



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Pranali Pawar

In recognition of the publication of the paper entitled
IMMEDIATE EFFECT OF HOLD-RELAX STRETCHING VERSUS STATIC STRETCHING OF ILIOPSOAS MUSCLE ON TRANSVERSUS ABDOMINIS MUSCLE ACTIVATION IN CHRONIC MECHANICAL LOW BACK PAIN WITH LUMBAR HYPERLORDOSIS- A COMPARATIVE STUDY

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 7 July 2021, Date of Publication: 05-July-2021

PAPER ID : IJCRT2107081

Registration ID : 209624

UGC Approved Journal No: 49023 (18)

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Dr. Ganesh MSP

In recognition of the publication of the paper entitled
IMMEDIATE EFFECT OF HOLD-RELAX STRETCHING VERSUS STATIC STRETCHING OF ILIOPSOAS MUSCLE ON TRANSVERSUS ABDOMINIS MUSCLE ACTIVATION IN CHRONIC MECHANICAL LOW BACK PAIN WITH LUMBAR HYPERLORDOSIS- A COMPARATIVE STUDY

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 7 July 2021, Date of Publication: 05-July-2021

PAPER ID : IJCRT2107081

Registration ID : 209624

UGC Approved Journal No. 49023 (18)




EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013