

# HOMA THERAPY

## Vedic Method of Farming and Search of Ideals for Environmental Ethics

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**ABSTRACT:** HOMA Therapy is the methodical expression since the Vedic discipline of bio energy denotes the method of eradicating harmful situation of the surroundings and refines the ambience by action of flames/fire, equipped in copper pyramid tune to the biorhythm of morning (early bright)/evening (sundown). This means curing and purifies the ambience through flames as a medium. Agnihotra is the essential flame in HOMA Therapy. Agnihotra religiously connect living being on this earth to restrain the energy from space & HOMA Therapy translates the same into significance materialistic performance of living organisms. With time this information was vanished but it is now has to be rejuvenated to make available people way in the direction of how to correct contaminated condition of the planet we find ourselves within nowadays. HOMA Therapy originates from Vedas, the most prehistoric body of information well-known to man. HOMA Therapy is given at a time when all hope is gone. It is given for all people. Anyone can do it, incorporate it into his or her daily life. HOMA has such a profound effect on plant life. It has a beneficial effect on animals including humankind but would be more easily detected in plants as they are simpler organisms.

### INTRODUCTION

#### 1.1 What is Homa Therapy?

Homa is a Sanskrit term and it is use simultaneously with Yajnya. Agnihotra, Homa Therapy & Homa Jaivik Krishi are synonyms of each other. Agnihotra is act/fire, Homa Therapy is materialistic treatment & application of resultant of Agnihotra process & lastly it is a 'product' or bundle of exercise which involves function of Homa Therapy along with another result augmenting or non conflicting practices that may be made applicable for cultivation.

Homa Jaivik Krishi is principally Organic cultivation technique by way of habitation improvement, exercise of cultivation schedule (Krishi Panchang), seed treatment, addition of cow dung and legumes in the method, utilization of enrich manure, mulching, bio-enhancers for supplementing the rhizosphere with Homa Therapy well-known for curing & enrichment of biosphere. Basically by use of this addition, mutually the rhizosphere and biosphere being managed; consequently both the ends are protected for flora to perform in most favourable degree. Homa Jaivik Krishi is one of the inexpensive cultivation techniques for Indian farmers who have little and patchy holdings. Homa Jaivik Krishi, address each and every essential issue i.e. production, local input creation and nonstop enhancement in soil efficiency, water quality and the unwell ambience. It also ensures creation of job, improved human being, plant and animal healthiness at the same time.

### I. TEXTUAL BASE AND HISTORY OF HOMA THERAPY

Agnihotra is a pure discipline for all mankind & being used since very old time before Hindu religion came to existence (Vedas or pre Hindu era). Hence, it is beyond the religious conviction & creed on this planet earth. Agnihotra is a holistic approach of growing plants in pure and healthy ambience. It is based on very old Vedic discipline of maintaining the balance of ecological cycles by performing Yajnya. Agnihotra in very old times was performed frequently to maintain overall spiritual & biological health of family, eventually of village & country. This performance also supported & contributed to agriculture incidentally. Mean while due to missing performance of Agnihotra, benefit of the same was lost & it remained as merely religious ritual in few hands.

In modern times, Shree Gajanan Maharaj of Shivpuri, after having understood the strength of Agnihotra, inspired to rejuvenate & decided to promote Agnihotra as his mission of life. He revelled these secretes to his disciple Shree Vasant Paranjape & asked him to take the mantle further & introduce Agnihotra & its magnificent effects, throughout the globe. It is Shree Vasant Paranjape who developed Homa Organic Farming Therapy as a standalone subject with the scientific involvement of scientists & volunteers from Indian, European, Australian & American countries. With the blessings of Shree Gajanan Maharaj, Shree Vasant Paranjape took this as mission & tried to spread the technology & message to every corner of the world. This technology displayed miraculous results in especially Environment Science, Biological & Human Health Science & Agriculture Science. Dr R K Pathak, an eminent scientist from ICAR (Indian Council of Agriculture Research) cadre, having close interaction with Shree Vasant Paranjape, conceived & developed a novel concept of Homa Jaivik Krishi. Dr. R K Pathak practiced, experienced & developed Homa Jaivik Krishi when he was at CISH Lucknow & inspired his followers through numerous papers & personal interactions. Dr. R K Pathak also tried to introduce this subject to other research institutes under ICAR. Universities & Government research institutes should take up this as challenge & contribute to establish such priceless technology for developing country like India.

