



SPIRITUAL INTELLIGENCE: AS THE ULTIMATE INTELLIGENCE; REVIEWED STUDY

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Abstract: Objective of the study is to introduce the people with Today's Western Culture and to prone out the ways of life. This modern culture is characterized by the materialism, selfishness, lack of values, lack of sense of community and lack of the knowing ways how to live spiritually because Spiritual Intelligence is the way of being that transforms our understanding and our lives. In modern culture there is too much rapid change, ambiguity and uncertainty of we want to deal with these we have to use the third kind of thinking which involves creative rule-making and rule breaking. In our modern society, collective SQ is low and our modern culture is spiritually dumb. Spiritually dumb means we have lost our sense of fundamental values. Spiritual Intelligence gives us meaning of life. It is related to important questions like: - What is my life all about? What does my job mean? Why I am studying for this degree? What is the purpose of life? What does it mean that I am going to die someday? Spiritual Intelligence make us creative, to change the rules and alter the situation. IQ and EQ have no transpersonal dimension. It is only Spiritual Intelligence that facilitates a dialogue between reason and emotion and mind and body. Spiritual Intelligence is that which balance meaning and value and place our lives in a wider context. It is the "Ultimate Intelligence".

Keywords: - Spiritual Intelligence, Emotional Intelligence, Intelligence Quotient.

INTRODUCTION

Thinking is not an entirely cerebral process not just a matter of IQ. We think not only with our heads but also with our spirit. In twentieth century our Rational Intelligence was considered as what we use to Solve logically and strategic problem known as the Intelligence Quotient as IQ, but later in the mid of 1990s, Daniel Goleman popularised the term EQ as Emotional Intelligence which gives us awareness of our own and other's feelings. Goleman pointed Emotional Intelligence is basic requirement for the use of intelligence quotient. But at the end of century, scientific data showed there is third Q with Spirituality. So for Short that is considered as the complete picture of human intelligence. Neither IQ nor EQ separately is enough to explain the full picture as complexity of human intelligence but SQ is the basic foundation for the effective and purposeful functioning of both IQ and EQ. It is the ultimate intelligence.

Intelligence

Intelligence is the most powerful aspect of our brain (Mayer & Salovey, 1953) and cerebrum is the most important part of the human brain. It controls all our voluntary activities and thinking process (Dandapani, 2006). Intelligence is the general capacity of an individual consciously to adjust his thinking to new requirements, adaptability to new problems and condition of life (Stern, 1914).

Emotional Intelligence

Spiritual Intelligence is mainly different from Emotional Intelligence. As Goleman pointed, Emotional Intelligence is a basic requirement of the brain. If the brain feels damaged, we think less effectively. Goleman defined Emotional Intelligence as the capacity for recognizing our own feelings and allows me to judge what situation I am in and behaving accordingly (Goleman, 1998). (Mayer & Cabb, 2000) involves the perception understanding, assimilation and management of emotions. It is ability to sense, and applies the power as the source of human energy, and influence (Mayer & Salovey, 1997).

Spiritual Intelligence

Spiritual Intelligence means the intelligence which solves problem of meaning and value. The intelligence that allows human beings to be creative, to change the rules and alter the situation it gives an ability to discriminate. (Zohar & Marshall, 2001) Spiritual Intelligence is an ability that causes self-consciousness, understanding the meaning of life, increases peace, self-control and the ability to communicate effectively with good mental health (Earsanial, 2013). Amram, 2005 defined the spiritual intelligence as the sense of meaning, sense of holiness; balanced perception of material life and having a mission in life. Spiritual Intelligence is the ability to hear the voice of the heart to be closer to God and helps one to translate the problem and strives to find the right

way to deal with the problem. (Zulkifi et. al, 2017). Human Beings are essentially spiritual creature we need to ask Fundamental Questions are about our life such as: -

- Why was I born?
- What is the meaning of life?
- Why I am here?

All these questions are classified through the Spiritual Intelligence on the basis of Neurological base, SI operator out of the brain's centre. It integrates all our Intelligences. Zohar & Marshall, (2001). Zohar & Marshall, (2000) defined the spiritual intelligence as the superior court of our intelligence. It represents the fundamental ultimate basis for an effective function of the cognition and emotional intelligence.

Scientific Evidence for Spiritual Intelligence

The brain is the most complex organ in the body. It produces the mystery of consciousness and spiritual life. The brain makes sense of our experience with touch, sight, smell and language. It is the bridge between our inner lives and our outer world. The human brain contains between 10,000,000,000 and 100,000,000,000 neurons. A typical neuron is shaped like 'tree' with roots (dendrites), a cell body (Soma), a trunk (axon) and branches (axon terminals). Neurons functions as signalling devices, rather like an electronic element in a telephone network.

