



Importance Of Educational Psychology For Class Room Teachers

Dr.Sunil Kumar M.L , Assistant Professor, Shankaragowda college of Education, Mandya

Abstract

Those who mentor us become teachers, and we never stop learning throughout our lives. There are various ways to teach. A friend assisting a friend in tying their shoes is an example of teaching, as is a parent instructing their child on how to eat, drink, or do anything else. Any action that integrates the structure and methods of learning can be referred to as teaching. The educational process is comprised of the teaching and learning processes. Educational psychology is a combination of psychology and education. Education is the teaching and learning process.

However, psychology is the scientific field that investigates behaviour and cognition. Educational psychology is the application of psychological knowledge and understanding to the field and speciality of education. "Educational psychology is that branch of psychology which deals with teaching and learning," says Skinner. It discusses the principles, practices, and teaching philosophies employed in the field of education. It can be summed up as the tool and procedure for effective teaching and learning in the field of education.

Introduction

Psychology is the study of the mind and behaviour. Its topic matter encompasses both human and nonhuman behaviour, conscious and unconscious events, and mental processes like as emotions, motivations, and thoughts. A broad academic discipline that connects the social and scientific sciences is psychology. In an effort to understand the emerging characteristics of the brain, biological psychologists connect their discipline to neuroscience. As social scientists, psychologists aim to understand the conduct of both individuals and communities.

In 1890, William James defined psychology as "the science of mental life, both of its phenomena and their conditions." For many years, this definition was commonly used. However, radical behaviourists such as John B. Watson contested this interpretation, arguing in 1913 that the area is part of natural science and that its theoretical goal "is the prediction and control of behaviour." James's interpretation of "psychology" has strengthened the term's close ties to scientific inquiry. Folk psychology is the knowledge of people's mental states and behaviours held by regular people, as opposed to the viewpoint of psychology specialists.

Key Words:-Psychology, Learning, Learning process

Meaning of Educational Psychology

Education psychology" is the branch of psychology that deals with the application of psychological ideas to the field of education. The application of psychological ideas, research findings, methodologies, and other psychological resources to the subject of education with the aim of addressing problems pertaining to teaching, learning, and classroom management is known as educational psychology. Educational psychology is considered to have been founded by Edward Lee Thorndike.

Scope of Educational Psychology

Despite its potential importance in many areas, educational psychology can be divided into three main categories:

1. Learner
2. Learning process
3. Evaluation of the learning outcome

1. Learner

Learning and learning success are determined by a teacher's or a teaching system's capacity to suitably adapt and adjust to the individual variations of each student. Each learner has unique ways of thinking, responding, and having various skills and interests. Educational psychology would help the learner comprehend these differences so that teaching might be tailored to the student's needs

A teacher who is knowledgeable in educational psychology would be persistent enough to identify the distinct needs and traits of every student. Understanding the individual differences amongst students can help teachers create an environment that is best for learning. Students may come from any background or have any problems. The fundamental knowledge of educational psychology on these and support for the teaching-learning process may be useful to teachers.

2. Learning process

The learning process is the method by which a student gains knowledge through instruction. A teacher that is knowledgeable with educational psychology would be able to anticipate and recognise possible problems in the classroom as well as the actual learning process. During the learning process, teachers can also understand how their pupils behave in the classroom.

A deep understanding of these can help a teacher develop the curriculum and even change the way they teach. Teachers can modify their teaching methods to fit the skills, knowledge, and abilities of their students by using the information that educational psychology offers. This entails incorporating fundamental psychological ideas into the teaching and learning process.

3. Evaluation of the learning outcome

Educational psychology offers a range of psychological assessments and evaluations to help teachers better understand their students. These tests let teachers evaluate each student's unique psychological traits, including aptitude, ability, intelligence, creativity, etc. To ascertain how well students are responding to the learning objectives, an educator with competence in educational psychology could develop an evaluation technique.

Need and Importance of Educational Psychology for Class room Teacher

- Despite being two separate fields of study, psychology and education are intimately intertwined. Psychology is the foundation and basis of modern schooling. The following are a few examples of how educational psychology is necessary and important:
- **Psychology and Aims of Education:** Psychology aids educators in achieving their goals and objectives in the classroom.
- **Psychology and Curriculum:** Educational psychology highlights the importance of extracurricular activities such as sports, games, field excursions, plays, etc. in the school, providing fresh perspectives for the curriculum.
- **Psychology and text-books:** Textbook planning has benefited from the application of educational psychology. According to educational psychology, textbooks should be visually appealing, well-illustrated, and appropriate for the students' mental levels. Psychology and Methods of teaching: Teaching should take into account the attitudes, interests, potentialities, and other factors of the students, according to educational psychology.
- Having an understanding of educational psychology can aid teachers in facilitating students' learning. Teachers would gain knowledge of pupils' cognitive, developmental, social, and emotional processes as a result. Understanding these facets of students would enable educators to adjust their lesson ideas and tactics accordingly..
- Teachers might benefit from having a stronger understanding of educational psychology in managing their classrooms. For students of any age, a supportive classroom environment can help the learning process. Therefore, having an understanding of educational psychology would aid teachers in managing classrooms by offering student development, positive reinforcement, establishing clear expectations for each student, and offering solutions to behavioural issues that students may bring up in class.
- It would greatly facilitate the process of teaching and learning. The pupils' learning is what matters most when it comes to teaching. It is critical to deliver precise and understandable instructional instruction in order to enable that. Therefore, by giving the student access to a variety of approaches for understanding the necessary teaching methodology, the lessons learned from educational psychology would fulfil their intended goal. Through an analysis of the students' needs, the instructional strategy could improve learning outcomes.
- The friendly relationship between the teacher and the student is advantageous. This knowledge will assist you in starting a conversation, developing a strong relationship, setting limits, gaining their trust, and instilling confidence in you, all of which will enable them to share sensitive information with you. Effective learning is inherently enhanced when a teacher and students have a mutual bond.
- In order to determine the fundamentals of an individual's learning, educational psychology offers certain evaluation techniques and examinations. This would assist teachers in monitoring each student's development and providing remedial instruction as needed. However, it also benefits you too often get harsh criticism so you can assess how well you're meeting the needs of the pupils.

- Enhances comprehension of the characteristics of students. The instructor can distinguish between students with special needs and those who are typical students with the aid of educational psychology knowledge. It appears that the only way to give special children the guidance and attention they require is to understand and consider education Psychology.
- Would support the teacher's professional development and progress. Those who work in the field of educational psychology are driven to learn continuously and stay up to date on the latest findings, methods, and trends in the field.
- Would increase the learner's motivation and sense of self-efficacy by applying motivational ideas.

Conclusion

Educational psychology continues to be a beacon of hope for educators, guiding them forward in their lifetime careers by assisting with the learning process, developing instructional strategies, recognising the unique characteristics of each student, and much more. Therefore, education psychology has a significant positive influence on the lives of those working in the field of education.

Reference

Psychologos.com

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