



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Urmi Raval

In recognition of the publication of the paper entitled
**A STUDY TO FIND OUT THE EFFECT OF DYNAMIC REVERSAL
PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION (PNF) TECHNIQUE
ON ANKLE MOBILITY IN PARTICIPANTS OCCUPIED IN PROLONG
STANDING OCCUPATION - AN INTERVENTIONAL STUDY**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 10 October 2022 ISSN: 2320-2882 Date of Publication: 18-October-2022

PAPER ID : IJCRT2210253

Registration ID : 225889

UGC Approved Journal No: 49023 (18)



EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Hardik Trivedi

In recognition of the publication of the paper entitled
**A STUDY TO FIND OUT THE EFFECT OF DYNAMIC REVERSAL
PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION (PNF) TECHNIQUE
ON ANKLE MOBILITY IN PARTICIPANTS OCCUPIED IN PROLONG
STANDING OCCUPATION - AN INTERVENTIONAL STUDY**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 10 October 2022 , Date of Publication: 18-October-2022

PAPER ID : IJCRT2210253

Registration ID : 225889

UGC Approved Journal No. 49023 (18)



EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013