



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

INTERNET ADDICTION IN CHILD AND ADOLESCENCE

Dr. Jyoti Kumari

Ph.D. in Psychology

Department of Psychology

L.N.M.U. Darbhanga

Addicted to internet like children and teenagers expressed by these words in the present age there will be no such person in the world who is untouched and ignorant of the effects of internet. Right now every person is getting affected and wickedly affected by the internet. The effected of internet is getting good on human beings. Then somewhere the effect is also getting its best and worst effects are being seen more in our children and they consider the online world as their everything because they find the solution of every curiosity here without any rules.

Keywords : - Internet, Addiction, children, Adolescence.

This research has been done on children and adolescents in interest addition. There is no doubt that in the present times, a large part of the world of teenagers or so to say. Internet itself has become the biggest part of their let's say life itself has become. Because child and adolescent due to the difference of the generation the solution of their every curiosity has taken the internet before the parents. They use internet to solve any problem and solve their problems without any question, without any restrictions through the internet. The curiosity of teenagers is met too many types as she can be bad and good. If there is good information there will be beneficial otherwise if it is complete information then there will be disastrous and destructive black for that child and same of teenagers. Online forums society as it happens in the real world, due to which there is also poor pressure, due to which pressure there is also stress.

To children teach teenagers to differentiate between right and wrong. Teenagers understand the means of information, give them the right opinion at the right time. Tell children and adolescents about the media. Meaning not only video games or the internet, but also T.V., magazines, music, ads in movies etc. It is very important to explain all these above mentioned things to the children and adolescents by their parents so that the adolescents and children can avoid the ill effects of internet. And they were saved from falling pray to many types of mental disorders. To save children and adolescents from this bad internet addiction, parents have to fulfill their own responsibility. Towards children and adolescents the need for open communication with there as well as need to engage in outdoor activities motivates children and adolescents to study with a paper pen. Encourage them don't allow them to watch rated movies or play elevated video make them aware of the danger of being exposed to violent parents should also keep in mind that the people of the child's environment, their behaviour, saying and thinking also effect them.

Objective of Study : -

1. To find out relation between internet and children, adolescence.
2. To find out mental thinking on internet and of children, adolescence.
3. To find out different types programmes on internet.
4. To find out right and wrong information on internet.
5. To focus on the major different dangerous information on internet.
6. To study the level of motivation among Adolescence.

Hypothesis : -

1. There will be negative effect with internet on children and Adolescence.
2. There will be Negative effect of bad information of internet on children and teenagers.
3. There will be negative result to internet on children and teenagers.
4. There will be Positive effect of internet on children and teenagers.
5. There will be Positive relationship with internet of children and teenagers.
6. There will be Positive mind development of children and teenagers with internet.
7. There will be Positive and interesting information to pursive of internet of children and teenagers.

Methodology : -

- **Sampling / Sample Size : -** The sample size is 200 out of which 100 children and 100 Adolescence. Purposive samplings used for this method.

- **Tools and Technique : -** Certain tools and technique has been used to generate primary and secondary Data.

Primary Data - Case study, observation.

Secondary Data - Books, Magazine, T.V., Computer, Advertisement.

Discussion and conclusion : -

Internet Addiction in children and Adolescence is the problem of today new generations has been considered as a main and dangerous problem all over the world. This internet Addiction problem are facing all over world's children and Adolescence. Internet addiction is such a dangerous addiction that is effecting children and adolescents all over the world, due to which the world teenagers, whether real or emotional, has taken all the internet. Children and adolescents may be away from their family and society due to internet addiction. For this, parents need to be aware so that they can free their young children and adolescents from this destructive parents also on the mental state of children need to keep an eye.

Reference :

1. Siommos K, Angelopoulos N. Internet addiction disorder. Psychiatriki 2008;19(1):52-58
2. Clarke BH. Early adolescents' use of social networking sites to maintain friendship and explore identity: Implications for policy. Policy & Internet. 2009; 1(1):53-87. DOI: 10.2202/1944-2866.1018
3. Musetti A, Cattivelli R, Giacobbi M, Zuglian P, Ceccarini M, Capelli F et al. Challenges in Internet Addiction Disorder: Is a Diagnosis Feasible or Not?. Frontiers in Psychology. 2016; 7:842. doi: 10.3389/fpsyg.2016.00842
4. Young K. Internet Addiction: The Emergence of a New Clinical Disorder. CyberPsychology & Behaviour. 1998;1(4):237-244.
5. Smith KP, Mandavi J, Carvalho M, Fisher S, Russell S, Tippett N. Cyberbullying: its nature and impact in secondary school pupils. Journal of Child Psychology and Psychiatry. 2008; 49(4):376-385. doi: 10.1111/j.1469-7610.2007.01846.x.
6. SULER J. To Get What You Need: Healthy and Pathological Internet Use. Cyber Psychology & Behaviour. 1999;2(5):385-393. doi: 10.1089/cpb.1999.2.385.
7. Goldberg I. Internet Addiction 1996.
8. Hsu W, Lin S, Chang S, Tseng Y, Chiu N. Examining the diagnostic criteria for Internet addiction: Fxnert