



A Case Of Salivary Gland Stone Successfully Healed Using Feed The Soul (Fts) Energy Healing Techniques As A Complementary Therapy

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ABSTRACT

Introduction: This paper presents the case of a 40-year-old female residing in Delhi, India, whose X-ray of the submandibular gland area and a USG scan of the Thyroid / neck region revealed a salivary gland stone of about 8-9 mm in size. She had availed distal FTS energy healing sessions for the treatment of her condition.

Method: The case records from both the healer and the patient are examined in-depth in this research using a case study methodology.

Results: Healings were started 12 days after the initial diagnosis had taken place. On the third day of healing, the necessity for analgesics / painkillers was reduced. Surgery was suggested for the removal of the stone, due to its awkward position. The first attempt at removing the stone through surgery was not successful due to persisting infection and pus in the tissue near the salivary gland. The surgery was rescheduled 2 weeks later, however the stone was nowhere to be found. A full recovery was observed within a span one month of starting energy healings.

Conclusions: The energy healing protocols of FTS demonstrate effectiveness in treating a range of diseases, regardless of the distance between the healer and patient. These protocols are considered complementary and alternative medicine (CAM). It is important to conduct further research on this phenomenon using appropriate sample groups and methodologies. Additionally, it would be beneficial for healthcare professionals and their associates to receive training in holistic and non-contact energy healing techniques, thereby making treatment more accessible and cost-effective for patients.

Keywords: Submandibular Gland Area, Salivary Gland Stone, Feed The Soul (FTS) Energy Healing System

1 | INTRODUCTION

Salivary Gland Stone:

The salivary glands are an important part of the human body, providing the necessary materials needed for digestion and overall health. [1] Unfortunately, they are susceptible to a variety of issues and conditions, including salivary gland stones.

Salivary gland stones are small, pebble-like stones that can form in the salivary glands. They range in size from small crystals to large stones. The most common type of stones are composed of calcium phosphate and calcium carbonate, while others are composed of struvite, cystine, or mucin. [2] [3]

Salivary gland stones typically occur when there is an obstruction in the salivary duct. This obstruction prevents saliva from draining properly, resulting in the accumulation of crystallized material that eventually forms a stone. Other causes of salivary gland stones include dehydration, infection, genetics, and certain medications. [4][5]

Salivary gland stones are relatively rare, with the exact prevalence rate unknown. However, they are more common in those who are over the age of 40 [6] and in those who already have an existing salivary gland disorder. Furthermore, those with a family history of salivary gland stones may also be more likely to develop them.

The most common symptoms associated with salivary gland stones include pain and discomfort in the salivary glands and an unpleasant taste in the mouth. Additional symptoms may include swelling of the salivary glands and difficulty swallowing. In some cases, the stones may cause nausea and vomiting. [7][8]

Salivary gland stones can be difficult to detect without the aid of imaging tests such as MRI, CT scan, or ultrasound. These tests can help to identify the presence of the stones, as well as the size and location of the stones. Additionally, X-rays may be used to diagnose salivary gland stones if the stones are visible. [9][10]

There are a number of treatments available for salivary gland stones. Simple dietary changes, such as drinking plenty of water and avoiding sugary drinks, can help to reduce the frequency of stones. Additionally, certain medications, such as anticholinergics and alpha-blockers, can be used to help reduce inflammation and pain. In severe cases, surgery may be necessary to remove the stones. [11]

Feed The Soul (FTS) Energy Healing System:

Feed The Soul (FTS) Energy Healing is a healing technique that doesn't involve physical contact or any sort of medication. It operates on the belief that our bodies possess inherent self-healing capabilities, and these abilities can be enhanced by regulating the flow of energy, known as prana, within our system. [12] FTS Energy Healing is a complementary approach to healing and does not aim to replace other forms of treatment. It is a comprehensive and integrated method that combines breathing exercises, physical exercises, forgiveness practices, meditation techniques, and energy healing to address various physical and psychological ailments.

The energy healing techniques employed in FTS involve the treatment of both major and minor chakras in our energy body. This treatment consists of cleansing the chakras to remove diseased, dirty, and depleted energy while replenishing them with fresh energy from the surrounding environment. These energy-healing techniques can be utilized for both preventive and curative purposes. One significant advantage of FTS Energy Healing is its ability to work remotely. Physical proximity between the healer and the subject is not necessary.

As a result, FTS Energy Healing techniques can be applied from any location worldwide to anyone in need of healing energies.

FTS Energy Healing techniques have demonstrated successful treatment of various ailments. These include Hemorrhagic Cerebral Contusions, hyperthyroidism, cholesterol and asthma, heart block, diabetes, eye issues, as well as several challenging medical cases.

2 | CASE REPORT

Patient's Background

Naina (Alias used), a 40 year-old-female residing in Delhi, is a homemaker having moderate to high stress levels, along with a certain degree of emotional imbalance.

Pre-FTS Medical History

On 19th December 2022, Naina underwent a preliminary diagnosis due to an unusual discomfort and swelling around the submandibular gland area. She was advised to take an X-Ray of the said area. The X-ray revealed a stone in the submandibular gland (**Figure 1**). Two days later, on 21st December 2022, the patient was scheduled for further diagnosis through a CT scan of the oral cavity and USG scan of the Thyroid/Neck region, but was unable proceed with the said diagnosis due to a severe infection in the submandibular region with a lot of pus. The patient was advised to drink plenty of water and was prescribed the medication mentioned in **Table 1**.



