



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

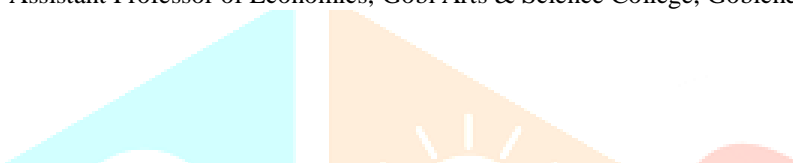
A STUDY ON WOMEN EMPOWERMENT WINDS OF CHANGE IN INDIA

Sankari .V

Research Scholar-Part-Time, PG and Research Department of Economics, Gobi Arts & Science College,
Gobichettipalayam, Erode District, Tamilnadu

Dr.S.Prabakaran

Assistant Professor of Economics, Gobi Arts & Science College, Gobichettipalayam, Erode District, Tamilnadu



ABSTRACT

Women strengthening has turned into the popular expression today with ladies working close by men in all circles. Whether they work outside or live inside their home, they claim to be independent. They are taking more and more control of their lives and making their own choices about their education, careers, lifestyle, and profession. They have gained financial independence as the number of working women has steadily increased, giving them the confidence to build their own identities and lead their own lives. They are proving that they are unrivaled in any way by successfully pursuing a variety of careers. Women, on the other hand, make it a point to maintain a healthy balance between their commitment to their careers and to their families. With remarkable ease and harmony, they are juggling their roles as a wife, mother, sister, working professional, and daughter. With equal employment opportunities, they are cooperating with one another in a spirit of teamwork to assist their male counterparts in meeting professional deadlines and goals. Women's empowerment isn't just for working-class women in cities; women in rural towns and villages are increasingly making their voices heard in society. They no longer want to follow in the footsteps of their male counterparts.

Keywords : Women Empowered, Women entrepreneurship, women developments.

INTRODUCTION

Regardless of their socioeconomic status, they are asserting their social and political rights and making their presence felt. Despite the fact that women do not, on average, face discrimination in today's society, many of them are still subjected to emotional, physical, mental, and sexual forms of exploitation and harassment. They frequently suffer from rape, physical and mental abuse, and other forms of violence. In the truest sense, women's empowerment can only occur when society's attitudes toward women change, treating them with respect, dignity, fairness, and equality. Most of the country's rural areas have a medieval and feudal mindset, refusing to give women equal say over their education, marriage, dress, profession, and social interactions. We can only hope that women's empowerment spreads to both progressive and backward regions of our vast nation. Another 500-word article on women's empowerment can be found here. Women's empowerment demands make it abundantly evident that all people must be treated with respect and without having their rights and dignity abused. Though women have been subjected to harassment for millennia, believing that their existence is merely material, there are now some groups of women to whom this awareness has not yet extended. This is because the world has changed and women are now able to fight for their own rights. In order for humanity to flourish and maintain civilization, it is our responsibility to assist individuals in gaining enlightenment and removing themselves from any rigid mindset that impedes progress.

Women Empowerment: Making the World a Better Place

We are in a time when women are empowered. Women and men alike are working together everywhere. In general, they now have the authority to decide on various aspects of their lives and careers.

Benefits of Women Empowerment:

Women's confidence in their ability to live lives with meaning and purpose grows as a result of women's empowerment. It makes them independent individuals by removing their dependence on others.

- They can live their lives in freedom and dignity.
- It boosts their sense of self-worth
- It makes them stand out from the crowd.
- They can rise in society to positions of respect
- Because they are financially independent, they can spend on everything they want and need.
- They are able to make significant contributions to society's well-being
- By acting as capable citizens, they help the nation achieve increased GDP growth.
- They have equal access to the country's resources.

