



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Khushboo Laddha

In recognition of the publication of the paper entitled
**TO STUDY EFFECTIVENESS OF CORE STRENGTHENING EXERCISES VS
CORE STRENGTHENING AND HIP ABDUCTOR STRENGTHENING
EXERCISES ON PAIN AND FUNCTIONAL DISABILITY IN HOUSEMAIDS
WITH CLBP**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 9 September 2022 Date of Publication: 15-September-2022

PAPER ID : IJCRT2209384

Registration ID : 225388

UGC Approved Journal No: 49023 (18)

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Sanket Nagrale

In recognition of the publication of the paper entitled
**TO STUDY EFFECTIVENESS OF CORE STRENGTHENING EXERCISES VS
CORE STRENGTHENING AND HIP ABDUCTOR STRENGTHENING
EXERCISES ON PAIN AND FUNCTIONAL DISABILITY IN HOUSEMAIDS
WITH CLBP**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 9 September 2022, Date of Publication: 15-September-2022

PAPER ID : IJCRT2209384

Registration ID : 225388

UGC Approved Journal No. 49023 (18)



EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013