



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Deeksha

In recognition of the publication of the paper entitled
**A QUASI EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF
YOGA THERAPY ON THE REDUCTION OF MENOPAUSAL SYMPTOMS
AMONG POST MENOPAUSAL WOMEN IN SELECTED RURAL AREAS,
PATIALA, PUNJAB, 2020.**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 12 December 2021, ISSN: 2320-2882 Date of Publication: 02-December-2021

PAPER ID : IJCRT2112009

Registration ID : 213350

UGC Approved Journal No: 49023 (18)

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Rajwant Randhawa

In recognition of the publication of the paper entitled
**A QUASI EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF
YOGA THERAPY ON THE REDUCTION OF MENOPAUSAL SYMPTOMS
AMONG POST MENOPAUSAL WOMEN IN SELECTED RURAL AREAS,
PATIALA, PUNJAB, 2020.**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 12 December 2021, Date of Publication: 02-December-2021

PAPER ID : IJCRT2112009

Registration ID : 213350

UGC Approved Journal No. 49023 (18)



EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool), Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Priyanka Chaudhary

In recognition of the publication of the paper entitled
**A QUASI EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF
YOGA THERAPY ON THE REDUCTION OF MENOPAUSAL SYMPTOMS
AMONG POST MENOPAUSAL WOMEN IN SELECTED RURAL AREAS,
PATIALA, PUNJAB, 2020.**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 12 December 2021, Date of Publication: 02-December-2021

PAPER ID : IJCRT2112009

Registration ID : 213350

UGC Approved Journal No. 49023 (18)



EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool), Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013