Necessity of Women's Empowerment

- Without ladies' strengthening, we can't eliminate unfairness and orientation inclination and imbalances.
- Women cannot have security and protection in life if they lack empowerment.
- It also gives them a safe place to work.
- Empowerment is a potent weapon against women's exploitation and harassment.
- It is a great way for women to obtain adequate legal protection.
- Women cannot create their own identity if they are not economically and socially empowered.
- The global economy will suffer if women are not employed, as women make up a significant portion of the global population.
- Women's exceptional intelligence and creativity necessitate their inclusion in socioeconomic endeavors.
- Women must be given equal employment opportunities in order to have a just and progressive society.

Means of Women Empowerment

Education: Women cannot become empowered individuals without proper and adequate education. They must be encouraged to pursue higher education in order to significantly contribute to the creation of a knowledge society. Relational abilities: Without creating abilities for successful correspondence, ladies can't make their voices heard. To be successful, they must be able to communicate effectively. In order to effectively manage a family, team, or business, leaders need to communicate with their followers. Disposable Income: Women can't have a say in important financial decisions that affect their lives unless they make a lot of money. Women gain control over their lives and businesses when they are financially independent. The power of the internet: Women's access to the internet has increased their social interaction, influence, and access to information. The World Wide Web's liberalizing influence has dispelled all stereotypes and taboos regarding women. End: Ladies Strengthening assists with making the general public and world a superior spot to live in and walk forward on way to comprehensive support. It means making the family and organizations in which women make a difference happier. Let's move on to a 600-word article about women's empowerment.

Women's role in politics and economy.

In India, the most crucial and successful stage of women's empowerment is when they enter the political and economic spheres. Women were given the opportunity to participate in politics after numerous acts, reforms, and legislative initiatives. It was a very challenging challenge to turn women's political empowerment into actual social empowerment because it was found that, although having reached a critical mass in local bodies, women in the legislature were still at risk of gender-based violence. Nothing changed in the general perception of women in political jobs, but patriarchy is still slyly at work, putting barriers in the way of women pursuing careers in politics. Furthermore, it is imperative that women have greater representation in local and state legislatures.

Education: Women cannot become empowered individuals without proper and adequate education. They must be encouraged to pursue higher education in order to significantly contribute to the creation of a knowledge society. Without creating abilities for successful correspondence, ladies can't make their voices heard. To be successful, they must be able to communicate effectively. In order to effectively manage a family, team, or business, leaders need to communicate with their followers. Relationship skills: Women can't be heard if they don't develop the skills necessary for effective correspondence. They must be able to communicate effectively in order to succeed. Leaders must communicate with their followers in order to manage a family, team, or business effectively. Disposable Income: Women can't have a say in important financial decisions that affect their lives unless they make a lot of money. Women gain control over their lives and businesses when they are financially independent. Disposable Income: Women can't have a say in important financial decisions that affect their lives unless they make a lot of money. Women gain control over their lives and businesses when they are financially independent. The power of the internet: Women's access to the internet has increased their social interaction, influence, and access to information. The World Wide Web's liberalizing influence has dispelled all stereotypes and taboos regarding women. End: Ladies Strengthening assists with making the general public and world a superior spot to live in and walk forward on way to comprehensive support. It means making the family and organizations in which women make a difference happier.

Women Empowerment: Key to Social and Economic Growth

The process of increasing women's control over society's financial, human, and intellectual resources is what we mean when we talk about women's empowerment. The extent to which women are involved in social, economic, and political arenas can be used as a measure of women's empowerment in any nation. Women's empowerment can be defined as the process of enhancing women's control over financial, human, and intellectual resources in society. Women's self-worth, their right to control their own lives, and their ability to bring about social change are all aspects of women's empowerment that must be addressed simultaneously. The extent to which women are involved in social, economic, and political arenas can be used as a measure of women's empowerment in any nation. When all aspects, including women's self-worth, their right to control their own lives, and their capacity to effect social change, are addressed simultaneously, women can only be said to be truly empowered.

Need for Holistic Empowerment of Women: The inclusion of women in politics through reservation is unquestionably a recent positive development. Nonetheless, the election alone should not be the end; women must also actively participate in the decision-making process and in the planning and execution of development programs. Women's lives must effectively coexist, and all efforts in this direction should aim to achieve a social change that results in a society with a balance between male and female forces. Despite the fact that women make up nearly half of the world's population, the majority of developing nations continue to deny them their rights. Due to widespread gender discrimination, women live in squalor, especially in countries in South and East Asia other than Africa.