The effect of Agnihotra are multidimensional and of enormous value. It purifies the atmosphere and in turn the purified atmosphere assures the energy required by the plants for their normal growth. It has been experienced that the effect of Agnihotra in the form of subtle energies, rises high up towards the space (Dyu) region. It gathers the nutrients from the space and returns to

earth in the form of nutritious rains. Agnihotra regulates the cycle of rains and purifies the water reservoirs. People joined the mission having experienced about self development, health & agriculture development. Although Agnihotra works on all living beings on this earth specific approach is made towards Agriculture as it was on death bed because of “Green Revolution” all over the globe. It came at the right time when farming fraternity did not had any solution to degraded soil, mutated pests & declined yield due to indiscriminate usages of chemicals in agriculture.

## II. BASIC PRACTICES OR PROCESS OF HOME THERAPY

AGNIHOTRA is the foundation of HOMA Farming. This should be perform two times in a day in Agnihotra hut (shed). If cow dung and ghee are readily available they should be used in larger amount at the time of doing Agnihotra. The Agnihotra pyramid is a producer of life-sustaining energies. Agnihotra spiritually connects the living beings on this earth to capture the energy from cosmos & HOMA Therapy translates the same in to result materialistic behaviour of living organisms.

### 2.1. What is Agnihotra?

Agnihotra is a fire performs accurately at the time of morning (early bright)/evening (sundown) using pure cow dung, pure cow's ghee, unpolished and complete (unbroken) rice in a pure copper pyramid of definite size and shape while chanting a simple two line mantra. It is a “Super technology”, which simultaneously negates the effects of polluting factors while increasing per unit area of quality production. The knowledge can used beneficially to grow crops without chemicals and pesticides. It is process of refinement of the ambience through the agency of fire/flames, prepared in a copper pyramid tuned to the biorhythm of sunrise/sunset. This neutralizes the harmful energies and reinforces positive energies in the ambience in a given area where ‘Resonance’ has been established. A special bio-formulation developed by Gloria and named, as “Gloria Biosol” from Peru is prepared after a series of operations and processes that lead to the biodegradation of organic matter along with Agnihotra ash. It is powerful bio-food for the plants that are rich in macro, micronutrients and rich in microbial population. Agnihotra ash and Biosol is the strongest weapon that can take care of crop production, animal husbandry and allied activities. Their regular sprays improves plant vigour, encourage flowering, fruiting, management of pests and diseases with improved quality production.

### 3.2 Where does Agnihotra come from?

Agnihotra originates from Vedas, the most prehistoric body of information known by human being. This information belongs to all human being. In the beginning, this information was well-known by all human being over the planet. Practically all early civilizations had some practice of refinement through fire/flame. Archaeological digs from around the world have found remains of fire altars, etc. In the course of time, the science behind Yajnya was lost, and today, in view of our polluted conditions, the science of atmospheric purification through Yajnya is being revived.

### 3.3 How does Agnihotra work?

Agnihotra Agnihotra is the act of offering “Sacrifice” (Ahuti ) to fire/flame in the name of “Surya”, “Agni” & “Prajapati ” as main power equally to “energy, plasma & protector” of this earth. Agnihotra performed every day two times in a day, at Sunrise & Sunset. prerequisites are Copper pyramid of exact size & shape said “Homakund”, piece of dried cow dung, pure ghee, unbroken & unpolished rice, Mantra (vibration), exact schedule of sunrise and sunset. Set the fire prior to couple of minutes in Homakund so that it is completely ablaze at offering “muhurt”. Take a few grains of unbroken rice (Akshata) in left hand or in a copper bowl and apply few drops of pure cows’ ghee and divide it into two portions. Then, after the word “Swaha” in every mantra, offer one section of the rice/ghee mixture with the right hand, into the flames/fire.

