



HOMEOPATHIC SYSTEM OF MEDICINE

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ABSTRACT

Homeopathic is the part of alternative system of medicine. These are broadly used in medicinal field. Homeopathic simply means treating disease with remedies prescribed in minute doses. This is capable of producing symptoms similar to the disease, when taken by healthy people. It is based on the natural law of healing 'Similia Similibus curentur.' Homeopathic word derived from Greek word homeos means similar and pathos means suffering. Homeopathic medicines are prepared by the plant source, mineral source, animal source, diseased tissues, Imponderables hormones and healthy tissues.

KEYWORDS

Introduction, Definition, Principle of homeopathic, Source of homeopathic, Benefits of homeopathic, Precautions of homeopathic medicines, Side effects

INTRODUCTION

Homeopathic is a highly systematic method of clinical evaluation and medical therapeutics. The term homeopathy are derived from the Greek word homeos and pathos which means similar suffering.



Homeos - Similar

Pathos - Suffering

In these system medicine is chose according to the law of Similia (the concept of like curing like), these principle based on the observed relationship between a medicine produces the ability a special batch of signs and symptoms in a healthy person and the same medicines ability to cure a sick patient with similar signs and symptoms. These principles recognized by firstly Hippocrates.[1] Homeopathic medicines appropriate 70% derived from the herbs. They are prepared by the any part of plants like fruits, seeds, stems, bark, flowers, leaf, stigma or root and non woody plant. [2]

DEFINITION

Homeopathic is the alternative system of medicine.[3][4][5] The German physician Samuel Hahnemann is proposed the homeopathic in 1796.[6] Homeopathic simply means treating disease with remedies prescribed in minute doses. Which are capable of producing symptoms similar to the disease, when taken by healthy people. It is based on the natural law of healing “ Similia Similibus curentur”.

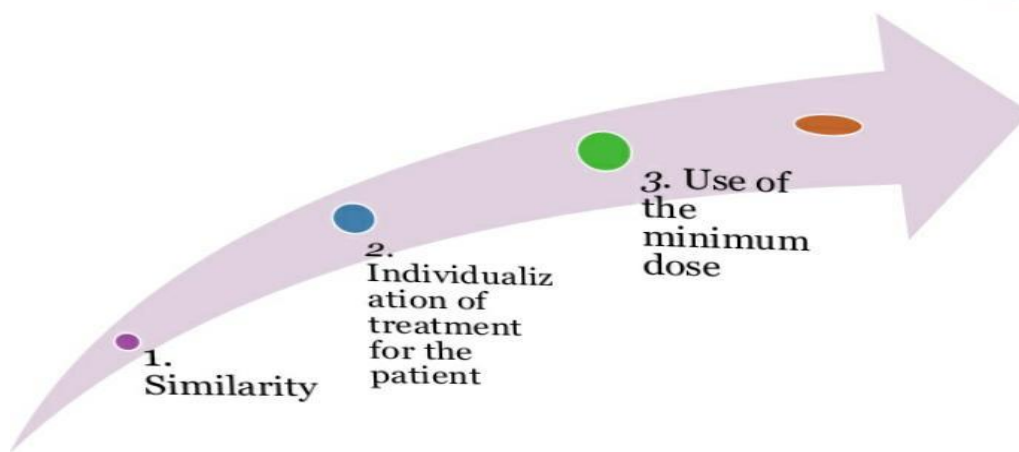


PRINCIPLE OF HOMEOPATHIC

The homeopathic is the system of treatment based on demanstrable laws and principles. Which is given below bellow : [7]

1. Law of Similia
2. Law of Simplex
3. Law of Minimum dose

a. The Potentized Remedy



1] The Law of Similia

- It is also called the law of cure similar. This law demonstrate that the select remedy is able to produce a range of symptoms in a healthy person similar to the observed in the patient.
- Thus leading to the principle of Similia similibus curentur that is let like be treated like.
- The term of Similimum for the remedy that good matches a patients symptoms. [7]