Rural-urban divide: Women in rural areas face more difficult circumstances than women in urban areas. It has long been assumed that women are largely denied an equal status to men, leaving them to serve as passive beneficiaries in these societies. Due to their lack of participation and involvement in the production of development-relevant resources, they remain powerless. If the goal of women's empowerment is to be achieved in its entirety, women must therefore become active partners with men. The situation of rural women is worse than that of urban women. It has long been assumed that women are largely denied an equal status to men, leaving them to serve as passive beneficiaries in these societies. Due to their lack of participation and involvement in the production of development-relevant resources, they remain powerless. If women's empowerment is to be achieved in its entirety, women must therefore become active partners with men.

It is urgent to include women in all aspects of society's development if modernization efforts are to be successful. In rural societies, we need to strike a perfect balance between male and female contributors by giving women equal opportunities without favoring men. In order for this to occur, it is necessary to empower women on all fronts—social, economic, political, and religious—so that they can actively participate in all efforts to promote society's growth. Women will be able to choose to engage in public life, which may also have a positive impact on society, if they are given equal opportunities in social, economic, and political spheres. In order for women to develop the confidence necessary to be able to articulate their thoughts and become more productive in their actions, we need to create a society that is conducive to this. They must have equal opportunities to participate in making decisions for their families, society, and the nation as a whole.

Globally, contemporary societies have been subjected to significant social and economic development transformations. However, these procedures have not been carried out in an equitable manner, which has increased gender disparities all over the world, with women remaining the primary victims. The circumstance has slowed the rate of women's empowerment. Therefore, in order for women to coexist with their male counterparts and contribute equally to all of the factors that are responsible for the growth of society as a whole, we need a society that has undergone a complete transformation. Women have already demonstrated their worth by playing multiple roles in families. However, their social and economic conditions have not been up to par, and in many parts of the world, they are forced to lead miserable lives. In such a situation, immediate action is required to empower them and create an environment favorable to their social and economic advancement.

Women Empowerment is Urgent for Integrated Development

Because women have to balance the dual roles of managing their families and earning money to help meet their families' material needs, women's empowerment is essential for any nation's future. The role that a mother, sister, or daughter plays in a family cannot ever be ignored. Women have also established themselves as equal partners in the management of their households' financial needs. Women have

successfully established their unrivaled position internationally as well, but there are only a few in comparison to their less fortunate counterparts.

Remarkable Performance in sports: The recent RIO Olympics serves as evidence that women can compete at the same level as men on a variety of international stages. The names of RIO stars Sakshi Malik, PV Sindhu, and Dipa Karmakar, who broke down gender barriers to raise India's national flag high in front of the entire world, will never be forgotten. Women have successfully demonstrated that if given the opportunity, they can perform no less than their male counterparts, and the recently concluded RIO Olympics bears testimony to this fact. There is no denial that it would have been very difficult for them to emerge from the various prevalent taboos to achieve such positions of eminence in a country that is dominated by men like India. The names of RIO stars Sakshi Malik, PV Sindhu, and Dipa Karmakar, who broke down gender barriers to raise India's national flag high in front of the entire world, will never be forgotten. There is no denying the fact that it would have been extremely challenging for them to break out of the various prevalent taboos and achieve such prominent positions in a male-dominated nation like India. Playing multiple roles in families, women have already proven their worth, but still their condition on social and economical fronts has not been up to the mark and in many parts of the world they are forced to lead a miserable life. In such a scenario, it calls for immediate attention to empower them and create conducive environment for their social and economic upliftment.