#### 3.3.1 Sunrise Mantra

sooryáya swáhá sooryáya idam na mama prajápataye swáhá prajápataye idam na mama

#### 3.3.2 Sunset Mantra

agnaye swáhá agnaye idam na mama prajápataye swáhá prajápataye idam na mama

The Agnihotra has two fold effects; spiritual & biological. The concentration towards Agnihotra is kind of meditation that improves spiritual strength of performer & offering Ahuti towards Agnihotra creates the sense of sacrifice, emotional bond. The other impact of Agnihotra is rather materialistic, biological& environmental. Such impact is entirely based on science has been enumerated. Great amount of energy are gathered in the region of Agnihotra pyramid just at Agnihotra time. A magnetic kind of field is formed, which is neutralizes negative energies and reinforce positive energies. Therefore a positive pattern is created by one who does Agnihotra purely by his/her performance.

When Agnihotra is performed, the Agnihotra smoke gathers particles of harmful radiation in the atmosphere and on a very slight level neutralizes their radioactive effect. In Agnihotra Nothing is destroyed, only changed. When Agnihotra fire is burnt, there is not just energy commencing from the fire but subtle energies are formed by the rhythms and mantras. These energies are generated or thrust into the atmosphere by fire. The pyramid is the power generator, the fire is the turbine. A large amount healing energy emanate from the Agnihotra pyramid. An aura energy field is formed around all living beings in the proximity of the pyramid. When the flame of the Agnihotra fire extinguishers, the aura field withdraw into the ash and medicinal properties get locked into the Agnihotra ash. You cure the atmosphere through the medium of Fire and the healed atmosphere heals you.

## III. EXISTING FARMING VS. HOMA FARMING

The food security issue in the past has triggered the Green Revolution that prompted the usage of chemicals in agriculture sector. Initially food production increased in multi fold & it was believed to be great revolution in agriculture science. But after about two decades, ill effects of such treatment were realized & it was felt necessary to practice Organic Farming. Organic Agriculture means practices without usage such devastating chemicals. The main difference between Homa organic farming and other organic farming techniques is that Homa farming regards the atmosphere as the most important source of nutrition, whereas

in any other farming practices today the environment is totally ignored. Ancient science of Homa Therapy states that more than 75% of nutrition to plants and soil comes through the atmosphere.

Organic agriculture was initiated in many ways. But it was always with the recourse to NPK theory in modern agronomy. The conventional Organic Agriculture merely addresses improvement of soil conditions & microbial enhancement of rhizosphere. But inclusion of Agnihotra on the other hand induces the positive energy in to living beings & brings Biosphere in the ambit of agronomy. Agnihotra energizes atmosphere by ionizing air particles & making it conducive for absorption by plants & soil. Further, Homa Therapy augments effectiveness by using by products of Agnihotra i.e. "Bhasma" & Biosol preparation. Homa Jaivik Krishi includes Homa Therapy along with usage of solar-lunatic calendar. Homa Jaivik Krishi practices increased yield to about 30%. Homa Jaivik Krishi being most cost effective set of practices needs to be adopted by Indian farmers. But Government is pathetic about such cost effective high yielding methods. Incase government takes up the issue & promotes these practices the entire farming fraternity shall be benefited & food security of India shall remain undisturbed.

#### IV. EFFECTS ON ENVIRONMENT ETHICS

The principles of life must be restated now on this Earth. Everyone must be made aware that HOMA is necessary to survive. We withdraw nutrients from the environment. They must somehow be replaced. HOMA is the means. When Agnihotra is performed there is a turbulence of electricities and ethers created by the combination of Mantras and fire that extends all the way to the solar range. This turbulence leads to a quick upheaval of the nutrient structure in the area. More people should begin to perform Agnihotra under a tree. This makes the tree happy and the tree dances and sings. Also the birds are much attracted to Agnihotra. It is healing them. HOMA trees will soon begin to grow. They will be a species in themselves. They are now generating in intense HOMA atmosphere. Nature is in total turmoil; so much destruction is coming now. We must saturate the atmosphere with nutrients. Ghee is the vehicle. Mantras are the power. HOMA must be done now on a large scale. The Earth has been robbed of its elements by pollution. HOMA can replace these things which are vital to all life. The Earth is wasting away. HOMA is the way to save it.