2] Law of Simplex

- The second principle of homeopathy is based on The single dose(Remedy).
- Only one dose of medicine given at any one time. If would be difficult, it is not impossible, to ascertain the action of multiple homeopathic dose are given all at one time.
- This law direct the doctors choose and administer such a single dose which is most similar to the symptom complex of the side person at a time.[7]

3] Law of Minimum dose

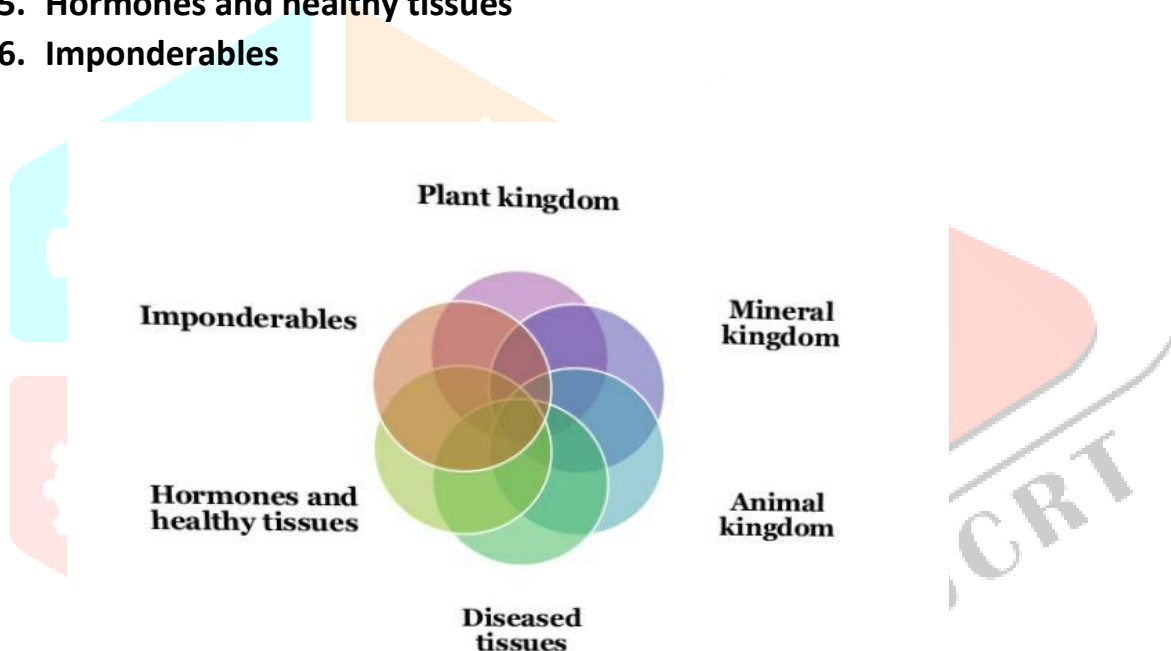
- It's third principle is The law of Minimum dose.
- In this system refers to the minimum dose of medicine given as well as the repetition of dose only when necessary.
- The similar remedy selected for a sick person should be prescribed in minimum dose. So that when administered there is no toxic effect on the body
- It just act as a triggering and catalytic agent to stimulate and strength the existing defence mechanism of the body.
- It does not need to be repeated frequently. [7]

4] The Potentized Remedy

- It's fourth principle is The Potentized Remedy.
- Homeopathic remedies is made up by the natural substances like plants, minerals, animals etc , they are manufactured by the unlike another medicine.
- In a serial dilution process made up the a very dilute extract.The all steps of dilution the remedy is vigorously shaken and succeeded.
- Succession process is designed to arouse the medicine dynamic nature.