Women Empowerment is Urgent for Integrated Development

Because women have to balance the dual roles of managing their families and earning money to help meet their families' material needs, women's empowerment is essential for any nation's future. The role that a mother, sister, or daughter plays in a family cannot ever be ignored. Women have also established themselves as equal partners in the management of their households' financial needs. Women have successfully established their unrivaled position internationally as well, but there are only a few in comparison to their less fortunate counterparts. Because women have to balance the dual roles of managing their families and earning money to help meet their families' material needs, women's empowerment is essential for any nation's future. The role that a mother, sister, or daughter plays in a family cannot ever be ignored. Women have also established themselves as equal partners in the management of their households' financial needs. Women have successfully established their unrivaled position internationally as well, but there are only a few in comparison to their less fortunate counterparts.

Remarkable Performance in sports: The recent RIO Olympics serves as evidence that women can compete at the same level as men on a variety of international stages. The names of RIO stars Sakshi Malik, PV Sindhu, and Dipa Karmakar, who broke down gender barriers to raise India's national flag high in front of the entire world, will never be forgotten. There is no denying the fact that it would have been extremely challenging for them to break out of the various prevalent taboos and achieve such prominent positions in a male-dominated nation like India.

Victims of Discrimination: Victims of Discrimination: Women have been suppressed in their families and society as a whole for a long time as a result of gender discrimination that has long existed and the dominance of men in Indian society. Even within their own families, they have been subjected to violence and various forms of discrimination from male members. The circumstance is not any different in numerous other nations. With the exception of a few European nations, the majority of other nations are susceptible to severe gender discrimination, including India.

A Long Way to go: Women's economic contributions are also negligible in rural areas, where their conditions are far from ideal. Even though they make up almost half of the country's population, they haven't been given enough power to get equal opportunities to reach their full potential. In this situation, we can say that our nation cannot become a developed nation unless women are given real power. Equal opportunities in all human endeavors must be given to them in order to properly care for their development.

Winds of Change: Even though women have a special place in every religion, many bad things have happened to women all the time. However, positive shifts are now evident, and the patriarchal social structure has been slowly eroding. Women are now asserting their sociopolitical rights, such as the right to work, the right to education, and the right to choose. Various constitutional and legal rights have been enacted by various governments to assist women in leading lives with meaning and purpose. The emergence of a number of non-governmental organizations (NGOs) and self-help groups demonstrates that there is a growing awareness of women's rights. Women are now speaking up for their rights and breaking the chains of oppression on an individual level as well. India's Parliament has also enacted a number of laws to protect women from various forms of discrimination and injustice. The Equal Remuneration Act of 1976, the Dowry Prohibition Act of 1961, the Immoral Traffic (Prevention) Act of 1956, the Medical Termination of Pregnancy Act of 1971, the Maternity Benefit Act of 1961, the Commission of Sati (Prevention) Act of 1987, the Prohibition of Child Marriage Act of 2006, the Pre-Conception & Pre-Natal Diagnostic Techniques (Regulation and Prevention of Misuse) Act of 1994, and the Sexual Harassment of The government has recently passed the Juvenile Justice (Care and Protection of Children) Bill, 2015, in response to the Nirbhaya case, which involved the rape and brutal murder of a paramedical student in Delhi. The Juvenile Justice (Care and Protection of Children) Act, 2000, was a significant departure from this Act because it lowers the juvenile age at which an offense can be committed from 18 to 16 years.

Conclusion:

Eliminating attitudes of male superiority and patriarchy is absolutely necessary if we are to achieve true women's empowerment. Equal educational and employment opportunities must also be provided to women without discrimination. Providing women with legal and constitutional rights is insufficient unless society changes its attitude toward women. Eliminating attitudes of male superiority and patriarchy is absolutely necessary if we are to achieve true women's empowerment. Equal educational and employment opportunities must also be provided to women without discrimination. Providing women with legal and constitutional rights is insufficient unless society changes its attitude toward women.

SUGGESTION

In India, the ideas of economy and women's empowerment are intertwined. to take charge of their own lives. India's economy has benefited greatly from the contribution of women, who have been compelled to work as slaves for many years at extremely low wages. The contribution of women to a country's economic prosperity is still undervalued in national income accounting in virtually all of them. However, the way Indian women exercise their empowerment in the present day has drastically altered the past situation. They have started their own businesses, worked in factories, and started self-help groups. The Shri Mahila Griha Udyog Lijjat Papad is a prime example. The political, economic, and social life of nations, generations, and many more are greatly influenced by women. Therefore, women's control over resources and participation in decision-making can be positively impacted by economic progress, but in practice, women are still vulnerable to financial pressure.

