

Female Centric Social Values Pictured in the Novels of Preeti Shenoy

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ABSTRACT

This review article examines how our interpersonal abilities develop and the interactions we have with the individuals we meet. Close relationships with others are likely to reduce stress and provide feelings of certainty, security, and belonging in addition to lowering the risk of depression and anxiety. Additionally, they may have a higher probability of succeeding both personally and professionally. This research also focuses on the main characters from PreetiShenoy's novels, such as Ankita, Veda, Diksha, and Vipasha, who face difficult circumstances in their personal lives yet overcome significant challenges with help before achieving their objectives. The purpose of the article is to analyze the many sorts of challenging circumstances these characters are facing in order to comprehend their issues and motivations.

Keywords: Interpersonal Relationships, Trauma, Counselling, Mental Health. Feminism, gender discrimination, equal rights and positions Introduction

Preeti Shenoy, a renowned writer from India, is well-known for her modern fiction books. Her captivating tales and poignant characters have had a significant impact on the literary world. She has written books with powerful female leads. "34 Bubblegums and Candies," PreetiShenoy's first book, marked the beginning of her literary career and was released in 2008. This book contains a selection of succinct, true-life stories and anecdotes that touch on the many facets of life. It became quite famous and made Preeti known as a potential writer in the literary community.

Ever since, PreetiShenoy has penned numerous best-selling books, such as "Life Is What You Make It," "Tea for Two and a Piece of Cake," "The Secret Wish List," "It's All in the Planets," "A Hundred Little Flames," "A Place Called Home," "The Rule Breakers," "The Magic Mindset: How to find your happy place," "When love came calling," "Wake Up, Life is Calling," "Love a little stronger," and "It happens for a reason." Her works touch with issues of love, relationships, growth, and self-discovery. Gaining a devoted following, she is recognized for her skill in sensitively and deeply capturing relationships and emotions.

Simplicity and easily relatable storylines are hallmarks of PreetiShenoy's writing style. Her stories frequently focus on the challenges, victories, and conflicts that her characters confront as they navigate the intricacies of daily life. She hopes to encourage readers to think critically about their own lives and derive meaning from their experiences by inspiring and elevating them via her works.

The Value of Social Relationships It is the process by which individuals use signs and messages to convey their intentions, feelings, and thoughts to one another. Interpersonal communication includes any talks that happen over the phone, online, or in person between people. Both verbal and nonverbal communication is used in interpersonal interactions. In addition, we communicate with one another through gestures, tone of voice, and facial expressions. By successfully communicating our thoughts and goals, interpersonal communication skills may benefit both our personal and professional relationships. Additionally, being able to listen well will improve one's understanding and empathy for others.

The story's epilogue, which follows Ankita, the main character, eighteen years later, reveals that she has six more degrees under her belt, is still always seeking knowledge, has a happy married life, and has become a

talented portrait photographer. Because of unanticipated events in her life, Ankita attempted suicide three times. Humanity has gotten increasingly materialistic in the modern period. In general, physical attraction is the foundation of college student love. Their partnerships lack any kind of commitment. All that matters to them is themselves. Their constant quest for fulfillment and attempts to realize their ambitions stems from their discontent or disappointment.

The different facets of human existence have long been reflected in literature. It includes all interpersonal connections, not simply those involving men and women. By stressing the different social dimensions of the human experience, it offers a perceptive viewpoint on how to enhance society. In addition to reflecting social reality, literature also influences how men and women arrange themselves, interact with others, and perceive the sociocultural reality. Every person needs the support and company of others in order to survive in this world. Even with all of the shared objectives and interests, emotional worth still exists and cannot be disregarded.

Famous fiction author PreetiShenoy is one of the 100 most well-liked writers in India according to Forbes, and she is nominated for the list. The lives of young women, who frequently face pressure from their families and society, are explored in her works. Critics have praised her for her realistic and feminist depictions, calling her a "keenly observant mind" and demonstrating "excellent storytelling skills." With her literature being translated into numerous languages due to its tremendous success, Shenoy's works have positioned her among the top five selling authors in India. Her compositions are characterized by an unbridled emotional flow that captivates her audience. In every one of her writings, millions of readers have discovered an unplanned outpouring of emotions. The piece she created first, "34 Bubblegum and Candles,"

Literature, in Shenoy's opinion, has to be pertinent to the concepts and society of today. As a result, she presents characters from the social environment in her works, whether they are male or female. Her writings, which are relevant to modern society, have several examples of this. The idea that society and

literature are two sides of the same coin is generally acknowledged. Every work of art needs to be comprehended and examined in close relation to its society, even those who support New Historicism. Literature cannot endure if it is not relevant now. Literature's purpose is to lead readers toward understanding.

