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REVIEW OF PROPOSED SPORTS POLICY FOR HIGHER EDUCATION IN HARYANA

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Abstract

Sports are very important for physical fitness and well being of youth and hence sports activities should be enhanced in various colleges and universities. The Government of Haryana recognizes and encourages the sports as well as physical activity of students in sports to make them physically fit and successful citizens, a new sports policy is proposed by Haryana Government for welfare of sports students in higher education institutes. This policy is being implemented for the promotion of participation and excellence in sports. It will also increase the commitment of young generation towards sports. Government of Haryana is progressive in sports promotion and sports are recognized as meaningful tool for well being of youth and also for betterment of social life of citizens. This paper is written to give an inspective glance on Outcomes of proposed Sports Policy for Higher Education in Haryana.

Keywords: Sports, Higher Education, Physical Fitness, Policy, Education

Introduction

India is an independent country since 1947 and it is one of the few countries that have retained its indigenous sports like kho kho, kabaddi, yoga etc. However many sports of India are imported as well as influenced from west side like football, cricket, tennis, squash, hockey etc. India has won medals on the world stage in boxing, wrestling, shooting, badminton and tennis. Many sportsperson from India are performing very well in Olympics. Out of 29 states of India one of the prosperous state is Haryana. People of Haryana have a vibrant sporting attitude and although the state population is just 2% of the total population its contribution in sports is enormous and its athletes constitute 16% of the Beijing Bound Olympian (Singh, 2014).

The Government of Haryana recognizes and encourages the sports as well as physical activity of students in sports to make them physically fit and successful citizens, a new sports policy is proposed by Haryana Government for welfare of sports students in higher education institutes. This policy is being implemented for the promotion of participation and excellence in sports. It will also increase the commitment of young generation towards sports. Government of Haryana is progressive in sports promotion and sports are recognized as meaningful tool for well being of youth and also for betterment of social life of citizens. In the words of Chief Minister of Haryana State, it is convincingly declared that “we will develop as a sport hub of the country” (Haryana Sports and Physical Fitness Policy, 2015).

To promote and establish the sportsmanship in students of age group 17-23 years a new sports policy is framed by Haryana Government. This policy includes many cash awards, incentives and benefits for various sports winners. It is recommended by a six member committee of state government that best infrastructure and facilities should be provided in colleges for sports persons (Tribune News Services). It is realized by

Department of Higher Education, Haryana that sports are very important for physical fitness and well being of youth and hence sports activities should be enhanced in various colleges and universities. In every sports performance, the results and outcomes are basically dependent upon the sports policy (Shirotriya, 2019)



Vision of the Policy

It is very important for human resource development that sports and games that include a lot of physical activities should be considered as integral part of human life. This policy proposed a vision for healthier future of youth and also to channelize their surplus energy this policy brings a number of significant role such as discipline, leadership, tolerance, strength, responsibility, self confidence, team work and accountability. As a matter of fact it is already known that children of age group 17 to 23 are full of zeal, vitality, vigor and enthusiasm so their significant qualities should be given proper direction to make them healthy as well as successful citizens of the country.

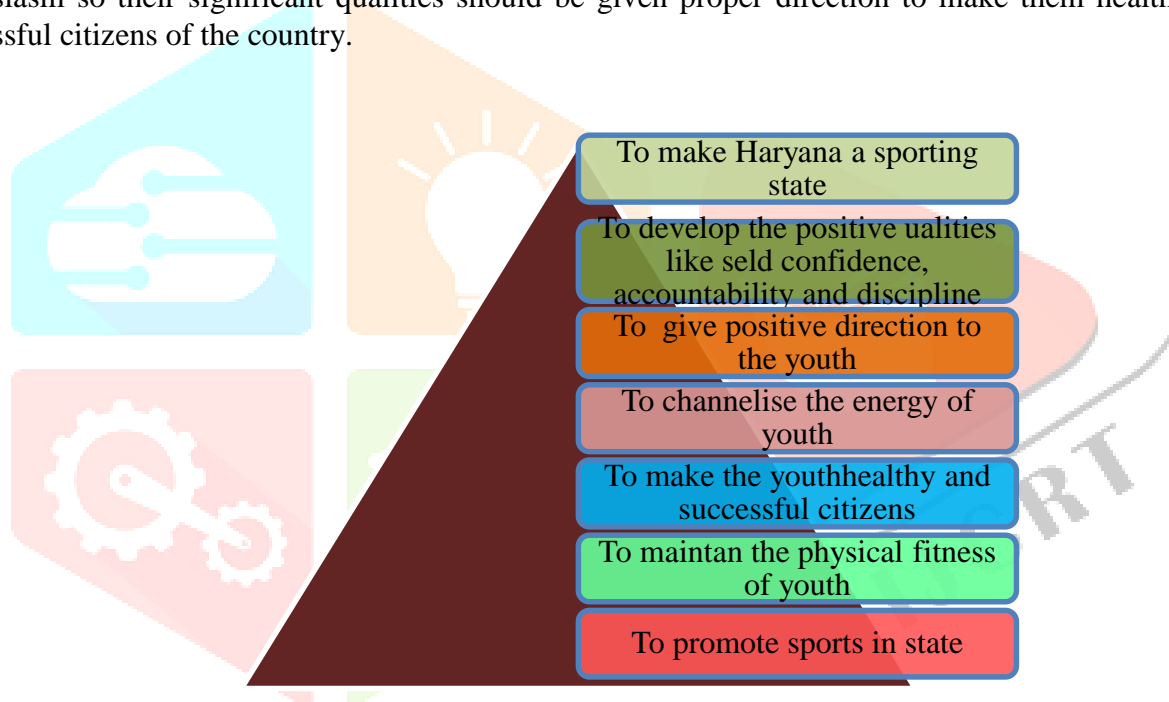


Fig. 1 Vision of the Sports Policy

Outcomes of the policy

This policy recognizes that sports are very beneficial for social development, enrichment of culture, physical fitness and for economic development also. It results into an overall development of personality of an individual. Basically this policy is aimed at two main objectives i.e. “Sports for all” and “sports for excellence”. It aimed at increasing the number of students in sports as well as increase in diversity of students participating in sports over time. Following are the main outcomes of this policy-