A cortical pyramidal neurone communicates directly with many other neurons that are mostly near by the cortex. Neural Tracts resembles a series of Telephone cables. It learns according to the fixed program. The rules of acceptance with formal logic, model of thinking as the kind of mental ability of IQ. It is a great deal of thinking used in day to day life in our culture. Whereas EQ is associative thinking underlines purely emotional intelligence. It is a link between emotions and bodily feelings. It is thinking with the heart and body. This associative thinking is possible through the neural networks. In neural networks each neurons act upon, acted upon by as others simultaneously.

The Limbic System of the central seat controls the emotions and it has both the serial and associate neural networks. IQ and EQ both support each other. Damasio's observation illustrates coordination between serial and associate processing of IQ and EQ. But the brain has other kind of intelligence which has yet no explanation. It is another mental ability of human brain that is mysterious. So is Third Intelligence that places our actions and experiences in a larger context of meaning and values. Studies show that for 40 Hz oscillations are found all over the brain. These 40 Hz oscillations are the neural basis of SQ, A third intelligence our SQ gives mind a transcendent quality that roots as at the very least in the rest of life of this planet.

The God spot in the brain

Since the beginning of recorded time of human being existence, it is said that he communicated directly with the God. In the 1990s, Canadian neuro-psychologist Michael Persinger experienced exceptional forces at in laboratory. Dr. Persinger titled his need with transcranial magnetic stimulator. This device is used to stimulate various area of the brain's motor cortex. This device was set to stimulate tissue in the temporal lobes. Even blind people can experience the light that is God. Many neurological studies cleared that the God spot does plan an essential biological role in the spiritual experience.

The 'God Spot' is an isolated modulus of neural network in the temporal lobes, but the whole brain, the whole self. The whole life must be integrated. 'God spot' may be necessary condition for SQ but who score high in SQ would be expected high on 'God Spot' does not follow that high 'God Spot' guarantee high SQ.

Reviewed Literature

In the literature we have found facts related to spiritual intelligence. (Geogrita, 2014) concluded his study after implementing the programs of way to enhancing Spiritual intelligence, neuroticism factor (NEO-PI-R) increased the self-esteem and conscientiousness. (Dispenza, 2012) found that the way we can change a state, situation or suffering. (Newberg waldman, 2012) from Pennsylvania discovered the 'God Area' in the human brain. (Wigglesworth, 2012) defined spiritual intelligence as the ability to behave with wisdom and compassion. SQ is the central part, it is the source of Integrating IQ and EQ. (Richard, 2005) IQ is that seeks to understand 'what', EQ seeks to understand 'How' and SQ is the fundamental intelligence that finds the questions of 'Why' things. Spiritual intelligence provides a sense of personal wholeness, goal and direction, mentioned by Dincer, 2009. (Zohar and Marshall, 2000) proposed Spiritual intelligence at the top of hierarchy, that represents the human brain's integrative process with meaning, value and moral reasoning.(Zohar and Marshall, 2001) in their book mentioned about the 'God Spot', God is the centre of the self and has its origin in the ultimate meaning of all existence.

Practical steps recommended by Zohar and Marshall to greater Spiritual Intelligence

- You must become aware of your present situation, where you are in your present situation. Are you harming yourself and other people?
- Feel strong about what you want to change and make an inner allegiance to change your behaviour, relationships and your life.
- You must know yourself and your centre and what is your intense motivation?
- You have to terminate the obstacles that stand in your way and have to develop an understanding of how you can remove these obstacles.

- You need to become aware of the different probabilities for moving forward. Explore these possibilities through mental and spiritual work.
- Commit yourself to your life and reflect your daily work whether you are doing well for yourself and others, feeling peace and satisfaction. Assess your behaviour time to time. Centre means turning your daily thoughts and activities.
- While you walk your own selected path with elegance, do not forget that there are other paths too, which you need to honour.

Conclusion

Spirituality is born in a person and develops in the person. Spiritual Intelligence is concerned with the inner life of mind and spirit. It is a way of loving, behaving, forgiving, accepting and relating to the world. In the words of Pierry Teilhard De Chardin:

“We are not human beings having a spiritual experience; we are spiritual beings having a human experience.”

Ideally our three basic intelligence work together and support each other but SQ is the necessary foundation for the effective functioning of both IQ and EQ. It is our ultimate intelligence. Spiritual Intelligence is God Spot in the human brain that is spiritual centre located in neural connection in the temporal lobes of the brain. Spiritual Intelligence makes us the fully intellectual, emotional and spiritual creatures. It helps us to outgrow our immediate ego selves. Persons with high spiritual Intelligence have an ability to reframe and see things and will embrace their holistic thinking. Spiritual Intelligence goes beyond the physical and cognitive relations of environment and enters to transcendent cyberspace of individual's outlook to life. Transcendent means beyond the present moment, joy and sufferings. It takes us beyond the limits of our knowledge and experience and gives us taste of the infinite, within ourselves, that's why Spiritual Intelligence is accepted as the “Ultimate Intelligence.”

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