



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Shirley Telles

In recognition of the publication of the paper entitled
HIGH FREQUENCY YOGA BREATHING (KAPALABHATI) AND AUTONOMIC NERVOUS SYSTEM: A REVIEW OF SCIENTIFIC LITERATURE

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 4 Issue 3 August 2016 , Date of Publication: 25-November-2017

UGC Approved Journal No: 49023 (18)

PAPER ID : IJPUB1304116

Registration ID : 170629

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal



EDITOR IN CHIEF

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Nilkamal Singh

In recognition of the publication of the paper entitled
HIGH FREQUENCY YOGA BREATHING (KAPALABHATI) AND AUTONOMIC NERVOUS SYSTEM: A REVIEW OF SCIENTIFIC LITERATURE

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 4 Issue 3 August 2016 , Date of Publication: 25-November-2017

UGC Approved Journal No: 49023 (18)

PAPER ID : IJPUB1304116

Registration ID : 170629

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal




EDITOR IN CHIEF

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013