It is stated in ancient tradition that by giving nutrition to the soil through the atmosphere several things could be achieved. These things have not tested but have seen the overall effects. Following are some examples: Due to pollution cancer-producing elements are found in the soil, water, air. Agnihotra can reduce the effect of these elements on the atmosphere. Due to pollution insects show a trend towards mutation. It becomes terrible when the mutation begins to multiply. Insects attack crops and destroy them. They have no predators. If you add to this drought, floods and other disasters people will starve. Agnihotra atmosphere is the only way out. Increase in parasitic bacteria due to pollution robs the earth of its nutrients. Agnihotra atmosphere preserves the nutrients and replenishes them. Due to pollution insects begin cross-mating and hybrids are created. Insects begin to change their life cycles and develop immunity to cold. This greatly increases population growth among pests and we have tremendous problems with crops and diseases. Agnihotra reverses this trend and puts nutrients back into the soil.

Composition of nutrients in soil deteriorates and this has a great impact on food supply. The chemical and molecular structure of bacteria change and they become more immune to conventional medical methods. If we practice HOMA Organic Farming things will improve. When radioactive particles and poisonous gases are released from the earth's core our only protection is HOMA Therapy.

#### V. SUSTAINABLE METHOD OF FARMING

Sustainable farming is a ecologically viable farming by promoting methods and practices that are economically, environmentally sound and protect community wellbeing. It does not only focus on the economic aspect of farming, but also focus on the use of non-renewable factors in the process thoughtfully and effectively. This contributes to the growth of nutritious and healthy food as well as brings up the standard of living of the farmer.

Our environment, and subsequently our ecology have become an area of concern for us over the last few decades. This has increasingly led us to contemplate, innovate and employ alternate methods or smaller initiatives to save our ecology. One such initiative is sustainable farming. It simply means production of food, plants and animal products using farming techniques that prove to be beneficial for public health and promote economic profitability. It draws and learns from organic farming.

Sustainable farming or Sustainable agriculture helps the farmers innovate and employ recycling methods, this apart from the conventional perks of farming. A very good example of recycling in sustainable farming would be the crop waste or animal manure. The same can be transformed into fertilizers that can help enrich the soil. Another method that can be employed is crop rotation. This helps the soil maintain its nutrients and keeps the soil rich and potent. Collection of rainwater via channelling and then its utilization for irrigation is also a good example of sustainable farming practices.

Environmental sustainability in agriculture means good stewardship of the natural systems and resources that farms rely on. Among other things, this involves:

1. Environment Preservation
2. Economic Profitability
3. Most efficient use of non-renewable resources
4. Protection of Public Health
5. Social and Economic Equity

#### VI. CONCLUSIONS

Homa Jaivik Krishi practices to deploy the resources of nature & mother earth in to agriculture. All the inputs are prepared on farm that shall effectively save the input cost. This is efficient agriculture practices that enhance production by 25-30%. It needs to be propagated in the interest of National economy & farmers benefit point of view.

Sustainable agriculture is the best solution to managing the growing population. The science of agriculture has allowed human populations to grow exponentially and dominate the world's landscapes. Advancements in this science have enabled humans to manipulate entire ecosystems to cater to their survival. But as populations continue to grow, resources are becoming limited. Water, fuel, and soil are three important factors determining the survival the world's population and it is crucial that they are used

as efficiently as possible. In a comparison of sustainable and conventional agriculture, organic farming methods are shown to perform much better for a number of indicators. Sustainable agriculture consumes less water and energy, enhances soil composition, and forgoes synthetic chemical input. Conventional agriculture cannot meet the needs of the current population without compromising the integrity of the environment. Sustainable agriculture has the potential to sequester carbon, feed the world, and enrich the environment. The social, economic, and environmental benefits of this system are reasons why sustainable agriculture is the most viable way to accommodate growing trends.

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