SOURCES OF HOMEOPATHIC MEDICINE

1. Plant Kingdom
2. Mineral Kingdom
3. Animal Kingdom
4. Disease tissues
5. Hormones and healthy tissues
6. Imponderables



1] Plant Kingdom

- About 60% of homeopathic medicines is prepared by the one or more parts of the plants.
- Such as leaves, root, flowers, seeds, and berries.
- Various types of plants, benign, poisonous and carnivores used in the homeopathic medicines. [8]

2] Mineral Kingdom

- 20% of the homeopathic medicines are prepared from minerals.
- Pharmaceutical uses of almost all known metals and non-metals and various important compound have been exploited in homeopathy.
Eg. Gold, Potassium, Common salt, and Silica. [8]

3] Animal Kingdom

- Homeopathic medicines is prepared from the certain animal products.
- Animal products, like snake poison, spider poison etc are used in extremely minute doses to prepare homeopathic medicines. [8]

4] Diseased tissues

- Some homeopathic medicines is formulated by the using of tissues or secretions contains viruses, bacteria, and other microorganisms.[8]

5] Hormones and healthy tissues

- Homeopathic medicines is prepared from the using of healthy humans/ animals tissues and it's secretions. [8]
Eg. Thyroidinum and Adrenaline.

6] Imponderables

- Magnetism, x-ray radiation etc are energy sources is also used in homeopathic medicines preparation. [8]

BENEFITS OF HOMEOPATHIC

- Pregnant and nursing women can be used these medicine.
- Children and infants can be used these medicine.
- Dose not interfere with the remedy taken by a person
- If the incorrect doses is completely safe and it will not harm the person at all.
- It is used in chronic and acute conditions.
- Homeopathic remedies is produces very rare side effects.



- It is stored in long time periods. [8]

PRECAUTIONS OF HOMEOPATHIC MEDICINE

- We take the medicine homeopathic practitioners.
- It can also avoid taking antidotes and other substances.
- During treatment time avoided the coffee, peppermint, camphor and very spicy foods.

- It also handled with care , and can not be touched with the hands or fingers.[8]

SIDE EFFECTS

- It produce some time aggravation during initial treatment with homeopathic remedies.
- These aggravation is a positive sign that the remedy is good match for the patient symptoms.
- It produce the emotional disturbances, we known by patient can experience.



CONCLUSION

In this review literature we are discussed about the homeopathic system of medicine. It is broadly used in the medical field. It is based on the natural law of healing 'Similia Similibus curentur.' Dr. Samuel Hahnemann gave it a scientific basis in the earth in 19th century. It is based on demanstrable laws and principles such as Law of Similia, law of single remedy, law of Minimum dose, potentized remedy .

ACKNOWLEDGEMENT

I have expressed my special thanks for my respected professor who provided a golden chance at each and every steps. I have expressed my special thanks my respected parents which supporting me.

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5] Baran GR, Kiana MF, Samuel SP (2014). "Science, Pseudoscience, and Not Science: How Do They Differ?". Chapter 2: Science, Pseudoscience, and Not Science: How Do They Differ?. Healthcare and Biomedical Technology in the 21st Century. Springer. pp. 19–57. doi:10.1007/978-1-4614-8541-4_2. ISBN 978-1-4614-8540-7. within the traditional medical community it is considered to be quackery.

6] Hahnemann, Samuel (1833). The homœopathic medical doctrine, or "Organon of the healing art". Dublin: W. F. Wakeman. pp. iii, 48–49. Observation, reflection, and experience have unfolded to me that the best and true method of cure is founded on the principle, similia similibus curentur. To cure in a mild, prompt, safe, and durable manner, it is necessary to choose in each case a medicine that will excite an affection similar (ὁμοιος πάθος) to that against which it is employed. Translator: Charles H. Devrient, Esq.

7] <https://www.slideshare.net/mobile/KMKCPCClassOfMMXXI/homeopathy-140161587>

8] <https://www.slideshare.net/mobile/kanikaglr/homeopathy-medicine>

