

A comparative study of personality traits of male and female Physical Education Teachers

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Abstract

Study is based on to find out the personality traits difference between male and female physical education teachers. Ninety male and female physical education teachers working in different part Rohtak and other districts was tested on their personality traits profile through modified from the teacher personality trait questionnaire by Cattell (1973). Data was analyzed through 16PF test was used to categorized the physical education teachers personality traits level. Result of the study indicated that there was no significant difference between male and female teachers of government schools, college and university in their personality traits level and most of teachers of these two categories are found above average in their personality

Introduction

Personality refers to individual differences in characteristics pattern of thinking, feeling and behaving. The study of personality focusses on two broad areas. One is understanding individual differences in particular personality characteristics, such as sociability or irritability. The other is understanding how the various parts of a person come together as a whole (Acc. to Encyclopedia of Psychology).

According to Allport (1937) “personality is the dynamic organization with the individual of those psychophysical systems that determines has unique adjustment to this environment”.

It includes not only the physical but also psychological and social characteristics of individuals.

Physical factors have interested the physical education teachers, coaches and trainers for many years and continued to be a subject of psychological research the world over. The contention being that there exists an “athletic personality”, this idea has enjoyed wide popular appeal for many years has increasingly attracted the attention of the researchers.

Women and men aren't as different as you might think: A review of dozens of studies found that men and women are basically alike when it comes to personality, thinking ability and leadership. The differences that do

exist may reflect social expectations, not biology. Despite this evidence, the media continue to spread the idea that the sexes are fundamentally different — with real-life consequences. Parents who believe that boys outdo girls in math, for instance, may have lower expectations and overlook mathematically talented daughters.

Physical Education Teacher

Physical education teacher has unique responsibilities in the school physical activity program to ensure that students are physically active within the physical education class. The physical education teacher also has the responsibility to help direct and guide opportunities for physical activity within the school outside the class.

Physical Education teachers are responsible for organizing activities for students that include team sports, individual exercise, as well as techniques to improve flexibility and coordination.

At the elementary school level, physical education teachers have an objective to teach young students the importance of developing healthy habits and lifestyles. At this young age, kids can be susceptible to playing video games, eating junk food, and learning poor habits that can contribute to poor health in the long-term.

Hypothesis

There would be no significant difference between male and female in relation there personality traits.

Objective of the study

To compare the personality characteristics of male and female physical education teachers.

Methodology:

A status quo survey study was designed in which 90 teachers working in different part of Rohtak, Haryana were randomly selected for the study. Detailed description of the teachers is given below:

TABLE-1

Analysis of personality traits, difference between male and female physical education teachers of Rohtak and other districts.

Government school teachers	26	17
College teachers	21	14
University teachers	12	---

All the subjects were tested inthere personality traits profile through 16 PF test developed by cattelland the objectivity on the test was also determined by its repeated application on the same sample.

Statistical Design

The data was analyzed through 16 PF test for getting the comparative difference between male-female physical education teachers in there personality traits. Percentage technique was used.

Result and Discussion

Table – 1 consist analysis of personality traits, difference between male and female of Rohtak and other districts.

Conclusion

1. A significance difference was observed between personality traits of male and female of Govt. school of Rohtak and other districts physical education teachers on factors A, C, F, I, and Q1. Male physical education teachers were found warm hearted, emotionally stable, happy –go, lucky, toughminded and conservative. Whereas female teachers were found in reserve, effected by feeling, sober, tender minded and experimenting.
2. A significance difference was observed between personality traits of male and female Colleges of physical education teachers on factors B, E, G, H, O, Q3. And Q4. Male state physical education teachers were found more intelligent, asserting and conscientious, venturesome, controlled and relaxed where as female physical education teacher were found less intelligent, humble, expedient, undisciplined, self-conflict and tense.
3. A significance difference was observed between personality traits of female govt. school and college teachers on factors A, B, G, H, O, and Q3. female school teacher were reserved more conscientious and controlled. On the other hand college female teachers were found warmhearted expedient, shy, apprehensive and self-conflict.
4. A significance difference was observed between personality traits among state male and female college and university male of physical education teachers on factors E, F, M, Q3. And Q4. On factor E Male physical education teachers were found humble whereas university male teachers were found happy –go –lucky and college male teachers were found practical, whereas university male teachers were imaginative. On factor Q3. and college male teachers were found controlled and university male teachers were self-conflict on factor Q4. male college teachers found relaxed, on the other hand university male teachers found tense.

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