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## A STUDY ON ATTITUDE OF ADOLESCENTS FROM CONCORDANT AND DISCORDANT FAMILIES

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### Introduction

Human beings, as other living organisms, struggle constantly to satisfy their needs by relations in one way or another to their physical environment. In addition, the human beings need to develop positive attitude to other factors of influence, such as the psycho-social environment in which he develop. He strives to satisfy his need for emotional security, self-esteem, self-fulfilment, and the like. This is a never-ending process of interaction in which there are many observable cause and effect relationships. We can think of attitude as the process by which the individual and his environment are kept in balance; bring about the effectiveness of one's effort to meet needs. The concept of attitude develops gradually in all of us.

### Attitude

Attitude is a continuing process requiring reinterpretation of means and ends. Fixed ideas or rigid habits can be handicapped in such a game; yet change of habits may be ineffective unless aims are also reinterpreted.

His adjustment is helped to acquire new experiences, accept ideas and behavior with which he may not agree, confirm to the ways of the members of the group or to the mores of society and strives to attain self-realization.

According to Secord and Backman (1964) attitude refers to certain regularities of a person's feelings, thoughts and predisposition to act toward some aspect of his environment. An attitude is simply the positive or negative effect, toward some object (Fishbeen, 1964).

### Marital Discord

Family in which one or both of the parents is not gaining satisfaction from the relationship and one spouse may express frustration in hostile ways and purposely doing things to other person.

### Importance of study

Attitude is an active process that occurs as the individual lives in his family situation, advances educationally, pursue vocational outlets and engage in social relationships. Specific personality characteristics are developed by individuals because of their attitude the environment. Attitude may be affected by conflict between two opposing inner drives, both of them desirable. Now a days the problems in the family are increasing which is resulted in the attitudinal change of the adolescents in the society. Attitude towards parents , teachers , institutions , society etc., are affected greatly by the environment where the individual grow.

### Objective of the study

The objective of this study is to make a comparative study of attitude on individuals from cordant and discordant families

### Sample

The sample for the present study consist of 40 individuals each from cordant and discordant family.

### Tool and analysis

The tools used for the study is 'a survey on familial adjustment (Malayalam). The scores obtained were subjected to statistical analysis using 't' test.

**Table 1**

**Mean, standard deviation and 't' value of Attitude among individuals from cordant and discordant families**

Cordant Family			Discordant Family			't' Value
Mean	Standard Deviation	Number	Mean	Standard Deviation	Number	
4.68	1.37	40	3.75	1.41	40	2.98

The mean score obtained by individuals of cordant family 4.68 with a standard deviation of 1.37 and that of discordant family the mean score is 3.75 with a standard deviation of 1.41. The mean score of individuals of cordant is higher than that of discordant family. It indicate that attitude toward family life is higher among individuals of cordant family than that of discordant family. The t – value 2.98 indicates that there is significant difference between individuals of cordant and discordant families at 0.01 level in attitude toward family life.

**Table 2**

**Mean, standard deviation and 't' value of attitude based on sex of individuals from cordant families**

Cordant Family			Discordant Family			't' Value
Mean	Standard Deviation	Number	Mean	Standard Deviation	Number	
4.28	1.41	18	5.00	1.27	22	1.69

The mean score obtained by male individual in the attitude is 4.28 with a standard deviation of 1.41. The mean score obtained by female individuals in attitude is 5.00 with a standard deviation of 1.27. The higher mean score obtained by female individuals show that in attitude females are higher than males. The t – value obtained is 1.69 which indicate that there is no significant difference between the two groups in attitude among the cordant families.

**Table 3**

**Mean, standard deviation and 't' value of attitude based on sex of individuals from discordant families**

Cordant Family			Discordant Family			't' Value
Mean	Standard Deviation	Number	Mean	Standard Deviation	Number	
4.06	1.56	17	3.52	1.28	23	1.16

The mean score obtained by male individuals in the attitude is 4.06 with a standard deviation of 1.56. The mean score obtained by female individuals in attitude is 3.52 with a standard deviation of 1.28. The higher mean score obtained by male individuals show that in attitude males are higher than females among discordant families. The t – value obtained is 1.16 which indicate that there is no significant difference between the two groups in attitude.

**Table 4**

**Mean, standard deviation and 't' value of attitude among Male individuals between cordant and discordant families**

Cordant Family			Discordant Family			't' Value
Mean	Standard Deviation	Number	Mean	Standard Deviation	Number	
4.28	1.41	18	4.06	1.56	17	0.44

The mean score obtained by the cordant individual in the attitude is 4.28 with a standard deviation of 1.41. The mean score obtained by the discordant individuals in attitude is 4.06 with a standard deviation of 1.56. The higher mean score obtained by the cordant individuals show that in attitude cordants are higher than discordants. The t – value obtained is 0.44 which indicate that there is no significant difference between the two groups in attitude.

**Table 5****Mean, standard deviation and 't' value of attitude among Female individuals between cordant and discordant families**

Cordant Family			Discordant Family			't' Value
Mean	Standard Deviation	Number	Mean	Standard Deviation	Number	
5.00	1.27	22	3.52	1.28	23	3.89

The mean score obtained by the female individuals of cordant in the attitude is 5.00 with a standard deviation of 1.27. The mean score obtained by the discordant female individuals in attitude is 3.52 with a standard deviation of 1.28. The higher mean score obtained by the discordant individuals show that in attitude the discordants adolescents are higher than cordant adolescents. The t – value obtained is 3.89 which indicate that there is no significant difference between the two groups in attitude.

**Major findings and Conclusions :**

1. There is significant difference between individuals of cordant and discordant families with regard to attitude at 0.01 level.
2. There is no significant difference between male and female individuals of cordant families with regard to attitude.
3. There is no significant difference between male and female individuals of discordant families with regard to attitude.
4. There is no significant difference between male individuals of cordant and discordant families with regard to attitude.
5. There is significant difference between female individuals of cordant and discordant families with regard to attitude at 0.01 level.

**Reference**

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