Certificate of Publication



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of

International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

Mamta Suresh Rathod

In recognition of the publication of the paper entitled

To Study The Effect Of Aerobic Exercise Versus Macqueen's Progressive Resisted Exercises Versus Patients On Medications Along With Conventional Exercises On Blood Pressure And Triglycerides Values In Subjects With Hypertension- A Comparative Study

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 12 Issue 5 May 2024, Patrof Publication: 24-May-2024

PAPER ID: IJCRT21X0245 (18)
Registration ID: 262016

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | Al-Powered Research Tool), Multidisciplinary, Monthly Journal



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013





INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of

International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

Dr. Mrunali Patel

In recognition of the publication of the paper entitled

To Study The Effect Of Aerobic Exercise Versus Macqueen's Progressive Resisted Exercises Versus Patients On Medications Along With Conventional Exercises On Blood Pressure And Triglycerides Values In Subjects With Hypertension- A Comparative Study

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 12 Issue 5 May 2024, Date of Publication: 24-May-2024

PAPER ID: IJCRT21X0245 (18)

EDITOR IN CHIEF

Registration ID: 262016

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | Al-Powered Research Tool), Multidisciplinary, Monthly Journal



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013

