced medieval thought on the nature of universals and divine knowledge.

Contemporary studies have kept turning back to the argument from a different angle. Vlastos (1954) famously contended that the TMA is the most powerful internal critique of the Theory of Forms, revealing deep logical tensions in Plato's metaphysics. The difficulty is not so much with the presence of Forms as their formation (Moravcsik 1962), but instead the assumptions made on their participation and resemblance. It has more recently found its way into debates in analytic metaphysics that are concerned with the TMA and issues of self-reference, resemblance classes, and the structure of universals (Loux, 2006). It's these debates that make plain that the argument is a continuing, not just an ancient puzzle, part of the philosophical body of knowledge.

The interpretive history of the TMA reveals the enduring relevance of such ideas. On an even greater scale, each philosophical tradition approached the argument in its own light that mirrored wider concerns for explanation, universals, and the nature of abstract entities. Responses to that question also showed how flexible and broad a problem the argument really poses.

## 6. CONTEMPORARY RELEVANCE

The Third Man Argument continues to be of such relevance in modern philosophical thought in that its problems span well beyond Plato's classical parameters. Modern metaphysics cannot escape a lot of the questions, many of which have long haunted the philosophical project, which the TMA raises, especially in discussions of the nature of universals, the structure of explanation, and the role of abstract entities in philosophical theory. Although the argument was originally directed at the Theory of Forms, its underlying logic applies to a wide range of contemporary positions that attempt to explain similarity through higher-level properties or abstract objects.

Most notably, the field in which the TMA has a continuing influence is the issue of universals. Realists insist that universals exist independently of the mind, whereas nominalists deny their existence altogether. Universals are placed within mental frameworks by conceptualists. All of these views must address some version of the question raised by the TMA: how do we explain the resemblance between different things without generating a regress? Philosophers like Armstrong (1978) have tried to evade this by advocating immanent realism: universals only exist within particulars. Furthermore, as Loux (2006) points out, even in these modern discussions, the TMA remains a useful test case because it highlights the danger of reintroducing a resemblance that requires further explanation.

On this point, the argument also holds an appeal in the field of abstract object discussions in logic and mathematics. Conflicting problems involving self-reference, set membership, and higher-order properties, such as Russell's Paradox, are structurally similar to TMA regress (Russell, 1903). Contemporary analytic philosophers commonly employ regress arguments to check the coherence of abstract objects, and the TMA is one of the first to illustrate this. A theory which is forced to admit itself can collapse under the strain of its own assumptions.

Moreover, the TMA persists in discussions of metaphysical explanation. Arguably, because regress arguments serve philosophers as barriers separating acceptable or vicious regresses (Nolan, 2001). Because it hinders the Theory of Forms from providing a final or stable explanation, the TMA is referred to as a vicious regress. Modern theorists use this observation to assess the extent to which suggested solutions to problems related to similarity, grounding relations, or property structures are structurally related to a similar trend of infinite deferral.

In this sense, the Third Man Argument is pertinent for a lot of topics of metaphysics as it gives some common sense in explaining how it is problematic to explain similarity without invoking higher-level similarities. Since this issue in many modern theories continues to be problematic, the TMA is more than merely an old objection, but rather an example of how to identify conceptual weaknesses in today's philosophies.

## 7. MODERN RESPONSES AND SOLUTIONS

Modern philosophers' responses to the Third Man Argument have been described in a variety of ways. These are only a few cases in point. The responses reflect the rich diversity of contemporary methodologies for universals, abstract objects, and metaphysical explanation. Despite the fact that their strategies differ, all these responses share the same objective: to explain similarity without sliding into the regress, which is revealed by the TMA.

One widely discussed response is the rejection of self-predication. Using this method, the Form of Man is not a man, and the Form of Beauty is not beautiful in the same sense as the particulars. If the Form does not have the property it intends to explain, the regress does not start. Fine (1993) underscores that Aristotle's critique spurred later thinkers to disentangle the role of a Form from the properties ascribed to it, and thus, is one of the most direct strategies for avoiding the regress.

Another major response weakens the one-over-many principles. For many philosophers, not all similarities justify the requirement of a separate Form or universal. Fine (1993) claims that Plato might not have meant for the principle to be strictly extended to all situations. By restricting the kinds of similarities that require abstraction, theorists can prevent the endless reproduction of Forms and narrow the regress.

A third philosophy of universals lies in Aristotelian realism that recognises universals as part of particulars as opposed to something outside these particulars. Aristotle evades regress altogether, because universals are not separate from or similar to the particulars but are simply the shared features found in things themselves (Aristotle, 1984). Armstrong (1978) has developed a much broader approach, which has become of great influence in modern realism, where he posits the need for immanent universals as a means of preserving his realism and prohibiting this regress.

Another, more important response, apart from realism, is nominalism, which does not admit the existence of universals. To nominalists like this, similarity does not depend on a higher reality, but it can be made sense of using naming habits, resemblance bonds or conceptual grouping. This removes the necessity of any abstract object, thus getting rid of the regress. Conceptualism, by contrast, locates universals in the mind, rendering them as products of human conceptual activity, rather than as independent objects (Loux, 2006). Since those mental universals are apart from an outer hierarchy, the regress does not begin to take place.

Modern metaphysics also probes more speculative answers, which include tropes, resemblance classes, and grounding relations. These approaches attempt to account for similarity according to isolated property-instances or relatively simple metaphysical structures without creating higher-level entities that look like their instances. These theories are in continual need of refining metaphysical accounts, which must keep away from the circularity or infinite deferral that the TMA describes.

In the end, the contemporary responses to the Third Man Argument reveal that it remains a powerful problem. Every one of these solutions showcases a different manner to reconsider universals and resemblance, illustrating that the TMA still shapes modern research and challenges those involved in theorising of the metaphysical commitments that underlie it.

## 8. CONCLUSION

The Third Man Argument is one of the most crucial and persistent criticisms of Plato's Theory of Forms. In demonstrating the infinite regress generated by the one-over-many, self-predication, and non-identity principles, the argument reveals a profound structural tension in Plato's work to explain universals and similarity. What started as a brief puzzle in Parmenides became, thanks to Aristotle's more systematic treatment, a more coherent critique that endures to have an impact upon metaphysical reasoning even now (Aristotle, 1984; Vlastos, 1954).

The TMA's importance is not only due to its historical significance, but it also hints at future issues of metaphysics as well. The similar challenges persist when dealing with questions concerning the nature of universals, the status of abstract objects, and the form of explanation. The second part of this section deals with the concept of regress, and whether, when a theory relies on higher-level properties to explain similarity (Loux, 2006; Armstrong, 1978), and to what extent its account becomes an attempt to defend realism, develop conceptualist views or propose nominalist alternatives. The TMA serves as a reminder that describing resemblance is never simple and that any theory has to guard against the fact that it can produce higher and higher explanatory entities before it can achieve closure.

Different reactions to the argument, both in history and currently, demonstrate how flexible and far-reaching the implications of this argument are. However, each attempt, whether it be rejecting self-predication, restricting abstraction, rooting universals in particulars, or rejecting universals entirely, is a search for explanation that would have escaped Platonic insight. Such attempts illustrate the ongoing philosophical value of the TMA as a diagnostic system and intellectual problem.

In closing, I have presented in this essay a clear, transparent explanation of the structures, meaning, and continuity of the Third Man Argument. Indeed, the conversation indicates that, while the TMA represents an ancient criticism, it remains essential for making sense of modern dialogues about universals and metaphysical theory. Being capable of revealing latent assumptions, regress issues, thus ensuring that it will continue to shape philosophical inquiry for years to come.

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