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NATRIUM MURIATICUM AS CONSTITUTIONAL MEDICINE IN CASE OF PITYRIASIS ALBA IN PEDIATRIC AGE **GROUP**

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ABSTRACT:

Pityriasis alba is a common fungal infection of the skin in tropical region. The characteristic lesions are small yellowish-brown macules. These slowly blend to from large disfiguring area. Concomitant hypopigmentation is usual. Most of us get confused in diagnosing pityriasis in an initial year of practice and thus we need to know the differentiating characteristics of condition. However, treatment can be possible of the homoeopathic medicine through proper repertorization and totality of symptom. A 14-year boy came to OPD with complaint of white rounded patch on right cheek and forehead from last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

KEYWORDS: Homoeopathy, pityriasis alba, white pigmentation, constitutional homoeopathic medicine, natrium muriaticum, synthesis repertory radar 10

INTRODUCTION:

Pityriasis alba a common skin disorder in children and young adults, most common between age 3 and 16 years. It is characterized by the presence of ill-defined scaly faintly erythematous patches [1]. They are most commonly located on face arms and upper trunk and are more noticeable in people with darker skin type. The term is derived from the words pityriasis (scaly) and alba (white) [2].

UNCOMMON VARIENTS OF PITYRIASIS ALBA:

- 1. Pigmenting pityriasis
- 2.Extensive pityriasis

Lesion may be progress through the following 3 clinical stages.

- 1. Papular (scaling) erythematous.
- 2.Papular (scaling) hypochromic.
- 3.Smooth hypochromic [2]

PRESENT HISTORY: White patches present right cheek and forehead in the last 3 months. Appearance of the patches are lighter than the surrounding skin. Headache aggravate from heat of sun and ameliorate from cold things.

PAST HISTORY:

Chicken pox at 10 year of the age.

Typhoid (2019)

FAMILY HISTORY:

Mother: migraine since last 6 year.

MENTAL GENERAL:

Consolation aggravation

Gets irritate over little things

No desire for company

PHYSICAL GENERALS:

Appetite: Normal appetite 2 meal / day

Thirst: Less (1 liter/day)

Desire: Salty things⁺⁺

Stool: Dry stool⁺, constipation present in the last 4 months

Urine: Satisfactory

ANALYSIS OF CASE:

Sweat: Normal Thermal: Hot++ Sleep: Normal 7-8 hours per day. ANALYSIS OF CASE:						
 Mental general Consolation aggravation Gets irritate over little things No desire for company 	 Physical general Desire-salty things Hot patient Stool dry 	 Headache Aggravate: from heat of sun Ameliorate: Applying cold Constipation Scaly skin 				

EVALUATION OF SYMPTOMS:

- Consolation aggravation
- *Irritability*
- No desire for company
- Desire-salty things
- Stool dry Headache
- Aggravate: from heat of sun

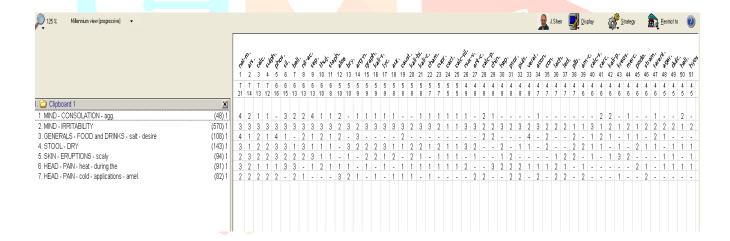
- Ameliorate: Applying cold
- Constipation

REPORTORIAL TOTALITY:

Symptoms	Reportorial totality
Mind	Consolation aggravation
Mind	Irritability
Desire	Salt things
Stool	Dry
Skin	Eruption scaly
Head	Pain during heat
Head	Pain ameliorates cold application

REPORTORIAL ANALYSIS:

- 1.Natrium muriaticum 19/7
- 2.Phosphorus 14/5
- 3. Silicea terra 14/5
- **REPORTORIAL SHEET:**
- 4. Calcarea carb 13/4
- 5. Arsenicum album 12/6



PRESCRIPTION: 15/1/2020 Natrium muriaticum 200 for 15 days is selected on the basis of symptoms similarity, constitution and susceptibility of patients.

Follow up

Date	Symptoms	Picture	Prescribed Medicine
30/1/2020	Skin discoloration slightly reduced Headache much better Stool normal	a by cost	Rubrum 30 TDS for 15 days.
13/2/2020	Much better in skin discoloration Headache completely relief Stool normal		Rubrum 30 TDS for 15 days
27/2/2020	Completely disappearance of skin discoloration Relief in all complaints.		Rubrum 30 TDS for 15 days

CONCLUSION:

Homoeopathy treats the patients from within a holistic way, without the application of any external application like the ointment. These aliments can only be cured permanently by homoeopathy. Homoeopathy works well in the case of (Pityriasis Alba) and one can expect a complete recovery, only after a complete case study is done of the individual concerned. Whereas homoeopathy offers a very safe and efficient treatment for Pityriasis Alba.

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