Figure 1. X-Ray of the Submandibular Gland area

Table 1. Medication prescribed upon initial diagnosis

Medicine	Route	Description
Raciper-D 40/30mg capsule	Oral	To treat gastroesophageal reflux disease (Acid reflux)
Enzoflam [Diclofenac (50 mg) + Paracetamol (325 mg) + Serratiopeptidase (15 mg)] tablet	Oral	Painkiller
Vizylac Capsule	Oral	A probiotic - to improve the microflora in the gut and improve digestion
Dalacin C 300mg Capsule	Oral	Antibiotic medicine
Becosules Z capsule	Oral	Multivitamin and zinc supplement

On 2nd January 2023, Naina finally went for a USG scan of the Thyroid/Neck region which revealed a Salivary Gland stone about 8 to 9mm in size.

FTS Energy Healing Intervention

The healing sessions started on 31st December 2022, by a Delhi-based FTS energy Healer. The immediate focus of the healer was to reduce the swelling and pain due to the infection in the submandibular region. Apart from working on the physical aspect of the patient's condition, the healer also worked on the attitude of the patient towards the situation, the healer tried to induce positivity into the patient by asking her to practice the Forgiveness Sadhna along with certain prayers of gratitude to increase the degree of receptivity of the patient towards the energy healings being sent to her.

3 | RESULTS

Within the first three days of receiving Energy Healings (31st December 2022 to 2nd January 2023), Naina saw significant change in the form of reduced swelling and reduced necessity to consume painkillers. Also, she was able to brush her teeth, but her tongue came out slightly through the mouth - with an opening wide enough to fit two fingers.

The infection still persisted on the 5th day of receiving healings, and thus, Naina was advised to continue medication since the size of the stone detected was quite big for the salivary gland, and it was positioned in such a way that the whole gland would have to be removed.

On the 7th day of receiving healings (6th January 2023), Naina was able to consume soft Mung bean pancakes for the first time in weeks.

On the 9th day of receiving healings, the swelling and pain returned.

On 12th January 2023, Naina was scheduled for a surgery. Upon being taken into the operation theatre (OT), she was given general anesthesia, but the surgery couldn't be performed, since there was a lot of infection and the tissue started bleeding upon being touched. The salivary gland and the base of the mouth were swollen and infected, and the stone seemed very hard. Also, the Doctor said, if they performed surgery in such a state, then they won't be able to stitch it later, and it would lead to further infection and fibroids. So, the doctor prescribed higher dosage of medicines for 2 more weeks after which they would consider surgery. The doctor further suggested having the patient under observation for 3-4 days and she was given the same medication that she had been taking for the last 3 weeks, through IV. The doctor believed that this would help reduce the infection by 60-70 %. Based on this suggestion, the surgery was scheduled for 24th Jan 2023.

Further, the healer suggested the patient to lie down and be receptive during the healing process, during and after which she felt intense pain and heaviness in her arms and legs. Also, the patient was constantly yawning and water was coming through her eyes during the entire process. (The entire healing process was done from a distance) Eventually, the pain and heaviness reduced, towards the end of the day.

A similar heaviness and pain was felt in arms and legs on 17th day of receiving healing (16th January 2023). However, this persisted for two more days, and was reduced during the healing session received on 19th January 2023.

At times the patient struggled with being hopeful about her recovery, but she persisted.

The surgery was scheduled on 24th January 2023 (25th day of receiving healings) at 8 am, and it was supposed to be 1.5 hours long. However, when Naina was taken to the OT, the doctor couldn't find the stone. It had been flushed out of a small piercing under the tongue. This was a miracle indeed, and there was no need to remove the gland.

4 | DISCUSSION

Salivary gland stones typically occur when there is an obstruction in the salivary duct or due to dehydration, infection, genetics, and certain medications. Salivary gland stones are relatively rare, with the exact prevalence rate unknown. The most common symptoms associated with salivary gland stones include pain and discomfort, swelling of the salivary glands and difficulty swallowing. In some cases, the stones may cause nausea and vomiting. Salivary gland stones can be difficult to detect without the aid of imaging tests such as MRI, CT scan, or ultrasound. These tests can help to identify the presence of the stones, as well as the size and location of the stones. Simple dietary changes can help to reduce the frequency of stones apart from certain medications, such as anticholinergics and alpha-blockers, which can be used to help reduce inflammation and pain. However, adverse effects of consuming alpha-blockers may be displayed in the form of headaches, dizziness, and fragile bones (prone to fracture).

This FTS energy healing case study provides an account of successful reduction in the frequency of analgesic - intake, followed by a complete recovery from salivary gland stone. Initially the doctors suggested the removal of the entire salivary gland due to the large size of the stone and its position. However, with continuous healings accompanying the allopathic treatment led to a speedy recovery, with a positive and surprising turn of events that the removal of the salivary gland wasn't necessary anymore.

On the 13th day of receiving healings, the patient felt intense pain and heaviness in their arms and legs, for which she was suggested to lie down and be receptive to the energy healings. During the entire healing process the patient was continuously yawning and water was coming out of her eyes, which basically represents relaxation and absorption of prana or energy.

Furthermore, this case study shows that application of regular healing treatments using FTS energy healing system along with a disciplined lifestyle, over a short period of time can help recovery from such a severe condition successfully.

However, care must be taken that persistent effort is the most important factor. Also, the time for complete recovery might vary upon the severity and term of the disease or disability.

5 | CONCLUSIONS

FTS energy healing protocols have proven to be highly effective in treating a wide range of illnesses, regardless of the distance between the healer and the patient. These protocols fall under the category of complementary and alternative medicine (CAM). It is crucial to conduct ongoing research on this phenomenon, using appropriate sample groups and methodologies. Moreover, it would greatly benefit patients if healthcare practitioners and staff receive training in holistic and non-contact energy healing techniques, ultimately making treatment more accessible and cost-effective.

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Conflicts of Interest

None

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