Reference

1. Kabeer, Naila. "Gender equality and women's empowerment: A critical analysis of the third millennium development goal 1." *Gender & Development* 13.1 (2005): 13–24.
2. Jump up to:^{a b c d} Mosedale, Sarah (March 1, 2005). "Assessing women's empowerment: towards a conceptual framework". *Journal of International Development*. **17** (2): 243–257. doi:10.1002/jid.1212. ISSN 1099-1328.
3. Jump up to:^{a b} Bayeh, Endalcachew (January 2016). "The role of empowering women and achieving gender equality to the sustainable development of Ethiopia". *Pacific Science Review B: Humanities and Social Sciences*. **2** (1): 38. doi:10.1016/j.psr.b.2016.09.013.
4. Oxfam (Forthcoming), "Women's Economic Empowerment Conceptual Framework"
5. Baden, Sally; Goet, Anne Marie (July 1997). "Who Needs [Sex] When You Can Have [Gender]? Conflicting Discourses on Gender at Beijing". *Feminist Review*. **56** (1): 3–25. doi:10.1057/fr.1997.13. ISSN 0141-7789. S2CID 143326556.
6. Lopez, Alvarez (2013). "From unheard screams to powerful voices: a case study of Women's political empowerment in the Philippines". 12th National Convention on Statistics (NCS) EDSA Shangri-la Hotel, Mandaluyong City October 1–2, 2013.
7. "Innovation for women's empowerment and gender equality". ICRW | PASSION . PROOF. POWER. Archived from the original on May 20, 2021. Retrieved May 20, 2021.
8. Jump up to:^{a b c d} Deneulin, Séverine; Lila Shahani, eds. (2009). "An Introduction to the Human Development and Capability Approach: Freedom and Agency" (PDF). Sterling, VA: Earthscan. Archived (PDF) from the original on June 16, 2016. Retrieved September 1, 2016.
9. Gupta, Kamla; Yesudian, P. Princy (2006). "Evidence of women's empowerment in India: a study of socio-spatial disparities". *GeoJournal*. **65** (4): 365–380. doi:10.1007/s10708-006-7556-z. S2CID 128461359.
10. Jump up to:^{a b c d e f} The status of women in agrifood systems - Overview. Rome: FAO. 2023. doi:10.4060/cc5060en. S2CID 258145984.

11. Jump up to:^{a b} Kabeer, Naila. "Contextualising the Economic Pathways of Women's Empowerment: Findings from a Multi-Country Research Programme." (2011).
12. Jump up to:^{a b} United Nations Development Programme; Stephanie Chaban; Luis J. Consuegra; Hannah Elten; Karin Gardes; Olivia Greymond; Olga Martin Gonzalez; Mona Lena Krook; Liri Kopaci-Di Michele; Hien Thi Nguyen; Nika Saeedi; Safi Trabelsi; Catherine Woollard (2017). Regional organizations, gender equality and the political empowerment of women. Stockholm: International IDEA. ISBN 978-91-7671-140-8. Archived from the original on April 13, 2018. Retrieved April 8, 2018.
13. Jump up to:^{a b c d} Lamont, Michèle (June 2018). "Addressing Recognition Gaps: Destigmatization and the Reduction of Inequality". American Sociological Review. **83** (3): 419–444. doi:10.1177/0003122418773775. ISSN 0003-1224. S2CID 149672040. Archived from the original on April 28, 2021. Retrieved May 12, 2021.
14. Jump up to:^{a b c d e f} Corcoran, Mary (2000). "How welfare reform is affecting women's work". Annual Review of Sociology. **26**: 241–269. doi:10.1146/annurev.soc.26.1.241. ISSN 0360-0572. OCLC 46615910.