To create a realistic image, authors of English literature in the past sought inspiration from modern culture. They sought to raise readers' awareness of a range of societal concerns, including child labor, child maltreatment, underage marriage, and the dowry system. Novelists have shown the maltreatment of women by men of all times throughout literature. The phrase "new women," first used by female authors, is still in use in contemporary literature. PreetiShenoy's writing empowers these new women.

Alexandra Kollontai terms new women as –

“They are not the pure nice girls whose romance culminates in a highly successful marriage, they are not the wives who suffer from the infidelities of their husbands, or who themselves have committed adultery, nor are they old maids who bemoan the love of their youth, just as little as they are priestesses of love, the victims of wretched living conditions or of their own depraved nature.”

Preeti Shenoy clearly captures the multitude of experiences and intricacies of current life in her portrayals of contemporary women in her works. Her characters, who include college students, stay-at-home moms, and career-focused women, all confront different obstacles in their day-to-day lives. Together, these women represent the wide spectrum of women around today.

These women are represented as fearless, resolute people who are prepared to make big sacrifices to declare their independence and fight for their survival in Shenoy's novels rather than as dependant, disappointed, subservient, or conservative. Shenoy has inspired women to reject conventional ideas of domesticity and stand up for their own freedom via her writing, making her a symbol of reform.

As Winifred Harper Cooley once said, the greatest achievement of the new women is personal liberty, and PreetiShenoy's works embody this sentiment perfectly. Her portrayal of the modern woman as an empowered and independent individual has inspired countless women around the world to take charge of their lives and strive for their personal goals and aspirations. In the words of Winifred Harper Cooley; “The finest achievement of the new women has been personal liberty”

With ability and poise, PreetiShenoy has described this pivotal Diksha stage. The modern woman has deep roots in tradition and values; she is not a woman who rejects all moral and ethical principles in order to achieve her goals. As it was in Diksha's case, she made progress while maintaining her ties to her foundation of principles. Selecting between Sandeep and Ankit might provide a significant challenge for Diksha. It is a smart move on Diksha's part to show Sandeep that she is more than just a wife and mother by explaining her emotional barrier to him, but Sandeep perceives Diksha as being insensitive.

Conclusion

This Research Paper is centered on the characteristics of feminist heroines, drawing on PreetiShenoy's attempts to highlight women's connection to the feminine spirit. In PreetiShenoy's chosen works, matriarchal culture, the nature of parenting for women, and women's place in society are all closely examined. In conclusion, the study has attempted to address Shenoy's perspective on the feminine within the framework of feminism. It analyzes how Shenoy's fictional viewpoints relate to revitalizing the feminine. Subsequent investigations will yield insights about women's psychoanalysis, marginalization, patriarchy, and parenting, among other topics.

The modern lady in the current situation fulfills a number of significant duties throughout her life. Women are expected to be capable of leading others and making choices, just like men are in society. In addition to being able to create her life exactly how she wants it in the greatest way, she is also capable of striking a wonderful balance between her personal and professional lives. Because contemporary women value their uniqueness and desire to live life to the fullest, the author reflected this in her portrayal of modern women. As a result, successful modern women forge their own paths. The way Shenoy portrayed the lead character, Diksha.

For this reason, I believe that a modern woman is not one who gives up on her aspirations due to social anxiety or any other reason. She can express herself and accomplish her goals despite this; she is a self-expressing lady. After getting married to Sandeep, Diksha was quite obedient and solitary, but her mother-in-law also developed a new identity. Her support for Diksha is an unusual and remarkable thing; she stands by her daughter-in-law, holding her hand as she pursues her dreams and challenging her conceited son's outmoded ideologies. Consequently, women who join can accomplish great things in life.

Therefore, today's lady enjoys exploring her life and learning what she truly desires from it as a result. Shenoy, then, truly reflected modern women in a genuine way rather than only according to social norms. A modern woman is someone who is truly happy in all aspects of her life, whether they are personal or professional, rather than someone who is established or professional. In conclusion, PreetiShenoy's writing truly helps us understand how to decide if we are modern or not—if we are still following outdated customs and projecting the image of a self-sacrificing woman, or if we are prepared to be independent women.

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