- ❖ Students of higher education excel in sports as per their abilities and potential
- ❖ Education enhancement and development of skill for taking pride in their accomplishments
- ❖ Improved health and wellbeing of students will strengthen their personal development
- ❖ Social cohesion and civic pride through community participation and hoisting of various sports events in institutions.

- ❖ Specific sports involving Olympics, non Olympics and all India university sports will be focused for betterment of sports activities in higher education.
- ❖ Sports facilities including infrastructure, enhancement of sports culture through various tournaments and competitions, requisite infrastructure, grounds, gym and youth clubs will be arranged
- ❖ Sports academics will form a committee of sportspersons to identify the talent of students in sports in various institutes of higher education and these sportspersons will be given various facilities to improve their games and talent.
- ❖ Sports equipments and resources will be availed for sportspersons in various colleges. Annual grants will be given for specific equipment required by the sportspersons.
- ❖ Regulation of sports activities by appointing specific coaches, physical education teachers and trainers for continuous evaluation of games.
- ❖ Short term courses or diploma will be sponsored for the teachers or persons of educational institutes to upgrade their knowledge about sports, research modules and theories in health and physical education so that they can acquire mastery on training.
- ❖ Fitness programs and creation of gym to build the flexibility, endurance and strength of sportsperson in various higher education institutes
- ❖ Nutritional values will be increased by providing dearness allowance in sports tournaments.
- ❖ Bridging the gender gap in rural areas by promoting participation of women in sports. High incentives for wining in national and international games. Self defense, yoga and karate will be promoted for betterment of girls in all the higher education institutes.
- ❖ Differently abled persons will be given adequate facilities and incentives to promote their participation and to motivate them for better future.
- ❖ Coaching camps will be organized in colleges during vacations in collaboration with NSIS and Department of Sports and Youth Affairs in colleges.
- ❖ Scholarships and stipends for the sportspersons of colleges that will show distinction in various games.
- ❖ Interactive website formation for updated information on sports schemes, clubs, associations and councils, sports ministry and Indian Olympic associations.
- ❖ Raising the participation in sports through mass awareness programs and by using informative tools of technology.

Budget and funding of sports Policy

The funds required for the sports policy will be generated by various sources such as Higher Education department that will provide the grant for enhancement of sports in various institutes of Higher Education in Haryana. MHRD, RUSA and UGC will provide grants for infrastructure, sports equipments and for organizing refresher courses for teachers of physical education. Various business agencies can be approached for sponsoring various projects and activities of sports in colleges. Public Private Partnership avenues would be utilized for sports purposes.

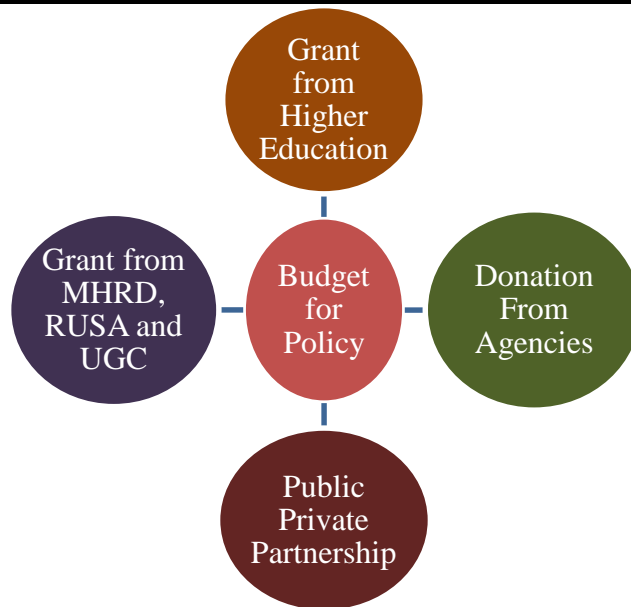


Fig. 2 Budget and Funding of Sports Policy

Conclusion

In Indian education system sports has always taken a back seat and the generally parents are more inclined towards academic career of their students. In Haryana, government is doing a lot of efforts to foster and promote the sports by distributing various awards and by providing facilities to the sportspersons. This new proposed Sports policy for higher education is a major step to develop sportsmanship in students of Haryana and to promote sports in State. The new policy aims at providing infrastructure, staff, cash awards, incentives and various facilities to the students of higher education participating in sports and physical fitness programs at college level. This policy is with fresh and vibrant plan with viable career options for students who excel in sports at various levels. There are special opportunities for women, differently abled persons and sportspersons of various local games of rural area. This policy can bring new energy and dedication of youth towards sports if implemented properly. Also it will promote the positive contribution of Haryana State in sports at National and International tournaments.

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